

## GDL Jan 20, 2023

A love No Great and scarce and is in her going to be the the not brown  
It everybody everybody now come on I'm on It's a man It's a magic Welcome  
to Good Day Live If you don't know where that song is from it is from the hit  
movie Feli Um which we came to the conclusion is basically Avatar is the  
live action Avatar You're welcome Um My name is Michelle We're just  
tuning in for the very first time Welcome Welcome Welcome It's so nice to  
meet you along with my good buddy How we doing today Yeah So we hope  
you're having a good day today It's Friday January 20th 2023 We're so happy  
You're in the studio with me you and Andy hey you like what I did there We  
have a lot of people coming in today We do We have a really good show  
today You did not get I was like oh my God I got a replacement They're like  
k listen Uh you've been great You stop that stop that We do love you  
Everyone love everyone that meets you loves you Not everyone but almost  
that's OK How are you I'm good I'm good Yeah it was a good day yesterday I  
had a busy day Yeah Yeah Congratulations Kyle Just signed with the new  
agent Let's give a round of applause Yes Shout out to shout out You better  
not go anywhere man I mean I mean I mean obviously we want you to do  
very well and succeed and you know your dream is they do they watch the  
show We watched it together yesterday Show us the TV show you'd be proud  
of me Yeah Sign into the TV Show brought up the episodes You know what I  
mean You know what the link was the was it took like almost a year But you  
know what are you gonna do How much this entire thing is being held  
together The show Yeah Yeah Yeah Yeah Yeah Yeah Yeah Yeah Yeah It's a  
live show We we got uh we got our producer and tell us what not to do Don't  
look at the camera This is the main camera trying to do it this way this way  
this way stay focused eye on the prize We wanna know um where you're  
tuning in from Uh We're we're quirky today Today is Friday the 20th 2023  
Let's know where you're tuning in from So we can look at one of our  
millions of screens so we can chat with you and see how your day is going  
What you for the weekend what are you doing What you doing Oh the  
Eagles play we got a playoff game this weekend for all people of all teams to  
face I had to tap into like there's 32 teams in the NFL Ok Ok Minus the  
Eagles are 31 Yeah Yeah I would rather play any of the other 30 teams  
besides the Giants Yeah Ok In the playoffs I have my Eagles fans hear me  
out there L A is filled with Eagle fans By the way you can't you can't even  
like uh turn left without running into an Eagle Bar Oh that's cool Yeah a lot

of Eagles Possibly a lot during playoff games I hope I don't know if you guys know this I I used to play D One right I used to play D one football started you could Google it Um had a conference a word I was good and so I'm very passionate about football and so when I watch football games I scream which means I can't necessarily be around other citizens Oh so you like to be at home Is that Natasha Hi guys It looks like a Natasha comment Is it Natasha June Phillips Is that No it doesn't say Natasha because you didn't say Natasha the last time Oh hi Amazon customer please yourself No it's ok You don't have to say who you are We're just saying hi Um See how you're doing Um and how your your day is uh how's how's your day What are you doing this weekend Am I doing this Like I don't know I'm stretching I'm thinking like what 00 yes Yes Yes I was uh cast to be in a um a show uh that films on Saturday but I don't know if I'm gonna do it I told you about it Yes I did the show called Cheaters They like it's a reenactment show and I was like I don't know if I really wanna be Hey Natasha Hey Natasha Oh hey hi Hey Natasha Um we love Natasha Uh I'm listening She's listening Awesome So we have good sound Hey hey Natasha we miss you over here at the studio and I hope wherever you are Um Hey Chris um Chris from Oklahoma I want What do you want 000 what do you wanna say We gotta be careful You might get blocked What would you what would you like to say Chris We're waiting for you man We're waiting for you on Bring it on Yeah Yeah Yeah Ok Ok Yeah Yeah Do you How's the weather down there Bring it on Um You know we also have this really cool new feature where you too can call into the show Um We have some amazing amazing opportunities Um Oh Sound is good We got Natasha our producer saying sound is good That's awesome That's a special Shout out to Andy Manning in the studio by himself because usually we have the superstar Natasha June Phillips Um but yes we have this really cool opportunity Where you I yeah I'm looking I got you man I'm looking right in the middle camera I've only done this for like look at the chat Don't don't just look this way because I miss you Natasha Oh gosh Oh no Well it was somebody's uh Chris has a stage four cancer Hey Chris you can uh I don't know it We're getting it set up But uh thank you for watching and we're gonna bring you nothing but joy nothing but joy And listen you can get through anything you can you can and we'll be here with you Stay with us Chris Uh make sure you hit that follow button on TV Um There is a really good really good cool book called Medical Medium Um I was referred to this by Miss Natasha June Phillips It's all about healing your body It's all about finding ways to like alternative ways Um But listen I am a big

supporter for people that uh that are going through tough times no matter what you're going through we're all going through something and if you just have a uh strong attitude I think you can achieve and accomplish anything you want So we're here we're here for you Chris and thanks for thanks for yeah Thanks for being part of the part of the uh program Yeah Yeah So let's change the topic just for a second Um I auditioned for this opportunity Um and I would be playing I just can't do it No it's I I wasn't the one that was cheating Yeah Yeah Yeah Yeah I just don't you know because just because it's reenacting like uh I I didn't I had to look on today I think it might be enough But I'm I'm grateful that I got the opportunity and grateful that they uh they they like what they yeah it's all about gratitude Yeah I mean I'm like I'm a TV personality I'm not just uh an like I also produced this show and so you know whatever goes out into the ether after this or during this it's a reflection of this show So you know um yeah we would love to for you to call in We don't have the link yet for you to call in but when we do we'll put it up Um but you can uh email me at Michelle at Good Day Live TV dot com Um You can email me that email and um I will get to you shortly Yes Ok Yes Um But you can email me Michelle at Good Day Live TV dot com and we'll definitely um be in touch with you and we can communicate with you I am looking right in the middle of camera my friend Oh he's talking to this guy Um uh So other than that I am not I don't think I'm doing anything Really Oh I got I'm going to Pilates Mm Mm Mm Mm I'm so excited I'm so excited Uh I went to Pilates this morning Um which was really great They got to make an extra class Like Ami was like what this what this remember when I was I was doing that in in the 00 yeah Yeah Yeah Yeah Yeah Yeah Yeah Yeah And my biceps do look smaller than they used to get buys and your tries to get back in the gym and Andy's showing us his muscles to show us his Yeah Yeah Yeah Um We had a very special guest We talk about our guest we gotta talk about the talk about our guests We got uh we got the lovely Elena Victoria Franzel She is uh a life coach in Orange County She's gonna talk to us all about how to live your best life I mean the way she's posing on that pink carpet uh I would take advice from her Is that the Yes that Yes good Well look at you I I feel like a proud I feel like a proud parent That's amazing No Knew you in 2023 Haven't even pulled out the grinch yet No because you haven't been Grinchy You've been not Mickey Mouse lately Pretty Mickey Mouse I wonder what keeping the progression going Listen whether it's it always starts from within you So whatever happens whatever your situation is it's always from within and it radiates on the outside So I'm happy that

you're happy Thanks You're welcome I appreciate you I love you I talk about you all the time Last night I meant to talk to you Ask Andy I talk about it like there are three people I talk about a proud mom Yeah I not a mom You know I don't want your sister That's kind of yeah like can I be a best friend I thought that's what I was already I thought I was allowed in You sent me so so many reels Instagram reels I'm on the friend list Yeah I got to take my Instagram off of the ipad because it's like it's like all the oh it's here It's like all the notifications of all the things I got like all these reels It's like Kyle sent you a reel and then I'm like what is this What is this It's not that funny What what some of them are not that funny Which one was not funny Yeah Um oh look look Chris from Oklahoma Keep up the good work Natasha Michelle Thank you so much Chris We appreciate you Chris What are you up to this weekend We wanna know let us know what you're doing this weekend We wanna see what is cooking Um And what your weekend is like Uh MD Dr Renee just walked into the building Didn't give it up for she's about to join the stage momentarily Listen Dre And I had an epic night last night we went to open closets and we had this incredible experience as a pop up at the open closet um in Santa Monica And there was this incredible incredible uh uh well you know what instead of me just talking why don't I just play it for you to take a look So this is me having to give back the dress Oh that's your favorite one Oh look at my face I'm like this just made me feel like a million bucks Um That's my new friend Joe Um Joanna How long did you hold on to that dress for eight days I was just like no that was it Yeah And then um that's uh me Andrea uh look how excited we are Uh amazing designers in his house I'm here with the lovely Dre Renee Dre What up what up it's gonna be for about uh eight days And what's so great about that is you if you were to pay for that dress Kyle how much do you think that dress is And I'm holding my hand Yeah Yeah Yeah Probably about a \$1500 dress No actually it wasn't that expensive It was close Not like yeah Yeah Yeah \$900 dress Uh very uh this is my new friend Molly Um Molly is talking to us about like where she uh gets all these incredible brands Um Andrea and I just had like the best best night ever Um she all around the world Yeah Yeah Yeah all around the world manufacturer Or look at my hat hair I just turn on a hat But look at when she was so funny she was like do you see yourself And I was like I don't and then she was like look at how I secretly pick up these two bags She's like what speaks to you And I was like honestly uh and I I oh yellow looks so good on camera but the red honestly is classic Um but the yellow and the green I'm obsessed I'm obsessed with both Yeah Yeah Yeah Look

how cute that is Oh my God Ok Look at Kyle What about that dress What do you think about that dress Yeah What do you think of that It's really sexy Look at the back pretty right I picked it out and she's like Michelle baby doll dress kind of Yeah Um and I love baby doll dresses but I was like I don't know if I could pull that off I mean I don't know like I've never worn anything like that before Not like that Um but yeah you do You're in Jersey I love gold I love I don't like it on me to be honest I don't wear any jewelry Love love women and gold Uh this is me um wearing my 19 eighties Uh uh no no no no no That was my buddy from Michi on the street giving him a hug Yeah Yeah yeah Um and this pink fluffy number which got me really excited Uh This is the dress that got so much attention on Instagram Um and then the hats that gave me the hat hair but these are cool You can fold them up and throw in your bag and go wherever you want Um and they're super super in right now But it was a really great um event last night Get the bag as well I'll let you I'll do more champagne Yeah I mean I wasn't drinking any champagne I took a sip and he was like you're done I love everyone in that store in about 3.5 minutes Yeah the the night before I had one drink and I was like I love you I love you I love you I love you I love you I love you on the table She's like I love you I love you I love you I didn't tell strangers I loved them I mean almost almost I mean I made friends with somebody that was stand there and I was like hi uh with Matthew Thomas Uh my new friend over there Um but yeah it was really really really fun and um this dress was fun too Yeah Yeah it's a great dress Um I yeah I thanks Kay I love I love all colors Um but the takeaway was oh there it is What do you think Thanks So what do you think I was so nervous that I I don't wanna I don't wanna ruin any surprises Look at D Dra looking absolutely gorgeous Miss Texas Oh oh we love her Green Looks so good on her Not look at me Miss Miss Maryland uh from 1988 Look at this little outfit And what do you think of you wearing green today Yeah talking to Dre off camera Dre is here in the building I wanna see what Dre end up getting Um I mean I already know I I was there Look how cute she looks in this dress She looks absolutely gorgeous You have to go back Dre and get that dress Uh I I guess I'm gonna have to like go back and rent that one but yeah I was uh I was nervous about this because I've never worn anything Like look at how cute she is We had the best time ever Um it really was like the the blue one you know like it looks like you're gonna start churning butter I feel I feel like I was channeling uh Emma Emma Roberts and like a lot of these dresses My favorite for both of you are the black dresses and this one's great also as well

This one I got so many compliments on this on Instagram Actually autumn hop was like uh I need this dress ASAP So the pink always works Oh thanks Yeah Uh I know what you're scared of elegant That's the one you should be scared of No it's really fun on It's really your arms are gonna itch in 30 seconds And the dress really pretty Yeah with the with the fur coming out you can hand the fur the whole clip was looking at her She hit the floor Should go No no no that is that dress is not for men is no Dress is uh the black one might be but like this is really just like dressing for yourself Yeah to have fun to live life and um to have a great time Um and that's what we're all about here on this show is to live life Have fun and have a great time Um so you know should we get should we get should we get should we get Dre on the show Um and we'll be right back after this Don't go anywhere So here is our Jackie Unbox It you wanna get it charged up You use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you wanna use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home if you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in the past we have used the Jari to light up our lives with go we have charged our cell phones and we have done a few other things but oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit and uh we are gonna take a look at the this works What's this This works Vaca vacuum Awesome Very cool And we could even take a look at Tabi used it And er how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our query Let's do it this way so you guys can see what I'm doing Turn it on It's a little light and the display have gone on because we are about to fire this up Thank you Mr Jackie There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum Jay fired it up Let's have a look at some of the other things that we can um fire up today Let's see Here we go So let's try the LaVoy Air purifier I mean this is a high power drawing eye

item I think I would imagine So it's not something that you would generally plug into this little power port here Amazing if this works You know how incredible this must be So not only is the Jay used when you are camping or exploring the world in your RV or your car the Jakey can also be your backup power source for a disaster Um You know disaster preparedness The Jay is definitely something that you'd want to have in your home and that God forbid there is welcome Welcome back to Good Day Live I'm Michelle M if you're just tuning in for the very first time along with my good buddy how are we doing And a very special welcome guest Uh MD Dra right now are singing Oh my gosh Um for Chris Uh you can go to Good Day Live uh TV dot com to see our some of our past uh uh interviews You can also go to youtube We're also on Instagram at Good underscore Day Live Um We're also on Tik Tok at Good underscore Day Live We're everywhere We're on Facebook you name it we're there for your viewing pleasure And then you can uh just find me at A I can't talk at Michelle at Michelle A on Instagram Um and all the all of our socials dre out What brings you in today You my lovely friend lovely dress I'm super excited I've been thinking about being here all night last night That's I couldn't sleep I couldn't sleep either So many things We had so much fun last night so much fun Oh my God We talked so much and then my phone died and then I was like I'm gonna have to talk to you tomorrow I know I asked you what time are you gonna stay up or what time will you be up till and then up until 5 30 Damn I don't know why I didn't do it Well I slept so well I did actually it like eight hours last night I was like oh my God Oh I fell asleep Like what like 11 30 woke up at 8 30 I was like nine hours the night Yeah I'm very rare Very rare I'm usually like a 3 to 4 hours sleep a night That's what I've been doing and it's terrible It's absolutely terrible I don't recommend it Um oh sorry In the hard work you put in the hard work the hard work So you get some uh yes Um the the website again is uh Good Day live V dot com If you want to check past um past uh um episodes Um you can also go to youtube you go to Tik Tok You could also go to uh Good Day Live uh under under good underscore Day Live on Instagram and all that great stuff I just wanna get to Dre You look absolutely gorgeous Thank you Tell me about your experience last night and how that was for you Oh my God it was so fun I love the idea of being able to get an amazing dress and you can rent it and you can give it back because when you're doing like tons of events you don't want to keep every single thing and fill up your whole closet So it's nice to just be something that's not rent it's not rented It spoke to me it spoke to me You look absolutely

gorgeous wearing it You look gorgeous wearing it right now Um And you get nervous to try things on Yeah Yeah look great but because you don't know just a bit weird you know you never know I mean that's was me with the black dress I was just like I don't know they got such a different experience when it comes to shopping We're like pants size It depends on the mail though Yes it does It depends on the man Russell Westbrook point guard for the Lakers Very into fashion Extremely into fashion Definitely not a like pants but most men I would say even men that are into fashion will see it like it and purchase it We don't have to try it on You see it you like it you like it you want it you buy it you're a little that's what I want Get it That's more of an experience that you guys are with the women too Uh I don't think I don't think women would really appreciate us trying trying it out before we purchase it a trial run I think anyone like that nobody likes it but it has to happen It does happen to women want a trial run I have a question on that particular topic I went I went down a rabbit hole last night because Andrew Tate is I was awake and Tate you know who Andrew Tate is It's a football player Very one of the one of the largest uh social influencers right now who is currently locked up in Romania is super high level Um So he came out and was very not misogynistic but in that way And you know what I was so excited to ask you about this Yeah because like is it misogynistic Why what is what misogynistic Why is it misogynistic So what are you saying Yeah Like a like a like a technical I gotta get my I gotta go wait wait wait wait You can agree with him or not disagree with him But he's I'm not saying I agree or disagree I'm just wondering what you would find misogynistic about his views about where women should be women should be anywhere I actually took clips last night from his interview with just pearly things There's a lot of clips of him showing to be like protective He's a very protective person of women I need a moment So he's like an M MA fighter right And there was female M MA fighters who were getting picked on by the males and who stepped to their rescue OK There are I look at Andrew Tate as a buffet Most of it I don't like there's like a couple pieces I'll take you don't like you don't like Sizzlers the restaurant Um Michelle you ha I cannot believe you have no idea who Andrew's blowing my mind But I was listening to him speak last night on just pearly things and there are certain bits I get But when he says things he broke a woman's jaw he never broke a woman's jaws that come to his defense so much This is this is NBC news Men do this because they don't believe it They they defend him this is just this is just NBC news which is we we love NBC and you know like I mean I I mean I think you know I think



NBC is a pretty reputable reputable source Yeah Um said he broke a woman's jaw head of Romanian head of a Romanian arrest Why is OK let's see what he's saying I mean it's it's loading my point with Andrew Tate is this is that he says things like he wants He says that's the that's the picture of it No I'm trying to get Yeah No NBC It is It is NBC Look look look it is NBC Michelle OK BC news dot com Kyle let's let's read the story I'm waiting for it OK Tell me a lot a lot of people are like pushing for Andrew to be as he he's he's recently come out and he had a lot of things that were in favor of men never shunning women just coming out shunning women's a topic You don't think so I don't think he was shunning women I think he was he was defending men OK The only thing I will say is that talks about the modern woman and traditional values He talks about a woman's value going down as she gets older He did say that once you're 40 you're you're done Oh no your value is between 19 and 24 That's when you should be He was speaking to the women who are going after the gold diggers No no no he's not He's speaking to women that are that age group saying this is when you're in your prime and you should and this is all men do this Well I mean because because this is what And at 40 works No not Ok So what happened with Andrew Tate is that he was saying a lot of stuff that was you could sound bite it and make it sound very controversial and that's how he got he got big by doing just that He would say things that were kind of everyone Yeah Yeah I'm I'm really I really appreciate it That's a very interesting name but you know let's know what you think about and right now he's being wrongfully Uh I don't know I don't know anything about this man I'm just finding this out right now If someone doesn't like someone they don't have anymore Wait no he he being wrongfully detained in Romania We were happy about it We don't know Can we just can we just pull this up Can we just pull this up You gonna learn about Andrew Tate said he broke a woman's jaw and that this business was a scam ahead of Armenian charges Ok Did you hear the clips of the of him leaving a voicemail to one of the girls that he had apparently sexually assaulted Did you It's Andrew Tate leaving the voicemail You cannot I haven't heard this voice mail Ok Do you are you friends with him Why are you so defensive about You seem very defensive I do I seem more energetic than Dre right now I'm very very I'm not that passionate about this very passionate about I'm just trying to explain why she thinks I'm defending him It's more about life Uh I don't know if he's like a villain Uh I just there's like sound bites People take like little clips and they're like look what he said and it's like well if you reverse it he doesn't he

puts in the content Listen I don't know enough about the story to to commentate on it but based on on just like the headlines I'm seeing it doesn't look good doesn't look good But that's what the whole that's what the whole thing is It's like everyone's coming after I will say though he being in defense of some of men's rights because there are things that he says that I absolutely agree with For instance Kevin Samuels who I'm sure you're familiar with Kevin Samuels Listen I'm on Good Day live every day and it's nothing but rainbows and sunshine and butterflies but we'll get into it more We'll get into it more Ok really quick Kevin Samuels and Andrew Tate There are nuggets that I understand in defense of men because there are things that women say I want this I need this a man to do this But then you come to the table with nothing Right And then you expect a man to do all this stuff That's all he survives on And then it's like they're like I'm not gonna do anything I do not agree with that I don't think he comes to the table with absolutely nothing And then you have to make up my life like the worst He doesn't put it Well he's not I wouldn't say he's well spoken His delivery is very harsh terrible because he'll say things like in like Dre put it in better words than he did He said ok fine you go work and I'll cook That doesn't sound good Yeah When he says things like that it's like well the woman doesn't just cook He's like oh you go work and I'll clean It's like I just remember I remember when I was little and I think these are things that are passed down from generation to generation to generation where it's like uh you know the stereotypes like women would stay home and raise a family and all of that And I remember when I was little my uncle was like one day you got to find a rich man I was like I am the rich man I said that but they think that is part of the issue right So this modern woman who wants to do her own thing have a hug summer They're saying that that is tearing down family values and things like that that that is what he's saying He's saying he literally said I want because women are successful that tears it down I think the ideals that they take with the success are what Tear apart families because I and I do kind of agree with that But I mean it's not easy There's a reason why we I mean like I think he would also give credit to women holding families together Like men aren't really the people who hold the family together It's really the nucleus of the family is really the mother So I think that like it's incumbent upon her to have certain responsibilities just like the man like if a man sits at home and doesn't work well stereotypically he's supposed to So when he doesn't what how is he gonna pay for things if he's not working What if he goes to you and says why don't you pay for it for me Oh is he the stay at home dad But

stereotypically that's not ok for a man to do No I mean it's not ok for anyone to do I think everyone should have a job Adams but like a lot of it's ok for like a woman stays home Wait man stays home It doesn't work it's shunned upon Ok Ok Ok Ok Ok Ok Ok Wait wait wait wait I I wanna I wanna just make sure I'm clear It's a it's a they're married or they're like in a partnership Ok Ok Ok Ok Ok That's really serious Ok Yeah Yeah Yeah Ok You know Yes there Yes I do think like from what I grew up with like my mom stayed at home but she also had her own business and she is a clinical psychologist and she worked out of the house So like when we were at school like she would be there and she'd be there in the morning and then you know she was working during the day if a man is staying at home Yeah Yeah No You know I think well I think it's cool I think it's cool Like I think it's cool if like they make that I think look in each in each individual relationship it's what they decide and what works best when you're dating What do you do to a man Really You mean Absolutely Like I no no no You know act like I didn't ask you I went on a date with Kyle Did I ask you what you did Because I knew I did I yes No you told me because you asked No I didn't I don't remember Actually no woman would ever go on a date with a guy without knowing you know what It's been a minute I haven't gone on a date in a very very long time That's not true I haven't gone on a first date in a while Yes Well when I well traditionally like a woman's gonna wonder I know Are you worth anything Like can you bring anything to the table Not just yourself Very enlightening to me because even though I don't agree with certain things as a whole I have it did wake me up a little bit to how when you go on dates and look at a guy to sort of be like you have to have all these things right now right away What are you gonna provide And the woman just stands there like nothing would happen to me Not I'm not cool with that Like I know what a lot of women are I like to call myself this term I just coined It's like audition It's like modern and traditional I'm a mad woman It's like in the middle you know because it's like I am modern or not I don't nobody's gonna tell me to sit down and shut up That is not the person But he said that Andrew Tate says shut up go in the kitchen That's not that's what he does but that's how Andrew Tate gets his clicks that it was we are clicking and baiting and talking to me I was I was on this guy What a waste Say something true But then you watch it about this guy Uh Listen I I yeah I like that It's like it's provoking conversation I think ultimately truthfully it depends on the relationship It depends on the person like when I meet someone my first my very first question isn't what you do First three Ok Uh but I will say it's

definitely in the first conversation for sure Like it's not but it's not the it's not the top three for me But I don't have any shame in that anymore I think Shame and that shame But people are always like oh I don't care about Xy and Z we do care We care You have to care The only I think the point is not to like take away the care I think the point is to just equally share the care Like can men care What would you do Like if a man comes into a date and he goes what do you do What do you what's your what's your I think you can work that to me Is that to me is attractive But I look at let me pull back for a second when I find out a guy can cook That's a very attractive but that's not what he's saying Yeah Yeah Yeah Yeah Yeah Yeah Yeah Yeah Where do you work But I I'm thinking about it being switched around if I'm going on a date and what how much I have in the bank account What does my home look like What does my car look like What do you drive 100% But but but I'm just saying like if a guy pulls up and whatever Yeah Yeah Yeah And say he pulls up in a Honda fit 2013 Honda fit and men men are like and bleeding and and getting their Mercedes knees are bleeding We're getting our Mercedes We're coming in here comes the woman in a in a fit and she'll sit down and she's like wait but do you have a Mercedes He's like yeah she's in the Honda and she's good that we can date and the guy is like what do you have I I do believe I believe very much that like you can't expect your partner to be like like more advanced than you Like you have Like if you want somebody who's like evolved emotionally stable has finances and has their stuff together you have to have all that Not everybody not everybody believes that work Like what that calls it successfully single He's like you're gonna have you have to be successfully single before you get into a relationship And that means like emotionally as well Like you have to be comfortable on a Friday night by yourself before you can go 100% I like I didn't date but you bring up this question all the time Is it a red flag If somebody hasn't dated for like an amount of 10 years I was like 19 You know like the girl was like I haven't dated in 10 years but there's but listen I don't like I didn't date I didn't date anyone really for like for like six almost seven years But are you literally that you literally did not I I went on like a handful of dates You're one of them you know and the subject of y'all's date Yes This planning thing I have a question Wait wait wait wait wait wait wait wait wait before we get into it because we have so many hot topics Um I just my real quick question is and this is just like an ongoing thing Ok And um can is be friends You're going right there Oh I got a note from our producer So I'm just gonna call Andy out because he said he he threw up a note Ok And be friends

That's a yes for me I'm living that so you can be fast I think there are I I love I love I love I love it works so it it can get Harry and I have a big answer Agree with that But I know I'm just saying it can it can get like strange maybe it won't get into it but let's get into it Ok Any anyone asks this question is it ok to be friends with your ex Everyone a answers in the sense that they are friends with their ex Would you date someone Yes friends with their ex whole different scenario No I would because I I couldn't say that I wouldn't And then I am for the sake of being contradictory Sure But like would you be comfortable dating someone who was friends with Depends on the context of the relationship that they have Children They are talking every day How is the relationship They go to lunch once a week once a week And it was in a lot of that's a lot if you're not doing once a month When when when did we date last Because my ex and I dated seven years ago seven years That that's a friend for sure There you go Seven years is like three months ago No Ok Ok So I'm just throwing it I don't know what you keep keep you question what the cut off I played five years Five years five years That's my opinion I'm with that because that's enough time for everybody to really move on Nothing happened nothing happened And I can trust that whole new friendship relationship But like anything before that it's like someone you are two is still even if the person I'm dating is just like no no no we're friends I'm pretty sure that other person is hoping is trying to keep the door open and it's also different for men I think it's it's that you need that space Yeah Yeah Yeah But you're not going out with another dude He's not paying for any I'll pay for your lunch with that guy and I'm coming Are you gonna plan our date Yeah Ok Yeah I I I'm coming to the show That's why I want to ask that question about our guest yesterday She was like I'm fine if I can come I was cute Actually She was she was really sweet She was like I would like to be invited to what To the lunch with the with the Yeah Yeah Why not Why not Actually then Ok But I think call me call what did you say module What did you say Call me Medic But I think it depends I think you have to have trust If you don't have trust with this person then all of it's out the door So like if you trust this person and they're like hey and they tell you everything and they're like I'm gonna go grab lunch with my ex Like I just wanna let you know when we're going here from here like from this to this and whatever like um let's meet up or you wanna you wanna come with like I think you know if you don't have trust at the end of the day you don't have anything It gets tricky Yeah it does Don't push that person's trust Like I go to a club You trust me right No no nobody's saying that it's just saying like I

think you know ultimately and I do believe this I because I've I'm a big relationship person not just wanting to be in a relationship but with relationship with friends and people who I meet I just like I I do believe unless it like ended in a very nasty way Like and there is a real true friendship there then you can be friends if there isn't Then no Like you have to ask yourself that though No I don't think so I don't think so I don't think so If it ends in a friendly way that's a bad thing Why for the person that wants to still be friends Hey hear me out Ok Right What Mock trial Mock trial Hey um my ex and I are gonna go grab lunch How did you guys How did you guys know Oh we we dated for like three years We broke up like five years ago How did you guys break up Uh we just decided we take a break and the break just kind of lasted a little while longer But we're still friends How do you break up with someone Oh you mean how do you break up You just say oh you think all breakups are ugly But the ones that are like someone that one of the two did not want this break up break up You can mutually break up You can absolutely both agree that you don't wait to find somebody You've had a mutual breakup Yes Have you got a measles break up Exactly Because if one person initiates it you know not on the same day Kyle could go that way With a person like saving face in that mutual wait wait wait wait wait we have a very special guest in the building Good Day Live turned into the view So if you're watching you're welcome We have a very very special guest who just walked in the building that Lana Victoria Princess Um It's so fun because you know this show is all about good vibes Um But but today it's not just good vibes It's a great conversation um with our very special guest Miss Dre Renee to talk about dating and all things fun Um But I'm excited to get our guest on here because we're gonna talk about uh we talk about like life coaching and um living your best life and and um and you're not gonna be in this segment Unfortunately I'm sorry that you want to be one right My mom's a psychologist doctor So what would you say to somebody who I'm coming to you for for for coaching Kai you don't know me Um I want to know about his planning dates Oh no you know I gave I gave him a hard time I gave him a hard time I gave him a hard time about our date Like oh I don't know what my question was It's so exciting It's so exciting No no plan Remember OK What's the plan Well plan is there is no plan It's actually like an oxymoron if you put Kyle in front of plan it xes out the plan itself Got it got it And guess what do you do that anyone that's experienced the Kyle plan had no issue with the Kyle plan Sounds like the Kyle plan is No I experienced the Kyle plan Did you really Nice guy Well

kind of I actually didn't plan that night Yeah I plan to go to Mama's shelter but they don't take reservations and then there was a line and I was like and I was like I'm not I I was like we don't I'm not waiting in a line with you I'm not making you wait in the line I think it was cold that night I was like let's go some and I called some were on the spot and I was I called the nice guy on the spot and I was like yo let's go here like the bad guy You were the bad guy wasn't the bad guy But you said it like I was the bad guy I never said I never say you're the bad guy How many times I tell you this is televised in the behind your head right now Someone's ratting you out OK You're gonna see it when you rewatch this episode No she's just doing that She's just doing I never think you're a bad guy I never said you're a bad guy I no no no no no What did I say I said you're really cute I said he was really really cute And I took no oh bad guy for that first date No it wasn't a bad guy No she she knew you know I love you But I did I did I will say this I will say this Like I was judged Wait wait that's what we're talking about It It's very true I will say that it's a matter of like do you like men can complain about being judged or they could judge just like that themselves We just choose not to but don't it's not even yeah women aren't judged the same way we're thinking Wait Can can I go back Oh Was that the question No it's like I don't I'm everything's all over here right now It's like oh like a lot of energy here Energy here a lot going on a lot going out in my brain Um no no no no I like I wanna get back to the like the bad guy thing I've never ever in a million years that the couch was a bad guy but I think she said ok no is behind me Ok Hi guys Hi guys Love keeping the peace Yeah Yeah Yeah No no no What's so great about how this all happened was I created a show called The Charlotte Chronicles the entire time because you said copy But that didn't mean I didn't think you didn't mean I didn't think you were cute I I was like Andrea we were like who's that Like Yeah Yeah Wait can we remind for a second There was somebody else supposed to play Kyle's role and uh guy got a Beyonce style braids which did not which did not fit the character Are you so glad that he did Uh Honestly Kyle said something so sweet the other day he was like had this guy not um gotten gotten braids we would have never have met It's crazy how something so small like that is like the trajectory I think you know I would never had that before He even got the braids Dan called me He was like listen this guy is not gonna last stay put crazy back from Mexico shooting his movie in about two weeks Oh Yeah we gotta get Selena and Dan on here uh for you're gonna come back for Valentine's Week right Yeah Amazing Um Yeah but so uh so this is how this all happened I met Dre She

played my best friend uh on the show and then that's transferred into real life which is really really cool Um Kyle still continues to play the hot guy in real life too and for everyone that comes into the studio um It's just amazing how like how you know like what you you're great I love you both so much Um It's so amazing how like you can come up with an idea and uh move forward and uh and then magic happens as we have on the street for all everyone Um We will be right back with our friend Lena Don't go anywhere And then um after that we got Dre coming back for a very special guest segment Oh my God you guys are hilarious Did we even get to what we wanted to talk about So here is our Jari Unbox It you wanna get it charged up you use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you wanna use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home if you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in the past we have used the Jari to light up our lives with go we have charged our cell phones and we have done a few other things But oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit and uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool And we could even take a look at it Tam used it And uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little nook and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our query Let's do it this way So you guys can see what I'm doing Turn it on with a little light and the display have gone on because we are about to fire this up Thank you Mr Jackie There we go That is cool So let's see what else we can fire up today Welcome Welcome back to Good Day Live I'm Michelle Murad If you're just tuning in for the very first time Welcome to our show along with my good buddy Kyle True Blood How are we doing Yeah And we have a very special guest Miss La Victoria Friends Oh I'm good How are you so good Um So you are the owner of Lucid achievement It's all about people pursuing their best lives and businesses too Right That's amazing Can you tell us how that all happens



Yeah for sure So lucid achievement uh as you see from the word already it has what achievement is Yes So it's all about I know that you talked about life coach You want to become a life coach You know it's all about getting people to where they wanna go We all have dreams we can get stuck in them right Life is tough Uh Things happen with your family or maybe your health And so I help people realize their dreams and get everything out of the way that you know that is blocking them and that's for like every industry anything So uh I focus a lot on individuals that want to make a shift that is holistic and and really um loving themselves in the process So the lucid aspect is do it in a way that you're aware actually you're not just suppressing like let's just achieve ABC de while forgetting about you know your health all your other goals but really doing in a holistic way So looking at the whole picture as in like ok so this isn't working because Xy and Z um how so if somebody come So I'm calling you on the phone I'm like Lena My life is a sham I mean I'm sure it's not that dramatic for your clients Uh My dating life is going terrible Uh my career stinks I like I don't like the way I look Where where do we begin How do like can you walk me through What a session would be like with you Totally Yeah I love to share an example of one of my clients So she actually came to me for career coaching and you know she was making about 60 K in her job and she just moved from Hawaii to California from Hawaii to California I'm kidding I'm kidding I've never been to Hawaii I think it's it's supposed to be beautiful and you know she's just like beautiful talented you know 30 year old woman and you know she worked for the government kind of in a marketing role and she just wanted to um you know make a change and and level up here in California and career coaching was a thing that she came to me for you know find help me find a better job And uh as we do this work you know I really got clear with her like what she really wants she wanted way more for herself but she was stuck in this job for so long you know for months she was stuck there for years actually for six years she's in the same position and we discovered like wow like she wants so much more for herself But actually there was a part in her that didn't believe it was possible There's a part of her that didn't think that she's worthy she was worthy of that you know and I look at her resume It's like dude you have like 10 years of executive experience all these marketing techniques and she was selling herself short So uh even though she came to me for career coaching all that we did was actually the inner work Uh So what kind of inner work do you do when you're sitting across from someone What do we what do we start with Yes So I work with this concept of parts

So we all have parts of ourselves you know um you're you know just because you're feeling anxious doesn't mean that you are anxious There's a part of you that's feeling anxious Oh Interesting And there's a part of you that's a go getter and then we can actually start to get to know all these parts of ourselves and develop a relationship with them Oh So how do we develop a relationship So I actually struggle with anxiety So talk to me about what that means like what part of me is struggling The brain part Like what part Yeah So in this practice I guide you to basically step into your higher self Oh Cool That is a part of you that is so wise that has access to all the information that part that is actually super calm is not afraid and is pure love Oh And so you get to actually separate yourself from that anxious part Yes So you just step outside of yourself for a moment and you get to experience like yeah like Beyonce's uh what is what's what's what's Sasha Fierce We step into our Yes that could be like I like to also refer to it as as you know you can call it the queen self Like you get to light up like the self I love that the self because the queen has a kingdom to rule right And you get to that out of your out of your part that is you know anxious into your queen Like how is the queen The queen loves her people Oh I love my people Take care of them right And so what you do I guide you to actually have a conversation with the anxious part and first I get to know that part So do you like ask yourself questions Like why am I anxious Why why are we experiencing this That's cool And then you just free form the answers Very cool set of questions or is it always different Yeah you're basically surfing your subconscious mind Wow Yeah How did you get into like what I read your story But for those that are watching at home that wanna get into knowing more about you How did you want to become this coach to help other people achieve happiness and and achievement Great question It's a very long story but I'm gonna keep it very short You can we get played off when uh when we got it wrong But yeah so basically um I had the honor but also the pain of being very sick when I was very very young Yeah So can I ask what like what you were experiencing or what that was like like for you How old you are Yeah Yeah The honor because that's how I frame it now Now I look back and if you ask me hey would you not have gone to the hospital a couple of times a year have doctors throw their hands in the air Say we don't know how to help her anymore Like we don't know why she's in constant pain I'd say no keep that in my journey because I wouldn't be at this place right now You know I would have not done the work to to do this now and also bring this to you know the world of my clients So it's like almost preemptively expecting the

inevitable negative to happen but processing it in a much more productive way Yeah it's this this moment when I was so sick and like I hit a point where no doctors could figure out what was physically wrong with me while I was in constant pain I hit kind of the it's one of these moments right A turning point in life where I was like wow I think I have to figure this out myself I think I have to start chatting out all the noise around me and just do the work to figure out get to the root cause of like what is causing me to be So what's the root cause for you if you don't mind me asking Yeah So I was in a very difficult environment both for my family and then also like you know strong bullying and like stresses at home Basically no place for me felt safe in my environment And that caused my body to have all these inflammations illnesses I had oh my God what they call it What is that It's a very fancy word for Have you ever had a ut I imagine that but forever nonstop Oh my God there's nothing that can heal it Oh my yikes Yeah So for years I would be in this pain and I I was a 19 year old thinking I would be a grandma and still be in this pain and never look like a healthy day in my life Oh my gosh So you so what was your aha moment Was it after like going to all these doctors and just being like I just gotta do this on my own Yeah So the doctors could not help me like honestly the medical system kind of tapped out with with their knowledge And so I went down this path of going through a list of 1000 things I can do to help myself And it got me on this path of mindfulness and really discovering the mind and how my thoughts were actually creating my reality how my thoughts and the toxic environments were creating all this pain like physically and and manifest And so yeah it's amazing how our our thoughts can make us sick Truly Like because I experiencing that uh before uh Thanksgiving I was really really really sick I was sick I got so sick my immune system like I never get sick ever And then I was just like out I wouldn't even be able to come I wasn't even really able to come here It was just it it just really you power through Thanks Uh Yeah it was a great team Is there like a common denominator that you find in a lot of your clients that they're dealing with Yeah I mean they come usually because they have some type of goal and they like help me get there like quick Let's just make it happen make more money all that stuff But then they also say like also my current job I'm miserable Like I have all these things but I'm not really fulfilled And I just what is next How do I navigate this And when we put ourselves in the king or queen self we get to again witness actually all the parts of us and actually tune in of what's really going on and what do they really need Sometimes we hold ourselves back from

success because there's a part of us that is stressed out is overworked and sometimes all it needs is to be acknowledged all that And so you get to actually give that from your queen self to an anxious part And actually you know really see what's going on just really pour love into that part of you and that part will calm down that anxiety will go down I I love that You said that you hid it from the concept of parts because now you give yourself permission to be that to be to be these parts you really don't want to admit are there but it's just a part it's not the whole thing So it kind of allows you to admit that it's there That's brilliant And that's the whole point that you know there are no bad parts all these parts that we create an anxious part or a part Fear failure for example that can block us from achieving our dreams instead of pushing into the curb right Let's have a conversation with that fear Failure is here to protect us and keep us safe you know from fear and failure push you to the curb This is like the feminine mind is gonna save the world just because men are used like everyone sleeps stuff under the rug But men are men are very good at taking emotion and internal feelings and never addressing it really really that's how we got Do you find yourself do you find you do that do that I think for males natural You you like you put emotions under natural I think I think men naturally like if we feel some sort of way and we know it's not appropriate or we think appropriate or if we think it's not productive like can you give me an example naturally if we yeah if we think um uh you know honestly this is like kind of sad but like if a man is just sad about a normal thing like uh he didn't like the way his brother and I'm the only child So him and his brother got me and my brother got into it And uh and I'm really sad about the about the conversation I'm not gonna go out into the world and be like you know I'm really feeling bad today Uh I didn't like the way my brother spoke to me We just don't fashion it that way and you think that we suppress and then we'll look for a solution but we won't actually address the feeling it's giving us while it's bad Do you think when you push it down you're creating more stuff No not necessarily I think that's probably the issue We don't really multiply the problem What do you mean The we we don't we don't really perpetuate the issue by shoving it down Honestly we to solve it by shoving it down But we don't help ourselves in solving the issue of them Yeah Yeah Yeah we still solve things but we're not actually helping ourselves We're still damaged but the problem solved Well whether you're a man woman whatever you we all have feelings and emotions right Like and you gotta feel feel your feelings I feel some sort of way about open closet not having I know you were there last night I was a

personal shopper shop anymore You were a personal shopper You're a famous actor You just signed with the new agent Like I mean this guy is like about to be in some big movies Um Part of you was a part that we only have we only have a couple more minutes with you which makes me so sad because you're absolutely lovely and uh I wanna I wanna know how people can get in touch with you and um and all that great stuff So uh please let people know how they this is your came over here Um Plug away let people know how they can reach you and all that great stuff best ways through our website lucid achievement dot com You know reach out Uh You can book a meeting Uh I like to really get to know people you know what is going on Kyle you said a really important thing men Big big part of my clients are men I work also and that's the most fulfilling You know to see them open up I've had men they cried for the first time in 30 years Wow And like really open up and it came out and and and that's why it's like a rapid transformation you know in one session What could take years and years of talk therapy not really feel like you're really getting to the core of it One session you meet yourself you meet that younger part of you you meet that anxious part of you and you heal it right there and it's sustainable So super awesome for men Yeah I I just before I before I don't want to let you go But before before you do go like what is your favorite thing about what you do What is what is it What brings you the most joy Yeah I mean this is the self love revolution OK I love that People say all the time like you have to love yourself or I love myself But honestly speaking most people really don't even if they say it it's not an easy thing but with this method and again you can do it yourself Like I teach you I empower you to do this yourself We become better people we love ourselves we love people around us Relationships get better companies get better communities get better like this changes the world Ah I love that so much I literally was just gonna ask you do you have a school Like there were like uh where people should be trained under you because if you can't you do That's amazing We're working on a program right now where we're actually training people I saw it when you were talking I was just like you should have a school and then people can be like I was certified with lucid achievement And that's so cool Congratulations with that That's amazing Yeah you're gonna heal the world and the it's been an absolute honor having you on our stage and would love to have you come back um For maybe a Wellness Wednesday I'll talk to Daniel over there to make sure that happens so we can get you back on the stage Um Again you can go what what was it Lucid achievement dot com Lucid achievement dot

com Lena You're absolutely wonderful Uh Thank you for for sharing and uh yes make sure make sure to get in touch with Lena um to fulfill that Uh you know new year new you and a new mindset and you just start with little parts of yourself right Um And what was the website again Lucid achievement dot com Lucid achievement dot com Um For more information don't miss out on that Um If you especially if you wanna uh get into your self development and be a better person because it all starts with you right Oh thanks for having me You're amazing too We'll be right back after this Don't go anywhere More stuff more stuff You're so great I gotta get you back on I'll talk talk to you What are you around Are you out of the area Yeah I'm an but I can be out here in no time sponsors Not yet We're in the same boat So here is our Jari Unbox It you wanna get it charged up You use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you want to use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home if you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in the past we have used the Jay to light up our lives with go We have charged our cell phones and we have done a few other things but oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit And uh we are gonna take a look at the this works What's this This works Vaca vacuum Awesome Very cool And we could even take a look at Tabi used it And uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our Jari Let's do it this way So you guys can see what I'm doing Turn it on it's a little light and the display have gone on because we are about to fire this up Thank you Mr Jay There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum Jackie fired it up Let's have a look at some of the other things that we can um fire up today Let's see Here we go So let's try the LaVoy Air purifier I mean this is a high power drawing eye item I think I would imagine So it's not something that you would

generally plug into this Little power port here Amazing if this works you know how incredible this must be So not only is the Jari used when you are camping or exploring the world in your RV or your car the Jakey can also be your backup power source for a disaster Um You know disaster preparedness The Jay is definitely something that you'd want to have in your home And like God forbid there is something and the air is not pure and now you're stuck in your home You've got no power You can't put your air purifiers on If there's a huge amount of dust in the air or if there's a big um you know like we are in California there could be a huge earthquake will bring up a lot of dust but you obviously want to still keep your lungs protected Let's see if the Jay not only will give us power but will also save lives So plug it in over here we'll turn it on and you can see let's actually put this up a little bit because you'll be able to see the lights So let's put that try and see if you can see that there this all in the name of Ok there we go So the little light is on and we have the did you see that Ok turn it on let's turn on the light so you guys can see There we go That is it So we have our Voit that is powered up You can see the lights are on over there and this is thanks to our query How incredibly powerful is this tiny little tiny little bag like tiny little box That is amazing So these are the cool things that we can do Thanks to our Jackie Oh my goodness Look at that This powerful little thing can do all of that And so here is our well I'm Michelle Mira along with my very good friends Renee Ya Hey we're gonna so yeah we look really really really cute Um I am wearing a we're wearing dresses from open closet Yes Um there was this really cool pop up yesterday Um so much fun Was it the best It was actually more fun than I thought it was gonna be Really really are you being honest with you It was fun I want me either I hate me too Is that for real That's for real I hate trying on clothes What is it about trying on clothes that you don't like Because I think everything's not going to fit Right Especially when they're like custom really nice pieces I'm always like I don't know There's something about yeah Why why are we like that body But then you put something on it and it is amazing And then you're like oh yeah Well then fine Well you look absolutely stunning Thank you girlfriend And we're in this Thank you I feel it I feel like very Jessica Rabbit even No like it's not it's like something I would never really wear It's so good though I'm thinking there was a little tussle in the choices There is a tussle on the choices Um I also got this super super super cute bag We have to name her name her Sherry She Elise is good Is cute Is cute Oh yes yes we love legally blonde Um Should we take a look at what happened yesterday Let's take a look So much

fun so much fun Don't be sad Don't be sad that it's over being happy that it happened Who makes it This is an Australian designer Beautiful beautiful I I felt like a million dollars Oh thank you We are live here in open closet I'm so so excited This is the pop up stop shop Today We got some amazing designers in the his house I'm here with the lovely Dre Dre What up what up gonna be co hosting with me We're gonna be trying on clothes getting to introduce and meet some of these incredible designers Learn more about open closets and try on some clothes Tell me what's going on over here We're doing a pop up at Open closet So Sovereign Collective it's shop Sovereign Collective is the website we curate and bring brands from all over the world Lots of Europe we have some from Colombia Um basically all brands from outside of the US that don't have a huge presence in the US What speaks to you the loudest I'll say that I think the it is to die for and like the best wedding dress for like fall summer winter You said it's very light right So light though So yeah it feels like you are wearing pajamas but it's it's my it's gorgeous I'll tell you what speaks to me Uh these bags Oh my God Hello Look how cute this thing is So you can wear it obviously as the very in mini bag But then they all look at me struggling to get this on They all could be cross spotted as well Um I saw that Michelle was like because you know you like a baby doll girl You like a baby doll here I wear a baby doll for as long as I possibly can Oh my gosh Yeah it's really good Tell me about this dress Who makes this dress This is the same brand the etiquette And it and how much is this dress How much is this dress retail is 4 20 So it's like yeah really good for cheaper than the bag Ok so this is our uh our little bit of b roll of me Andrea Renee Um having so much fun at open closets so much fun Um and it's so funny how you both of us don't like trying things on yet We had the best time We have the best stuff on like yeah Yeah Yeah Yeah Yeah So that's you you're over there I'm over here You live there I live there Um I'm actually wearing this dress Oh look at that It looks so good I may have to go back I look like a flight attendant kind of 1960 Thanks Uh um That's Molly Oh yes our good friend Molly Um and then our friend from Margo's uh and that's just me just jamming out to life Life is so good Oh the pink the pink is so good is so good right The pink is so good I think all of it is so good Uh And I'm happy that What's that Oh yeah Yeah Our faces were the best Like seeing our reactions I mean look at how cheesy I am my hair my hat hair that dress Oh the white dress I wanna get I wanna just get that white dress You might have to go back and get the white dress If it's speaking to you it does speak to me I want to keep it forever Dr It was ok Yeah I think



like there's something with the arms that didn't feel right Yeah Yeah Yeah  
Yeah Um I have to get it tailored but um our good friend Molly was uh  
jamming it out with us Sovereign Yes Collective dot com Um And they're  
there until Sunday in Santa Monica at open closets and we were there last  
night Oh it looks so good on Um Oh I love this one I know that Kyle said I  
look like an Amish woman You look like you look how gorgeous you are  
you look you look so great She's right I don't know if you guys saw on the  
clip she said it it feels like light like pajamas Yeah this is very like this That  
dress was actually much cuter Oh wow you're nervous about the little block  
It's funny how how we have this You look gorgeous You look like you look  
like the queen You look like a queen This is so cute Dre You look like you're  
17 That one though if I got that dress I would literally just have to sit and not  
do a thing Yeah Yeah Yeah Yeah It remind me of like Wall Street Like the  
movie Like those guys on Wall Street would take their woman out and she  
wore that Oh yeah Margot Robbie would wear like that There's my dress I  
love they look great Yeah this dress is super fun I think that it's not I mean  
listen it's not V award Yeah Yeah Yeah Yeah I mean look we had our own  
MTV Awards Uh over there at open closet I might have to get those glasses  
Michelle Oh yes they're um you can get them they're uh Gucci and they're  
available on Amazon for real Why would I wear fake anything I can't I can't  
I did it once when I was 19 and my best friend was like you have a flu And I  
was like I got I bought a fake Louis Vuitton She was like you have a flu and  
then she was just like she goes you know everyone that knows the brand will  
know that it's fake And I was like oh no that's a good point She's just like it's  
not the people that see you with the bag it's the people that know the brand  
are gonna be call you out and they're gonna be like she didn't buy the real  
thing Love that phone case Uh Yes Uh That's an Emily in Paris phone case  
that you too can buy on Amazon Um which is really cool Yeah that's it's  
always good to have a heel kick I'm such a nerd You love a good right there  
That deep deep throwback you know like give a little a little this looks much  
better than I thought What are we gonna decide I think you should go with  
that and I can get the dress online if I change my mind I I wait at her I it's it's  
on shop so collective dot com Every day every day I feel like I need to flip a  
coin heads heads is the bag Now the tails is the dr ok heads at the back bag  
and we're back As you can see I ended up choosing the black dress Um and  
yes very great choice Uh Thank you Thank you Thank you And you got the  
beautiful green look gorgeous As soon as I put it on I was like this was made  
for me and these are custom made custom made six weeks to make these

dresses which blows my mind You look like a queen Got it Yes And then I got this adorable little red bag which is super super cute Um And my favorite part about this bag is that it has a strap with the color flip of the color of the bag I love color I'm all about color which is weird because you know the black I was just like I don't really have any black pieces I know but luckily you were able to get both Yes It was an indecisive moment It was an indecisive moment and I was gonna just throw it all outside and not have her choose anything Listen we love we love fashion here and I love we love going places and trying things Well now we love trying things I didn't though And you were like oh you wanna try something I don't know if you noticed I was like sure Yeah Yeah Yeah Yeah Well I was feeling the same thing which is funny that you felt the same way I did But we actually it was super fun and we felt really welcomed and there was a a lot of uh a lot of great women there Um yeah Joanna was great Joanna was great I love I love it so much We're gonna have to go out Yeah we're just gonna have to go to more places I feel like a queen What does it say Queen things Oh she said talk to your queen your queen Oh your queen energy Is that what she said Something like that I think so Yeah I'm all about it Yeah me too We should get the king on the king of uh good day live Yeah that is hilarious Well I mean you could do a montage of your life My laugh Yeah that was a really good laugh Maria Oh because you worked at after oh I forgot you have the laugh Both have interesting laughs I have a cackle I when did when did you notice that you cackle on dates Oh people were like does anyone say anything to you about the laugh You know they they like their facial expressions They're like oh I didn't I I definitely just tell people um I give them a uh a heads up a heads up I give them a heads up We have merch Um well we don't have merch but Maria Menos has her own merch at heel squad Um I would put this on but like I don't want to mess up my hair It is a vibe Oh with the hat with the dress Wait what's this little sweatshirt This she is a really cute um CEO of my health Isn't that cool Yay Yeah Um yeah well it's a crop it's a prop sweatshirt You look you look great with that Yeah you look great in crops Um and you can go to Maria Instagram and um you can get her uh merch from there Um you can also check out their podcast and um their uh their show on youtube Yeah Um really cool stuff I mean this it's been great Like I wanna go to more places Dra where should we go next I don't know you know where we should go rent the runway Well they actually go there We should go to rent the runway Yeah I'm telling you they have it you do it we should do more Dra Michelle uh segments out and about trying cars trying

clothes clothing cars closing cars chocolates Yeah we'll be right back after this Don't go anywhere You look gorgeous I love this It's this So here is our Jari Unbox it You wanna get it charged up You use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you wanna use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home If you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in the past we have used the Jari to light up our lives with go we have charged our cell phones and we have done a few other things but oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit and uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool And we could even take a look at it Tabi used it And uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this That's a good day if you're just tuning in Uh Thanks for joining the show Uh I'm alongside with my uh really good wonderful friend Miss Dre Renee And uh the of good time good time The of good times and good day life Are you mad Why would I be mad Because you didn't go last night to where Don't have I feel like I feel like he's mad he didn't go to I feel like you Are you mad at the chat Let's unpack the open close What do you think of our dresses The dresses were nice The dresses were real nice Yeah Favorite was the black and the green Yeah exactly Yeah I'm so happy This was the subject matter today About what you know what we should do is we should take you and get you all like have a men's rental open closet You think we should you know that's the thing Would you men's rental thing You look great in whatever you wear at Kyle True Blood for you could I bet you could There must be something like that Oh my God If you read the Tom Ford it will be game over for anyone that was in a dark blue Like the navy dark blue Have you seen that That's like super in right now I got two navy blue I ordered navy dark blue Wednesday Wow I saw some guys wear the light blue and he was it looked like we got dressed together I I don't know they didn't even you that day the day that I pop in with the check

in check in I don't have anything green but I'll figure it out Yeah Yeah Yeah you don't have to match with everyone That'd be cool That is cool Like if we were all wearing red that we don't have to like be covered in red monochromatic it's a good word of the day Uh So yeah Uh I I really hope uh everyone got something out of today right today Well there are a lot of takeaways One our our guest uh Miss Lana was awesome in her whole life coaching thing That was really interesting to find out about men Uh But then on the flip side of it Dre and I had the conversation about tape which was really cool And then the third thing was the open closet only has women's stuff but we're still like we're still talking about women being included in everything It's like we got to include some men's stuff Of course we we're in for the men's stuff We we we love you love dressing men I do I got the boo on today Oh you cute with the little you know what I mean I do I don't even know that I'm doing it though That's the weird thing It just it happens So just naturally you're just like hey babe you know I did say this I did this I did say this I was like you know I really like it when you like wear like a nice like button down and like pants and you know just like just like just like and then you can wear whatever you want you you know Yeah No no I would never say anything bad about what anyone's wearing because that's just like I just I'm not good at that Like Andrew Tate does talk about delivery and how you say things to him Although his delivery sometimes is I mean if he broke a woman's jaw I don't know what he's delivering when you get a moment just take about Teddy and then you take about you know about Andrew But he does say when you are he talked about being agreeable and this is something that I kind of had an issue with like if you're in an argument with a man you got to pick your battles right If it's something you don't really care about like cars for instance he's like oh I like a Lamborghini He's like don't tell the man 28 reasons why you hate a Lamborghini Do you really care No just be agreeable And I was kind of like agreeable Yeah he says it's better that you win But men do that also Like we we back up Yeah the time we we pick our battles all the time forget about it Like we we we understand about 15% of anything we actually talk about but you guys just go OK babe Yeah Yeah All right OK And then I thought it was a thing Oh yeah Are you kidding me The world the world would burn if if men actually contested everything really You know I don't I don't like I don't I don't like to argue I'm not I don't agree with everyone 00 this person says he likes Tate Oh here we go But he's too preoccupied Like I'm telling you men love him because it was like a thing Like it was kind of getting to the point in men's perspective It was getting to

the point of like ok this is like we're all for supporting women But now it's about bashing men Like it it crossed a boundary at some point where it was less about supporting women It was more about bashing men So I think he kind of like restructured that argument Well he definitely came in hot and a lot of attention and brought a lot of attention to that aspect So now everyone's looking at it which is important I just hate the way he speaks about No no And that's true Like to back up what is saying he says things in a very controversial way to get the clicks on purpose Like he'll he'll have this point is correct The way he fashioned is absolutely like Kevin Samuels There's nuggets where I say ok but the way he speaks to women sometimes I'm thinking all right I don't need to call this girl of three Have you heard of like calling a girl of three I don't I don't like that The ranking that but then he said I don't do that do that I don't do that You know I actually come on No one is an angel I never talk about I never said it was an angel I never said that but I do not I will never ever rank someone based on their appearance That is not me I've never been that way I never will be that way And I highly highly highly just hate when somebody says something and I use the word hate because if you were like talking about someone's appearance like and that's like a qualifier I'm about I had to be attracted to them Have you ever made fun of a short guy Like what do you mean No I dated I dated a guy Listen this is true I was 16 I don't know I I'm not saying about the short thing but I'm saying like a parents clothes I don't look I don't make fun of anyone's appearance or their clothing I don't for me I don't you should but I don't but maybe make a choice based on what they're for me for me because I because I here share stuff with you Um because I've struggled with like body appearance and body image I will never make fun of somebody's appearance or their body ever make fun is one thing but I make a decision based on what your preference is I mean making a decision based on my preference is one thing but I will never I will never make fun of somebody's height somebody's weight somebody's appearance It's just not it's I'm not an angel I never claim to be Um but just because I just don't do that not me Um but I know a lot of people do A lot of people do like get like say oh she's a she's a eight out of 10 or he's a ton out of 10 I'm not into that but a lot of people are a lot of people are But you know what I love about this show is we can go from some really spicy topics to some like superficial ones to right back down to some deep ones and then come right back up and somehow um find still have fun right You have fun that he's like it was so good No no I think listen thank you so much for being on the show Thank you so much for being on the

show I'm not an angel as uh Kyle pointed out Um but listen wherever you are in your day I hope you find the good in it and spread it to whomever you may and we'll see you guys on Monday Have a very great weekend Go to all the closet tiger you know a chance Good morning They love what scar is in the