

GDL May 1, 2023

With greater scarce and in the welcome Welcome Welcome to Good day LA Yeah it's a Monday It is a Monday It's a Monday May 1st 2023 We're so happy here in the studio with me Andy Kyle True Blood We got a lot of games that we're going to play today I'm Michelle Mira If we're just tuning in for the very first time Welcome Welcome Welcome to our show We've got the chat We want to connect with you and see how your Monday is going Um Mercury as my friend says is in Gatorade Mercury is in Gatorade And if you live in Los Angeles you follow that stuff and if you don't you probably don't We usually we usually shake shake shake shake shake shake shake your booty shake your booty Oh yeah I know music does make a difference doesn't it Like shake shake shake up the shake shake shake shake it up shake your it's your weekend went Mine was uh a toothache So wait what happened I just got this toothache I out of nowhere not to spread the negativity You know I'm all about my positivity but I was just sitting there and my tooth was like I'm gonna be negative today It's gone it's gone it's gone But look at all these games we're about to have fun That's what happens when you don't listen and you just want to get to the next No no no I am listening How's your tooth right now See that's again it was because I said it was gone so well in this moment in this great great fantastic Um um So what else did you do What's your favorite game was my favorite game That's not on this table Why why what is it is it is watch your mouth But you don't like to put things in your mouth I guess I do very early for that 10 a.m. on a Monday pencil No one of my favorite games one of my favorite games This is my fat brain to code Let's just play it because you know you love it I love I love you We have a we have a bunch of games but before we get into the game I want to like do our daily check in and see you know some other stuff left brought to you by that brain Um And if you want your game uh featured on Good Day Live if you want your game featured on Good Day Live make sure you connect with us and uh we will feature your game There's so many games that we love to play here on this show we're all about games We love to have a great time I mean what's your favorite game games games games Uh either headbands or same same but different Now We have different manufacturers of games here Uh this one was what again And this is for ages My spin master Yes And that's for seven and up That's gonna fall Oh ok Well I don't wanna uh-huh I think we have some up here somewhere Has um let's pull a card shall we That's the beginning of the week I figure we

can uh pull a card a card Last week we got last week we got soul mates and we also got healing I felt like I had a deep healing this weekend Yeah Sure I hm What's in store for me and blood Right Yes How does that person have 763 views Nature Spirits We've never gotten that one before I'm curious It's a Monday Let's see what it means 39 39 uh the elemental uh fairies divas and other nature spirits I didn't even know divas were a thing but it's spelled differently De va s not D I VA S Can you Google it Um request your presence It is time to register outside Get into nature and recharge your batteries with the trees the grass the mountains and the desert and the sea There is a magic of the way cheaper when you commune with nature That's interesting Do you wanna be with me I was just looking at something on my phone and uh oh I sent it actually it's a good day life I did uh it's the doctor the Indian doctor guy but he was just talking about your gut biome and when you travel your body's gonna have a reaction because there's a lot of different strains of gut biome all over the world And when you inhale you'll you'll inhale these strains and you might have like a it might feel like your your body's like getting sick but it's not it's just recalibrating like you said Yeah Uh So that being said uh same thing with this card I feel like same same kind of thing like get out there experience something else It may not seem positive first but just keep going Ok And who knows who knows who knows Like my trip to Cali I kind of wanna go somewhere with you to have a field trip with you and to record it and to film it man Remember field trip days when you were a kid you'd wake up and then you'd wake up and you'd be like there's no quizzes today There's no tests I barely have to read I can probably wear my my turtle neck and not my button up because I went to a private school We had choices You can either wear a turtle neck or a button up turtle I used to go with the the white neck at seven or eight years old I might as well I was I gonna tell you why one because I don't know if you could tell I have style and the turtle neck you have a wait how do you show you have style Wow The turtle neck was better fitting more comfortable We're talking about a soft cotton here opposed to like a the cut off T button up you know when they give you the button up but it's a short sleeve button up Like make up your mind Are you going to the beach or are you going to work Which you can't do both I love uniforms I do I love I love uniforms like fireman uniforms Is that over over police I just like the idea of being rescued Hilarious It's kind of like a like guys love women in motorcycle outfits Wait wait wait wait wait And for some reason he said he likes women in motorcycle out and snowboard outfits So maybe that might be your taste

1000% in fireman outfits So you like women in leather motorcycle outfits So like you like vests not the black like um I like the whole motorcycle outfit like when they have like the whole outfit on not just like the jacket like a Harley Davidson jacket not really but like the whole like uh fast bike like a speed bike motorcycle outfit on a girl we are so different They look like super heroes You know what they look like They look like black widows from Marvel The Dominatrix look a little bit No that's a leather kind of like high heel boot thing going on I'm not talking about that I'm talking about more of like a superhero like I said black widow like you said I listened to what you said but that to me looks like somebody who's in that world They're completely covered So Dominatrix aren't completely covered Yeah let's not get into it because you know it's a good day show You brought it up Well I just said let let's not get into it in further detail Sure What what what are you mad at me for No but you always like you know like get mad when I I was just curious like you brought up the Dominatrix and you're like no let's move on I'm like I mean we're getting into details on the Dominatrix and what she wears or he is let the Dominatrix go Anyway the motorcycle outfit love the motorcycle outfit and the snowboard outfit covers everything also but love it Well I think you just love snowboarding No it's more about like a no I'm gonna dismiss everything you just said and just say no Well yeah no because we're asking about what my preferences are Uh my taste is right It's not necessarily that it's like a girl in your dress is not your style No because it's like it's like your fireman outfit It's like the capabilities The outfit accentuates their capabilities So that makes me look like I have no capability It looks like you make cupcakes You know to some guys they would love that Do you like cupcakes I don't bake cupcakes I was gonna say do you I can make the money to buy the bakeries There you go Ok And if you are a bakery don't forget you can sponsor us Put your cupcakes on I'll eat them all It'll be fantastic Yeah we had a good bakery like six months ago Yeah but she didn't own the bakery anymore So Oh you mean the gold one Yeah Oh yeah Oh yeah I was talking about something else who doesn't own a bakery anymore Sprinkles It's not it's not technically a bakery because it's just cupcakes Is this also pizza the same person Yeah it's good Hi Hi 555555 See my teammates They high five me when I remember things like that because I'm I'm so dense No stop What are you dense about Um today is Met Gala Monday If you guys follow the Met Gala gala is a Gala gala I like to say Gala I feel like Gala It's like calm down Who are you What You know what I mean You're doing you're doing too much If you say Gala going to the it's

like what do you this is from I love that You love that show so much too Um I want to take a look at some of these uh some of these looks let's take a look at at themselves before they left Yeah But like it's so you know what it is it almost seems like she was too close to it Like the mirror was only 2 ft away and she was like this looks amazing but from far away it's like you look like the alien from what was it Nope Nope Nope Did you ever see Nope No it was it was the you know the guy that made don't get out or don't get out the guy get out He also made Nope Jordan Peele No it was called Nope Nope not spoiler alert At the end of the movie the alien looks like that A looks like that are uh that said that but I mean if you take a look at this like uh you know I mean I love this It's over the top I feel like the Met Gala is all about being over the top and and having the opportunity It's almost like Halloween that lavender I don't know what I don't know what that is Um But uh we love this I love this I love this so much because this is and this so you know what's cool What's cool about this is that she used to be There was a whole story behind this She started as a Disney Starlet and so the dress starts off like this and then goes dark That's cool Isn't that cool Because she starts off like all like light and then and she I just got chills Yeah And now she's you know oh look at me look at all the chills I got That's weird Right Why do I get chills Like that might be a Disney Princess at some point I think I will be actually um this is for Disney to uh take that age cap off and hire women as Disney starlets you know as adults Yeah I mean well I mean it also could be a star Thank you Kai I appreciate this This had again this is pretty basic but she's a gorgeous girl and I don't think that's basic Uh Selena Gomez dress was basic That's not basic I would wear this get this detail You don't wear that anywhere I go look at that Don't I would wear that on a Friday if I had that Uh This is epic Look at that See I don't think size is everything What do you mean Like this is epic only because I think the size of it for and like this you're like well if she had if it was bigger I feel like it would impress you I'm all one for chic Yes but the Met Gala is meant to be like over the top No Only only when the theme was camp No no no I think all Met Gala are over the top If I if I ever got invited to a Mac Gala I think you're right If I ever get invited to a Mac Gala I'm bringing a cane So buckle up Yeah I I'm not a cane not a pimp cane Like a cane cane like a like a real cane Like maybe a pipe Because wait wait what are you trying to be Mr Peanut I'm gonna come 100% pipe and and and like I'm not gonna I'm not gonna do the tie I'm gonna do that scarf thing they do with the three piece maybe like a nice a nice puffy almost too big button up underneath You gonna you gonna be Mr Peanut you

know little little little pocket square but a lot of scarf peanut You know what I would do green theme like green it out all the way through I would be so over the top You next level What I would do something with feathers I'm sorry what would you do pretty good I would do something very chic but like over the top like you can't do both That's an oxymoron chic and over the top I think it would be it would be puffy it would be puffy but it would also be it would be like probably like tight on the top and then it would be like how Do you get Puffy and tight Was this the Hunger Games What remember Elizabeth Banks I never saw the Hunger Games What you would love the style There's a lot of style in that movie Uh I would um I thought of UK when I saw Fast and when you selected it I was like what are my excuses Kai I have excuses for what For what You'll say something and I'll say something You'll be like ah but that's an excuse That's probably just like a way of looking at it Ok Pyramid scheme Kyle True Blood This is what happens when you get nice and close to your coworker A little too close a little too close Like is this an like this is like of course he was gonna go gonna go who's paying the bill Wait let me get this straight When uh when King Charles passes who is who's the heir to the throne Prince Harry that's why his book was called Spare Isn't there another prince though Who I thought there was another prince who's older than Harry Yeah that's not that's just like like a like a cousin who was married to uh is it Kate That's Prince William William Yes you really don't follow the Royals at all No no no I don't And William is the heir I thought you just said Harry is the heir He's the spare Ok I asked you the he is and you were like prince Prince William William is the Ok Now we got it correct Ok Ok Ok Ok Ok Uh this is pretty awesome I I don't better looking You should look I'm sorry That's just my opinion When you're younger I feel like you can get away wearing yoga pants and hoodies and like pajamas across the country to get on a plane and go across the country I wore pajamas into the airport at 21 years old This is why I meet people on this Oh God this is why I meet people at the airport because I dress as if I might anyone of notoriety Ok The man had a to go sandwich that he had to make himself wrapped in saran wrap at room temperature Ok You know I couldn't even afford a he couldn't even afford a decent meal at the airport He did he bought me a meal He said he planned on not spending and then gave it to you He could have bought you a sandwich He did he did he gave me he gave me a sandwich and he was like if you're still hungry we can get like grab a drink and get something to eat And I was like sure I did not eat anything I just got a drink and you know me if I have

even like a sip of alcohol I'm like I'm dipsy for those of you who don't know Michelle met a man in the airport And was gonna date him Um I wasn't gonna date him the way they met was that he gave her his sandwich It was from his bag and I can't think of anything that makes me more crazy than a stranger sandwich out of their bag that they for sure packed at least 2.5 hours ago You mean I'm upset because I can't get this lukewarm moist sandwich out of my what's going on here That's pretty cool I like that a lot I think about the world in about nine months I totally yeah I got Michael Fox here Um I'm gonna pull him up in a second Um if you're ever feeling like you are having a bad day but this is for people lot of people So we hope that you're doing well I told you he won an award at this last Oscars as well He should award Um This is so cute I you know I've always said I wanted to get married Look at you can have 100 guesses on who his dad is You would never guess Um this is no no no I think that's great And can you uh help and she gets it She's like yeah this is more comfortable down here anyway Um and we just established like certain boundaries so that she could sleep with me Uh but this girl was just like oh the the dog can't be up on the bed and I was like I drew a line I was like no she can't because she knows her boundaries Like she'll never be be be be I would never argue with her about her own bed It's her bet what you want But like if you like if you guys are being intimate I could see how that would get in the way She just didn't want the dog on the bed ever And actually wanted me to put the dog in the cage while we were being intimate And I was like it's not a thing It's my four legged daughter We broke up then and there you broke up then and there but you told her it's not gonna work No regrets Not one She was from France Actually she was teaching you know a lot of people all over the place Well L A is so transient So like if you actually get out there you will meet people from like all over the world I got that's how I ended up in Milan I ended up meeting and going to Florida this weekend Congratulations We should share the information Not like anyone's going to Michelle's still trying to figure out like what of her personal life to share and what not to I mean nobody's gonna know like where and how unless you give it up in the next 30 seconds if you doing I said he would give me a ride to the airport Really That's a really really generous friend Michelle you the way you ask for favors it's like 85% expectancy 15% I didn't say you had to I said if you wanted to but I meant it like in your eyes in your upper What was it All right I need to work on that I haven't become a pro at lipstick Well you do it We're rushing so much You know we're getting it together for you guys You're welcome And uh if you

guys are watching on any channel besides the Big Bear channel just know that we are on the Big Bear app all day long 24 hours a day just in case anyone got tired of us you can go to the Big Bear app and get us all day This is me personal trainer and I'm telling you that that is gonna make you crave anything but lettuce I tell people all the time I used to tell my my clients all the time I was like cheat seriously cheat but tell me what you're cheating with and how much you're gonna cheat and then we'll we'll work on it So it's like don't just take doughnuts out of your diet Don't don't let yourself have one doughnut Ok But before you have that doughnut have an apple and if you still want the doughnut eat the doughnut but you got an apple You know what I mean Like it's I think that's what we're missing here like my dad he's he's like oh I had a bag of chips I'm like dude just just drink a glass of water and a banana and then enjoy the chips You'll have less chips still still get your cravings out of the way But you've had something healthy at the same time It's just it's the right way I like that That's my I think this is my signature move This is your signature waiting for We're gonna get we're gonna get what are they doing So apparently you can pay \$100,000 to get at least or at most three inches taller Me being a 61 guy 6 6 ft 61 guy I took it for granted Yeah You take it for granted that you just kept growing Yeah Yeah Yeah And but this is very strange I never knew three inches matter that much to somebody Listen if you're 55 and you want to get the five you get the 5855 is a thing I mean it works it's worked for Tom Cruise It works it works for a lot of my friends also My friends my friends are the richest of all of them Really The Napoleonic Complex is very useful if you got Yeah 1000% the Napoleonic Complex take take people to new heights not heights in terms of like uh not new heights in terms of height No actually financial height but I mean thanks to this uh surgeon apparently you can get to New Heights too uh and have a leg lengthening surgery status Millions of dollars I'm sorry this is Bizarro He's probably making like what's \$100,000 He's probably \$100,000 to 3 inches taller 60 for himself He's probably like \$60,000 a day I don't get it Ok So um Alex considered himself short the 26 year old who asked that his real name not be used to maintain his privacy said he was sick of insults And during comments about his height shorter men routinely gets spoken to just because of this trait and they that they can't control Alex said to last January he got a a leg lengthening surgery to increase his height to 5 10 My goal was never to be tall It's to be in a place where no one comments on my I I I'm sorry what I'm not gonna lie to you but at 5 10 people are still gonna comment on your height Just just need to

let you know they're still coming after your height It's kind of scary What what's scary Leg lengthening surgery I mean hopefully they stay What This is terrifying It's terrifying Why is it what what do you mean Why is it terrifying You wanna have somebody like be like here Let me lengthen those legs for you He lengthened him with what he lengthenings are like this short but his leg but he's like 68 and he's just like how are you doing You're like he's like walking on Why are you so good at being a T rex That's what I don't understand Well let's let's let's zoom in on it Yeah I had my um I had I had my leg surgery I didn't get my arm surgery yet but I have my legs done Alright Alright for that for that You know what Listen um I'm a big believer if you want to do something that is safe that will make you feel better about yourself May God be with you and you do that Uh but like leg lengthening does not sound safe safe that doesn't sound safe safe Leg lengthening I mean I doubt they could play sports you know barely I'm afraid they're not gonna be able to walk after leg lengthening leg length It just how do you do that I don't know and I don't wanna know you really wanna know what a leg like what part of the leg is being lengthened I mean we could do further research Uh what I don't I don't really wanna I need to know can we can we can we move on to Kyle's corner now Um I I mean we could do further research on it Um Oh this is great Kyle this is the last one that I want to show you for today and then um And then here here we go Take a look I still pi fact the world touch it here Been touched me Yeah Awesome That's awesome Shout out to the Golden State Warriors I got a senior dance team I think I want to join and uh just so that we're clear I did find out how you lengthen your legs You did It's insane Share with the glass They cut and then can I say it for the audience and then put pins in to lengthen the shin and then there's just like basically like your shin is just longer than it should be I feel like I feel like that's not sturdy enough What are you gonna do What are you gonna do Um I lied I had more I had more stuff that I wanted to share with you We talked about this the other day This is J Lo in her fifties and uh that's hilarious Do you feel like the golden girl in that photo I've never swung on a pole So yes I am the golden girl 100% I've been under a blanket with popcorn way too more than enough times than the pole swinging You love popcorn You pop This is guy There's so much I wanna share with you I had no I I think I said this Oh this is this is what I sent to you This is this is hilarious Me I have no money also Me Yeah it's me Right Who who who Oh no not good Not good All right Ok There's so much look look how cute this is guy Is that Not adorable Don't care You don't love me And long this this one was the last

one I want to show you because I thought you would really like this Oh look it's hard to make teenager panic because it's like mm I'm a teenager What Nobody loves me Look I don't get what I want when my daddy doesn't buy me what I want That's pretty good It's pretty great Why do we tilt our head up when we're annoyed Like hm Hm Hm Not really good at that Can you can you show our audience Mhm I feel like I'm actually like becoming David from Shits Creek because he does this a lot when he talks he kind of does this a lot He does he talks but then he like lifts up his chin in one of the directions and in the first season they called him a disgruntled pelican Oh my God I love it I love it I love it There's so much that I wanna get Um but I wanna get to Kyle's corner because that just seems like the fair thing to do because you've got a lot What do we got What's this I love this I love this Let's get to the beginning of this What is this Let's get to the beginning people make fun of me for packing my luggage 30 minutes before we're leaving the airport and we've talked about it I got a Kyle's plan Ok Now looks like Kiana and Kyle have something in common Maybe you should reach out to see if you guys wanna go on a like a lunch date Uh They say I should plan things have a checklist and give myself time to make sure I have everything with me I say that's b si love it Here we go Let's get into it I didn't become a self made multimillionaire because I did a lot of planning and over thinking Oh keep going I became a multimillionaire because I took action as I made rapper decisions I love this I like that too I didn't I didn't make wait for strategy to settle and make sure it's perfect and along the way exhaust myself So when it actually comes to implementing I'm out of energy and burnt down I love that because with dates it's like plan it we can do it we can do it No it's not rapid rapid decision I'm sorry if you're taking a woman out you should plan it It's a date You plan all that Let let's say you plan it all I must say the restaurant shut down after all that planning What do you are you good at making rapid decisions And if you're not you're stuck Yeah I think you should make a rapid decision you gotta be good at making rapid decisions That's all I'm saying I'm not saying make rapid decisions because obviously we'll all end up in like a worse place off But like if you you need to be able to make rapid decisions it's a very big part of being successful because a lot of people plan so that because they're playing to not lose not to win I feel like if you're playing to win you make rapid decisions Yeah that's how that's how I feel That's how I feel Uh the single key to achieving all your goals in your lifetime is to make fast decisions and fast action I'm fully behind this On the other hand if you want to be mediocre in the rest of your life go sleep on

your plane and overthink it a little bit more Uh love that because all I do But the people that I know that are successful are just doing things They're not sitting at home like oh maybe I'll do this maybe I'll do that Maybe I should do this We should do that It's not like that It's like it's they just implement they act they fail they try again and then they plan some more while they're doing things They're not like sitting at home talking about it talking about talking about it Ok get off your butt Just start doing it fail plan as you go plan as you go Love it Yeah What else do we have Kyle This is just this is a quick segue I mean we're going into a whole other element here This is just superheroes toilets And I figure this is my favorite one This is my favorite one Look this oh mate Would you actually get one of these So that's a little weird So weird Can you imagine behind you also It's like it's it's weirdly placed like that is kind of like yeah that's a little that one's a little weird This one's a little weird That one's just not Ok I love this I mean they're not Ok We'll get out of here I just love the shoes you like click on them so people can see what's this I've always wondered how big like comets were that we were scared of like oh there's a comet in the sky Ok What's the is it the size of a quarter That's how big comet that's the smallest comet that we're scared of that That's the smallest one Isn't that insane Look at that planes don't fly as high as the comet is That's terrifying Right So is a comment What are we is this supposed to bring us to all the comments we know of So one day this is gonna make it No no no none of them are gonna hit us How do we know none of them are gonna hit us because none of them have the trajectory to hit us Look how massive that thing is massive Terrifying They're above the clouds Why does this bring you so much joy It's just information it's knowledge And you know what I heard is that um interplanetary travel is probably gonna be by us hitching a ride on one of these instead of trying to propel ourselves trying to hitch a ride on something that's already flying through space is what we can do because we can actually look how large that thing is Look how big that thing is It's the size It's essentially like another planet you could live on as it flies through space And what they're saying is you can actually just um uh so the only one that could actually like kill the earth is the last one All these others would just put a crater in the earth Yeah But what you can do is live off the minerals in the comet Isn't that cool Pretty cool That's just my physics What else we got What we got to get into this There's uh there's red flags that women say save them And I want to get into the article All right What is it Because we love our red flags here OK We do love red flags here So uh this is what saved them save them from what harm

on first dates I had a list of red flags Here we go All right here we go Can you scroll Yeah I sure can I now always avoid suggesting places that I go to frequently for the first couple of dates That's smart That's really smart Actually I had a bad first day at one of my favorite coffee places And then the guy showed up there two times after that date to see if I was around her friend worked there That's very smart for especially for women in metropolises Like do not go to your favorite place The first couple of dates you don't know if you like him Well it turns out to be a psycho and now and now knows we're like oh I live right around the corner Really All you have to do is hang out there I did that with you What I did that we didn't go anywhere near your place Well we kind of had a like a half a day we had a half a day at the hotel That was crazy if I knew you were technically not We work together That's true Always tell them that you have somewhere to be after the date It stops Any expectation gives you a definite out And as a bonus if it is going well and you want them to stay they'll think you bailed on your other plans for them again Absolutely Brilliant Brilliant brilliant Why Because as a woman as a woman because as a woman I think that it's very smart to exile expectations certain men Uh and I've seen this go that way sometimes like when the woman's like ok thanks bye She may even like the guy but in her mind yes that's all I wanted for the first date but in his mind he's got some crazy expectation Oh you don't like me Oh ok And it gets weird It gets it gets you know a little too aggressive and this just gives her a great out It keeps it formal and if you want to stay it kind of boost his confidence not just you're not just staying and uh you know you know he's gonna like overlook that that grace that you gave him that day It's it's it's gonna do well for his ego and it's gonna do well for your respect Look up the phone number for the place you're going and save it in your phone beforehand If the date is extra sketchy and you're not comfortable trying to flag down a staff member in front of them you can go to the bathroom and call for their ok Listen if you have to go through that much I think you should definitely recalibrate how you're looking for dates This one's a little too much I think those are all I think that's like an online date for sure Yeah like an online date kind of thing Call your friend and 911 not the establishment If you drove there and the date made you so uncomfortable that you're worried they may follow you home drive to the closest police station Yeah of course Uh 15 minutes So you feel safe driving home You don't have to go in Odds are the person won't wait or continue following you if anything happens you're right Yeah Go to the cop station Obviously if

you're meeting someone from an app I recommend having at least a 20 to 30 minute phone call first Uh it gives you far more information than texting back and forth Uh Yeah I tried that but I feel like when I do the facetime thing before yeah before a date it's just like yeah we're compatible I just have the attitude of like hey yeah it's me ready or not Yeah Yeah Yeah Like are we doing this or not And like I always feel like there's like an expectation of like they want me to do something or like be so like I I don't care The point is is that like I I do think it's safe to have the face time or the phone call beforehand but at the same time it just puts a little extra stress on the uh expectations for me personally What else do you got I use Google Voice for anyone I meet on dating app until I'm comfortable That's weird Just like meet people in person Why why is it so hard No no no OK Instead of using a code phrase or word that someone else might be able to catch on to my friends and I add three exclamation marks to our text if we need an out or getting bad vibes on a date You know I actually have this What is your what you send an asterisk to my friend Diego He'll call me and be like dude you were supposed to pick me up from the airport and he'll act super upset He's done it for me at least 10 times since I've been in California It's fantastic Have a you gotta get get you a Diego get you a die if you're getting dropped off at home by your date uh Please don't do that I never do that when you asked me on our date if you wanted to pick me up I said yes because we worked together but I would never do that on a on a normal day on online dating No if you're getting dropped off at home at home by your date uh or a cab Uber taxi lift tell them you're staying with or getting dropped off at a friend's house That way they won't think you're going home to an empty place and we believe if anything should happen that someone is expecting you and will notice your absence immediately There you go Safety tips safety tips from buzzfeed Oh we're getting into the boundaries You want to do this one Ok I'm good Remember that it's ok to have firm boundaries and to say no to things Even if you're interested in someone a big part of dating is putting yourself out there but does not mean you have to sacrifice things that make you feel unsafe or uncomfortable Uh for the sake of the other person's opinion if someone is pressuring you to swap phone numbers for example and keeps doing so Uh after you recommended using social media instead you don't owe them anything If someone is truly interested in getting to know you they won't mind waiting a little longer or swapping memes on Instagram instead of via text for a little while I think that's a good thing if if they're actually like adamantly after your phone number it's probably a red

flag to like let them go Yeah Yeah Yeah Yeah Yeah Ok Go before you leave for a day Leave your apartment lights on Yeah go go go ahead before you leave for a date Leave your apartment lights on whether you're driving whether they're driving you home or not you're taking a ride share service or you're afraid they might follow you if it prevents other people from figuring out which apartment you live in if they Oh that's smart I guess that's pretty smart Leave your lights on so you don't have to turn them on when you get home right So that ok so that when you get ok Yeah that makes sense So now they don't know which apartment you live in based on which lights turn on Um I gotta be honest if you're going on dates where you're that sketched out by the person or you feel that unsafe maybe move to another city date in another city or just stop dating in general and read a book Uh because now I don't know what I'm gonna do with my daughter God you have a daughter right You have a daughter Did she date She dates No Right Right As the dad we we get to know what we make right But these are good These are really good I hope I hope she takes into account some of these as well I mean she's getting to that age Dating in a metropolis isn't always the safest thing And I'll tell you what as a dad I don't have a daughter yet but as a dad oh my God I'm go listen somebody does something I'm going right to jail I don't care I don't even care I have a record I have a recording of a guy friend pretending to be my dad Beautiful brilliant Uh having a conversation with me on the phone I play it when I feel unsafe in a car like a Uber or anything uncomfortable dating situation So the other person knows I have someone expecting me It plays a ring tone three times and has a pause in between for me to respond to sounds as realistic as possible That's cool But again if you're if you think you're gonna be in a situation where you need that much of an out I think you need to rethink your dating strategy because you're going out with um scary people Ok But I get it I get it it's it's really tough for women III I never got this you know II I have a dog and I walk her at all hours of the day at night Uh I was walking my dog at like 2 a.m. once and uh one of my I was talking to one of my friends that are girls call him my girlfriend technically not a girlfriend Anyway I was talking to her and I was like yeah I'm going out to walk Seoul real quick and she's like it's two ami was like yeah exactly It's you know it's gorgeous outside right now and she just couldn't even fathom the fact I had never thought about it She doesn't go outside past like by herself past nine o'clock her whole life and I just never thought about it But that's smart I mean as women especially in a metropolis you never know It's it's the the amount of circumstances the possibilities are endless and uh

you just wanna like you know cap those possibilities as much as possible Um so yeah again uh I can understand why females might need a little bit more than males to stay safe on a date So which is why I wanted to bring this up Ok Always meet at a public place and buy something with one of your cards while you're there Should anything happen Your bank history will give an idea of where you were places with cameras are even better so they can match up time stamps with with whoever you met if it goes bad Uh This is true However I gotta be honest I've actually seen a murder case on television There is time stamps everywhere This man took her to three restaurants and still she disappeared Ok Some of these murderers just don't care Be careful out there be careful Um You know what I'm really interested in is how you can vet someone to find out if they're psychopathic That's what I want to get into Let's keep going see if we get there If it's a first date with someone I've met through an app Alcohol is not in the cards It clouds judgment and makes me too vulnerable Coffee or dessert is a far safer and less expensive Some women are like that You know what I mean Some women get a little too friendly after two drinks and like anyone's good good for it You know what I mean So yeah if you're like that 100% preemptively coffee dessert let him drink and you not and you can get more out of him You see where he's at see where his head is at right If he doesn't respect your boundaries on the first day even with something as small as what time you go home That's a red flag and an instant block for me once I went on a tinder date and I told the guy straight up that I had to be I had to leave before 11 and I just lost battery such as life such is life And if you lost power on the ipad um we did draw a card already But again you know II I gotta say I've never thought to take any of those uh those measures for dates because I'm a I mean the the sad case of it is that I'm a guy I've I've had my own share of uh surprising and uh intrusive experiences for women doesn't mean you can't have them just because you're a guy But I don't think we're as worried I think for women it's definitely imperative that you take some kind of a measure uh to stay safe Uh My my my friends that are girls they always call me and we share our Google location uh together So I know where they are all at all times Uh Based on Google Maps I can just find them know their location immediately done done Um The reason why you've been looking at my face only for the last 10 to 12 minutes is because well it's a live show and sometimes you know we gotta go take care of some things thankfully the number one lead is back and we're back in action The ipad to die Oh I got someone to talk to Oh no Oh no You always have something to talk someone to talk to I don't know

about always Yeah But if I always have someone to talk to that's called a best friend You are my best friend Let's see how much you're my best friend You are my best friend How best friendly you really are how best friend I really am Let's see how best friend you are Ok Here we go We have a best friend game brought to do it Let's do it We have so many games We love games here at Good Day Live Um If you have a game that you want us to feature on this show um you can connect with us You can also uh here are the ways that you can follow us You can go to go underscore Day live on Instagram and go underscore Day live on tiktok You can reach me at Michelle at Good Day live TV dot com or you can reach hello at sway TV dot com and we can talk about sponsorship and all those opportunities that you can get your game on our show and we'd love to play it um and show our audience members and um special guests how to play it Thanks for holding down the fort True Blood I love you and appreciate you You're welcome very much Ok here we go We're gonna do what are we doing We're doing best friend Ok best friend You're my best friend I accidentally run over Santa Claus with my sev Do I risk going to prison by taking him to the hospital You you would take them to the hospital You want to take Santa to the hospital Santa Claus why wouldn't you take Santa to the hospital I'm just terrified of Santa Yeah Like what if I get in trouble for running over Santa You're too good of a guy to not take Santa I save myself right on the street You don't need a um what is it A uniform Here we go Do I prefer morning showers evening showers or no showers morning showers But if you had it your way no showers No no no If I had my way evening showers for sure Uh First of all love a shower You do How do I not know this I don't know I don't know your hygiene I don't know your hygiene stuff I've just like there just been like days where you're like hey Michelle like I just got off the phone with P CS I'm not allowed to say that we just keep going I just got off the phone Um I'm running behind I have to hop in the shower So I'm assuming morning showers are always like a good thing for you Yeah Yeah Yeah Yeah Um I do appreciate a good shower in the morning as well Wakes you up Oh yeah I think a morning shower is awesome I'm all for like the only reason why I like can't really do morning shower sometimes is because the hair hair takes forever But when I get it straightened it takes like no time at all I don't have that issue Really Really You don't have the issue What was my first shop Your very first job Your very first job Your very very very first job Mm It's either the construction one or pizza was construction and pizza came after college I know that's why I was like I don't know Blockbuster you worked with the khaki me Danny

and James got all got jobs at Blockbuster together That's so cool So what was your first job My first job was working as a mother's helper Ok Um that's why I'm like really good with kids Oh here we go What if you were a Disney Princess Which one would you be Oh Which one do you think I would be I want to throw it back at you all the princesses Which one do you think I should be Let's just start with all the ones I know about because I don't know about all of them I can I can pick like three Do you Well there's there's Cinderella there's um and I think that's the one you are there's Cinderella Snow White Sleeping beauty It's so weird that you just said Cinderella because I was thinking Cinderella in my head Well Cinderella um Snow White was very gullible sleeping beauty and careful Disney might come after you I I'm part of the Disney family All right Yeah Disney who is who paid me for a general hospital because Disney owns a general hospital and when you when you do the episodes first of all they pay you very I mean I I'm not to talk about this but like fast It's amazing They very Shout out to Disney Yeah Yeah And you get this cute little like email Hey you're not part of the Disney family and like all these benefits It's fantastic Shout out to Disney Um even when you're there for three like if you're only there for three days they give you Wow that was it Yeah Um I think he's part of the Disney family Wait what's the difference between sleeping beauty and snow What does Snow White do She hangs out with seven Is that the one with the little people or do I can you say dwarfs That's what they're called and this is fantasy land All right you allowed to say dwarfs why aren't we allowed to say any Hold on time out We're gonna get into something and I hope someone gets up upset at this It's called free speech and that is exactly what we're we're stopping each other from doing right now It's called free speech and I will implement it and know and you can you can ostracize me and you can come after me all you want but I'm gonna exercise an amendment Ok I think you can say dwarfs you're not talking about specific persons and dwarfs I don't think is I think they're changing it to little people That's that's appropriate I mean they are little people like little people Yeah Have you boxer Who's a little person You know who I'm talking about Like sends me stuff about Andy what's the guy's name The little person That's the fight He's a UFC fight He fighter He was like fighting with like Mickey Mouse Yeah it was a little guy He's a fighter and like he looks like a child and people like came after him because he was like beating up Mickey Mouse That's amazing Yeah I go to Disney How would you how would I describe myself with one Can we go to Disney Can we film a day at Disney How would I

describe myself in one adjective Impatient Would you say you Yeah I would say uh no yes but I wouldn't say an adjective Yeah I'm not direct You are Why you're hunching over while you're talking it Um We're hunching if you look at the screen I know I would say you are um certain but that's not an adjective Could be couldn't it Certainly you certainly you are I wouldn't say stubborn No but you're very straight forward No that's why that's why I had the direct thing because like well I have like a reason for doing things It's not like I'm just like doing something which is why like your internal GP allows you to like for you loyal you're a loyal dude like any woman that is looking for a loyal dude This is your man Although I don't want you taken away So I take that back He's very disloyal loyal You're very loyal you're very loyal Thank you And yours is bubbly I think I'm just bubbly That's not just bubbly Well the 11 adjective to describe me one you just choose bubbly I would choose bubble It was not No I'm just all bubbles to you No OK Lovely Yeah Ok OK That's fair I mean when I'm like in alignment when I'm doing what I'm doing Yeah I'm really happy I mean bubbly in like not like a simple way like bubbly in like a very a very endearing way Ok It's January 1st is it's time to take down the holiday decorations Yes or no No no I give it I give it to like well I don't know if you know but I left them up at least until January 10th What's an item I always have with me besides my phone wallet and keys and uh what are you gonna say I don't know You're like you have a lot of dates So I just assume that it's oh no Oh no Sunglasses lipstick What Uh no sunglasses I have to have sunglasses If I don't have my sunglasses I can't go outside It's a thing It's a weird strange thing I I adopted at the age of 25 That was a fun game Yeah The best friend game I love my best friend Kyle True Blood Um let's play same same but different I challenge our brain It was like the same thing Challenge your brain I was almost gonna go for headbands or never have I ever No What if that's OK Can we do the same Same but different we can Is that OK with you Is it OK with me Yeah everything's ok with me Everything Not everything pretty much Ok Do I have a choice Is it Of course you have a choice do I Yes Kay Of course Same same but different Ok So this game yeah we're actually holding on to a lot of viewers today given that we don't have any guests Yes we'll have some guests this week Don't go anywhere They're gonna be super awesome Listen if you're lonely at home or you're bored tune into the interactive chat play the game with us play the game with us There there you go Or you can follow us at Good Under and follow us at underscore uh Good underscore Day live on Instagram Good under score on tiktok Um and this is my email You can

connect with us We everything everywhere all at once and we want to connect with you and see how you're doing So Same same but different works as though you have two cards and you have to make up a sentence that correlates to two So here we go That works for both Yes Something you can say why we've had all these Let me start from the bottom from the bottom Now we see it We are best friends Yeah Something you can say as a sports commentator and after your kid bombs at the school talent show something you can say as a sports commentator and after your kid bombs at the school time write it down Let's just say it just say it Well that's gonna leave a mark That's what the mind Uh oh that was a doozy Ok Ok I can get with that something you can say on a farm and while inviting someone to back Oh and while inviting someone back to your place something you will you milk me I was gonna say the same thing I was like I don't know if I can say that but everyone's got milk on the mind right now Well you you were thinking that too I mean I'm looking at you and then when I sit next to you more and more I feel like my brain gives the ability to go there Not really though It's something you can say while passing a kidney stone and to a mil into a mouth we pat next That's a toy that I don't what I would say is inappropriate Next All right Something you could say at a nursing home and when rejecting someone it's good Don't worry this too Shall pass you ready for this one please Just let me go Oh my God Yeah that's pretty good Very dark and good at the same time Super dark something you can say at the mechanic and while hung over I don't know Andy something you could say at the mechanic and while hung over Oh that's actually something you could say to the mechanic and I'm hung over something you say the mechanic and all hungover This is gonna make me sick These pipes are clogged Oh that's a good one That's a good that's a good good job guys Something you can say while being kidnapped and in an X rated movie My favorite time Nice I was gonna say something around the same like these knots are too tight That's kind of funny something you can say to your cat and after you fart that should have never happened Like I would never get a cat something you say to your cat and after you fart that's a chunky boy Eeeee something you can say while mattress shopping and while possessed by the devil the sound of the cross because I next one shopping for a mattress and possessed by the devil Really When you got Kay you got nothing you got nothing Ok Next one next one next one next one something you can say on a house tour and in the movie theater at the age oh at the age and in the movie theater at the 50 shades of gray premier I didn't know you had a room with so many ties Right

Right Is this a secret room in here Something you can say while cleaning your house and while creating an only fence while cleaning your house and only fence This is a this is a little too dirty for me you can say and to a sex therapist are we sure you really wanna do this something He said to a priest and to a sex therapist I'm not sure I can share all this and that's what I would say to a sex therapist Something you can say while taking a family photo and when you accidentally see your mom naked Oh that's horrible Yeah Oh that's a terrible one It's so bad I gotta move forward Yeah that's something you can say while loading a moving truck and while getting kicked out of a bar what something you can say while loading a moving truck and while getting kicked out of a bar something you could say about loading a truck and getting kicked out of a bar Whoa whoa whoa careful Those who who careful careful easy easy Like because you know like they're like you know the boxes might have something fragile and the guys like being no no good Yeah I I got nothing I got It has something to do with a dolly Something you can say while giving blood and when you when you get set up on a date ouch that hurts I'm gonna pass out I said ouch that hurt something you can say to a firefighter putting out a fire and during car sex Wait what Well Michelle's gonna love this one That's nice What do you got It's too dirty Ok Something you can say uh when you see your teacher in public and while trying out a new sex position I haven't done that in a while No I haven't seen that in a while or something like a teacher Were you uh giving extra credit Is there a bonus Where where where something you can say while getting a tattoo and to your nipples in the Why would I be talking to my nipples next Who talks to the nipples Oh Lord And when you catch your significant other cheating on you Wait says something you can say while fishing and when you catch your significant others cheating on you other Mm Well that's fishy Nice That's good That that takes the cake something you can say while training the new barista and during makeup sex what's a little sex I want extra You gotta twist that I got it extra nice You gotta twist that till it's closed Can we get can we get a new one going here Yeah Yeah Yeah Yeah Yeah Same same but different really happy with you Um here I'll do I'll do same same but different Same same but different and ok something you can say when you burn yourself and while hiding a dead body that's gross This is gonna take more than Neosporin That's pretty good guys Pretty pretty pretty good Not bad not bad not bad Pencil nose Really Not really How about this I'll do pencil nose and you do headbands That's good Yeah that's really good Ok cool Here you go Here's your pencil nose All right Let me get my headband

on So excited I love this game so much This is from Fat Brain Company I love pencil nose Listen if you have kids and you want to play games with them this is one of the games you should absolutely do It's super super fun Let's proceed Don't know who's wearing this last what you probably wear What are you talking about Give it give it a quick clean Give it a Gonda Look at our look at our accessories guys I can't look at the screen Oh right right right The phone's been on this entire time My phone Is it the video of us Oh hilarious Ok Ok We love kids here at the studio so much So uh there's a kids camp happening Ok Uh do you find me attractive like this Yeah Yeah Yeah Yeah Pencil nose Ok Ready So Kyle has to guess what I'm gonna draw right Is what how do you draw half of these days while you're doing that Why will I start guessing what's on my head Am I an animal Am I a stationary like uh tool No Oh no no you're that tool I would never call you a tool I'm not Am I an insect No Did you get one question per thing And I'm not food come Oh Can you get inside me No Do you use me daily Uh Could you could do you wear me No Why are you reading the questions Do I help you do something Maybe you know I'm feeling the energy I'm feeling turkey energy right now For those of you who don't know we were playing headbands one day and I had a turkey at best We got a dolphin here The last thing in my brain is a turkey Go ahead It it's not on tight I'm still trying to figure out like what skill this is actually using You're comedic genius Keep can you knows me Be careful I'm pushing I'm pushing I'm pushing OK All right See how long this takes me Apple It does It does You know what's so funny You looking to see Kyle's head man Is this an apple No way Isn't that weird That's so weird I pulled an apple You had an apple didn't I ask if you can eat me No you didn't ask that You said can you use me And I said yes Ok And then we'll do another one Ok Ok See how much joy this brings I looked at it I don't know why Where's the thing Here we go This is from um the best what is it Best shop ever Best best gift shop ever is right side up Oh that's awesome Yeah Yeah Yeah Yeah Ok Here Why don't we do this for both Ready Hold on let me let me let me let me let me let me let me let me let me let me got a timer Ok Ready set go M I an animal No M I food a boat a boat a sailboat No your food I'm food your food I'm food That's not a boat No Uh I'm food I'm a cake and my dessert Your food and my dessert Uh for some pie No Um what you drew is absolutely nothing I've never seen more Nothing drawn in my life That could not be anything Did you see this I need that fruit or dinner My dinner You are what You what No I hope not What is it It's not dessert to some people You could be a dessert that doesn't help me

Yes it does How much time we run out of time already What Am I I'll take it off What Some people you are Oranges can be considered a dessert to some people But do you understand how this would I would never get closer to this guy Some people but I would this would not help me get closer because no one eats oranges for dessert No one I have or you don't have oranges for dessert I yes I do Ok How about this I'll bet you \$100 If I go to your place right now there's no oranges in your place Can't have fruit right now I can't have sugar Right I don't eat oranges for you right now Do you eat So then you don't eat oranges for dessert If I could I would I would Yes I have in the past you have in the past What does that mean You had an orange at late night Not for dessert Just happened to have it Have you gone to a restaurant where they're like do you want the fruit salad for dessert I promise you There's no restaurant with a fruit salad for dessert in DC Yes there are the the palm had fruit I had I'm gonna Google it Google it I'm gonna Google the Google It's deserve the Google it What's for Deserve the Pump No one has the oranges We're in the turkey I knew it I knew it I could feel it from you that we were in the turkey energy and what did you draw by the way Campfire A camp fire Yeah we're struggling today We are struggling We didn't start with music That's why you love me I love you too Let's try one more Let's get one more in Huh Let's do one more One more One more Let's time It ready should have music to start This is didn't have music playing headbands with you You don't really you don't help me The headbands episode was on last night Ted was so excited about it No one has oranges and no one has oranges for dessert No one rides turkeys Turkeys barely swim They can in the sense of sense of capability Sure they can When the last time you saw swimming matter of is there like a pond at the turkey farm No we googled it When you get turkeys you don't get a pond for them to swimming You just get a bunch of land I can't do I can imagine you know with this big that's when I see Oh thank you Love Steve Martin Ok Are we ready Do I have a card I do Do you have a choice There we go Try to actually use your imagination What you are telling me to use my imagination I I saw what you were So I got a I got a thing You do have a thing that's for sure Ok Ok Ready Mhm A stop sign Hard to draw a circle at this thing A balloon No Ask a question A tree No Mhm A fan Now to the basics I don't even know what that is Ok Um am I a person or a food You could be food here Answer the question in 100% ale Is it food No Ok But can you eat me Maybe But it's not it's not but you can eat me in dire circumstances Yes Is it you do get do you get how that doesn't help me Yes But keep going ask more questions You're

not asking enough questions You're not answering them correctly You're not
dire dire circumstances I guarantee you would eat that Is it poisonous I don't
know has a movie after it I'm not getting him tell you anymore I don't know
what this is What why did you take it off in dire circumstances
Circumstances I feel 100% honestly I've never met anyone that brings me
farther from what's actually on my head than you in dire circumstances in
dire circumstances And you had nothing and a mouse was running by I
wanna flip this around Try to guess try to guess a head back Ok Go for it No
I don't want to put it on my head I'm wearing a beret my ha I have hat hair
Oh it was fun It's always fun So what Michelle said that I this was to to guess
this she said in dire circumstances you would eat it Yeah 100% No no good
See you guys tomorrow Tuesday Tuesday Tuesday Don't play your head
hands with your best friend mate Drive him nuts Love you more episodes
Make sure you hit that follow button and see us on youtube and the Big Bear
TV app Yes Yes We're on all day all day all day all day It's the best thing
ever You're welcome It's the best thing ever And you know what my idea
was to go to Target and like turn all the TV You know Jack Good morning A
no with the great scarcity is in want to be