

## GDL Episode 100

Best you know a attraction You more And I the come in now I think doing your whole yes with great scared us in this He's in her going to be the mission on Good Right Welcome Welcome up Oh my gosh welcome Welcome to our 100th episode of Good Day Live in What a shocker We didn't know that was made Oh my God It was so good so good It's very catchy Yeah Um um I mean welcome to our 100th episode It's kind of crazy to think that uh just uh in June that we be 100 episodes that went quick Well when you have a lot of fun and great guests and great chemistry and a great team it goes fast Time flies when you're having fun Is it does It does Yes it does Um I mean what does it mean to you making 100 episodes Uh commitment consistency Uh I think those things are very important Commitment consistency Yeah I like that What else Um You're obviously having fun There's got to be love there always Um and passion Yeah because no one's gonna do something 100 times without passion 100 times Did you ever in your wildest dreams Think that you would be sitting on your own talk show No actually that's a good question I never I never would have thought I would have done 100 episodes of a talk show as a host with with Michelle If any if I was going to do it with anyone it would have been with Michelle But I have to say like I don't think so because we we it was kind of a start when we met the Bumpy start Like back Yeah Yeah You would say it was like back 100 years ago No but I mean like we we each other we were making magic from the get go Yes we made magic from the second we uh were on the same set together That's what it was I mean we didn't really talk until the camera turned on So we just like yeah and you're just you you said yes or you said the other day you were like I didn't even know who this was I barely didn't even know who this person was Michelle was running uh the Charlotte Chronicles We were in preproduction and you had a big uh you know you had a big production going on and so it wasn't just you calling me it was other people So I just answer the phone and be like oh yeah sure I'll be there No you get lots of calls we see you walking in here you get lots and lots of calls I'm one of them I'm always calling being like what are you doing What's up You good You good You know you of course we do but I want to redirect the questions back to you What does it mean to you I mean I feel like I'm gonna cry I don't know I feel I'm very emotional today I yeah a lot has happened um in this amount of time like life has happened there have been really high highs and some really pretty low lows So yeah And um I

have a I'm so grateful to um uh in India and Natasha and you and for this platform and Amazon and just being able to uh get to be on a like be living my dreams is just a dream come true That's good I'm glad you shout it out to Amazon as well though I love them But thank you to Amazon for letting us do this 100 times over Yeah Well when we started we got like the notion like might this might end any moment So we were just like no it can't end This is too good So like maybe maybe I could do my Sally Field again because they do love us Yes everything but it's true that everything has uh has the beginning has an ending not that it's ending today I'm just saying I'm just saying that like that's what I I've learned that no matter where you are and what you're doing make sure you do the best that of what you're doing Like wherever you thank gosh we we haven't ended yet you know we're not Yeah Yeah Yeah I'm just saying like I just I know that like everything has a time and I'm so grateful for this time Oh my gosh I'm like here we are on your favorite couch My favorite I know I like the orange chairs but the white is very uh snazzy I got dressed up in my red party dress Um it has a big bow on the back if you can't see Um this is not a rent the runway this is the Michelle Mira Not that I made it but yeah I don't know We were gonna have like a white couch I wouldn't want a white jacket but I blend in You know it's good that it's not like white on white on white on it It looks good Um why don't we take it back to how it all started with my very first appearance here at Slate TV I had no idea what I was getting myself into Let's take a look My name is Michelle Mira Brought to you live with Slate TV Here at studio place in Los Angeles California We have some really great hosts at Slay TV I'm now one of them Welcome Welcome welcome I know for me I am a huge shark tank lover What's next drop stop So this is basically to keep anything from falling in your car out of the ring in my car but I still haven't gotten out under the seat So I need someone to help me get that ring up Welcome Welcome welcome Thank you for joining I see so many people coming into our live stream It's so nice to have you I'm Michelle Murad Welcome to Los Angeles It's studio place It is so so nice to have you here at Sweet V I'm an on camera host actress writer and producer slash entrepreneur Um I have so many things that I want to talk about with you right behind me is our big logo for Dream on the show that I created which I am so so so excited about So you can follow me on Instagram Michelle A Mira You can follow Sway TV You can follow studio place L A We are all over I won't let you down follow us So you know what's going on around town 00 wait are we on are we on This is why I love lime so much is because

you just never know what happens Oh Look at that Look at I love the first dress The green That's my favorite color Oh Yeah Yeah That's a that's a fan favorite Yeah Yeah Yeah And I was like I literally that's how it all began The first episode uh was so the green dress was my very first day of meeting Andy Waldman And he literally I walked in and he said uh go up there and talk for 90 minutes I was like say what And I did and then I had a story for everything Every product you don't say I had a story for every single product And then I was like exhausted like when I was done But it was really funny because I so I would like keep coming back and like keep asking Andy When can I come back When can I come back I want to do more I want to do more And then the one comment I kept getting was you're so great You need a co-host not from Andy but from other people that would watch me and they would be like you're so did you see the empty chair I did see the empty chair just like it was just waiting for you Um It was just waiting for you So uh why don't we see how you made your appearance on on that orange stage Oh how it all began Really Oh uh what 40 the six place They're so cute What are you thinking You know we hadn't really met like in person We just hopped in front of the camera and the whole crew behind the scene There's a lot of chemistry there So many and in this and I thought I thought it was such a cute face chemistry Yeah But we we had a bunch of fun I like the like the glances back and forth are awesome Like you glanced and then I looked away and I glanced if you were like looking off the side this to me was such a fun fun thing to never forget a cute face And it was really great star I think Shirley you're trying to go with you I told you I like once I adopted Charlotte uh all these things started happening and then um and I was like hi and then um how it going Great And thanks thanks so much Thanks so much and thanks for being uh you guys No I mean like listen I think it was serendipitous that you were uh you were the guy to be like hey you know I I have a career in hosting now like this I was just like she was like I was gonna say is there a board show here Could we do like a couple orange juices and we're in the process Ok good looking at at home is Dream on shell show to you now fast forward to you for being my amazing co host There was no one I could have like imagine to be better than you And I'm grateful for that Make my day great And I'm so grateful for that I have never come into a job consistently Every day five days a week every day showing up and it's fun That's my hair My hair more uh uh yellow blonde I think it's the orange tint behind I think it's the orange tint behind Yeah Yeah Yeah You would think that was like 500 years ago It was like it was literally like

months ago I think I think we have a special guest in the building Charlotte Charlotte speaking of Charlotte chronicles um Charlotte Charlotte Get up here You're the reason why So yeah Uh It it began on Dream on and uh Michelle was asking me great questions and you asked me uh a question how how did we get into Oh you said do you think you need to be an actor in order to get this connectivity that you like key into in entertainment And I was like oh I don't know if I need to be an actor I'm having fun doing this hosting thing right now to be honest with you and you guys keyed in on that I don't even remember remember saying it until I watched the playback And uh I got a call a couple days later from Michelle Mirra and she was like you said you wanted to be a host Come on let's test it out Let's go I was like yeah yeah let's do it And it was uh serendipitous I'm gonna pull up a show please I'm gonna tell you how it went down I'm gonna tell you how it went down because I've watched this episode like 1000 times because I always send you clips from it And I and I asked you I said uh why acting And you kept saying you uh really love the process and connect connecting like basically what you just said And then I said so it doesn't have to be acting And you were like no I love the I love you know whether I'm behind the camera or directing or like part of the process I love to create And it's all about connection for me You kept saying connection And I said oh so so it doesn't have to be acting It's all about connection and you're like and and uh and that yeah but like I kept I kept prodding You did You really Yes I kept I kept prodding you It was like so it's not acting and you're like well you know it's not just acting it's like being behind the camera It's being with people I know Charlotte we see you Um And then I said well so then what's it about And you're like connection And then all of a sudden you were like think I'm supposed to be a host literally out of nowhere It was the weirdest thing not weird but like it just felt right when you said it And then I I literally said after you said that I was like I think that you'd be really great morning show host And I and and in the beginning Andy was thinking you know maybe it should be three hosts like three women one guy or like two women one guy And I was like yeah but like they'd all be like oh fawning over Kyle Is that a thing Yeah You said it You said the look chose you you didn't choose the look the look Oh wow I forgot about that one You know I I was called out to say that sometimes I mismatch stories and like I don't have it always correct A lot of stories up there there are a lot of stories in my brain and luckily this was uh one of them and I kept prodding you I was like it's not just acting So tell me what it is What is it for you now I know it's acting and connection Yeah I mean I

don't think it should be just the name of a job a title It should just be what you love and fun And this has been really fun really really fun I had a like a ball life changing experience actually Yeah that's so sweet I had a different like outlook of who you were before this started Yeah most people do No I don't think that's true Oh yeah You think people have a different throughout my life People have been like uh oh yeah I hadn't thought of you but then you open your mouth and now it's like it's a different feel Well I think like what's really cool is that like I didn't know that you made smoothies I make with three pineapples in the back of that Listen I don't know Uh I think there's so many memorable moments um of how we you know started the show But the one thing that has stuck for so many of us um at least for me Andy and uh Natasha is the smoothie episode It's literally oh wait we have one that's I'm sorry it feels like episode one after 100 We're supposed to do We just sit here and let the like clips play and we just look at them So why don't we take a look at episode one Welcome Welcome Welcome to Good Day Live How's it going I am here at studio place with Kyle when you have a great host and a great producer You know the sky is the limit the limit Good team good team on Good Day Live It's a good day It always makes it a good day when you're on Good Day Live It always makes it a good day when you're on Good Day Live Yeah and especially in Los Angeles live dot com TV live dot com But we are on Amazon right now Yeah I play TV TV It's a place I think I got baby fever just from being around them I think I do a single man in LA I think I had baby fever Ok Again another thing that if you say you'll never be single for another day Yeah I was like this guy this guy is gonna be great As you can see It's been a party since day one a party Since day one We were very formal In the beginning We were you know I wore that white dress the other day Yeah but not like bear I had you know I don't think I've worn that out but since with the the jacket with the pants and you look great Yeah we we look we looked at we looked the part Yeah we look the part Um so that was you know bring that look back Should we look at some of our first show highlights Yeah I'm a dirty guy I oh yeah Oh yeah True Blood You're back and to see if you related to Kyle True Blood take 23 and me or ancestry dot com But who knows I know we just when I say this Right Right No I don't have it so much when I'm with you That's good I smile a lot when I'm with you Yeah The smiling you want to get somewhere in life You find yourself a good producer No Yeah Oh you got to know like like find like you just I mean I found and and yeah and you found me Do you does that sound familiar to you at all Yeah I I love talking in your wildest

dreams Think you're gonna be on talk show I did not actually I did not in my wildest dreams I just never you got the like talk show No no no you got it in here Your eyes are all like lit up because you looking at me like one episode just for Jersey accent Teach me how to say coffee in a Jersey accent There no a feeffee coffee coffee coffee coffee get some water get a coffee get some water get some because you like water with your coffee right And then you get like a power tool It's also good to work as you like to do get it get it get it get it Kyle is demonstrating the ninja air fryer Do you have an air fryer Oh Yeah There you go There you go There more in there No actually options because popular over here Which was why would I put a question You secretly married me Hilarious of our first guess we've just been battling 1000 It's great Every every every single show can we 100 still looking back for a hundreds still intact I'm still no one's throwing a microphone walked off No one's had a breakdown I think you and we have no we we we did a we did a bit the other day That was fun I was like I'm done with you throw the mic Uh Yeah it was a mockery Um I think you know you have to uh have really great chemistry and respect and um open communication and you have that and I have that and um every time like you say something that offends me I call you out Every time I say something that offends you you call me out but it's not never in a um hurtful way No there's always love and respect that we do um own it especially I gotta give it to you You you sometimes Michelle will say something during the show and I'm like I don't know about that and then she'll call me afterward She's like I'm so sorry I'm like you don't have to be that sorry but thanks for calling Appreciate it And I think that really helps the relationship you know uh just knowing that you care that's a thing They care that's how we got to 100 of course they care They care Communication is so important to me And uh yeah we do Yeah people are like but we have fun while we pick up I know we have so much fun We have so much fun 100% 100% 100% 100 episodes We have so many inside jokes like here um at studio place um On Good Day Live Uh One of our favorite inside jokes is the smoothie And what goes in your smoothie Think so Yeah Really What's in your smoothie You're gonna you're gonna think crazy Ok What's in your I'm ready I spend a lot of a lot I spend a lot of money on the fruit and vegetables Ok cool Ok So what is in the smoothie Well you know you gotta go through pineapple and cucumber What is it every day Well you got you got to get like um a lot of everything So you buy like a pound of strawberries three pineapples like maybe like five cucumbers a bag of apples spinach walnuts blueberry frozen blueberries blueberries Apparently it brings the

antioxidants out more I don't know if I buy that you know like everyone's source it's Google and uh that was a prime That was like our first like miscommunicated thing where yeah Well I was telling Michelle what I buy to put in the smoothie and she goes oh well that that all goes in one I was like yeah it all does like take a you know I should have clarified a guess that uh you guess you guess now now you guess I just need somebody in America to tell me that you put a whole bag of anything into one smoothie That's why did you assume that I put a whole bag of apples Why did you you didn't say that you put the whole bag You just said this would all go into one So you didn't you didn't clarify Your question was kind of vague Also Little ob ob I am ob too You wanna be a cute the cut a cute enough too are very opposite Is very wide I am a cute I'm a cute host Oh nice I see what you did there Play on words with Charlotte Um right next to you We celebrate you know what's so cool Is it was on my birthday I uh I either had the option to take the day off or to work and I was like why would I take the day off when I love what I do You would have missed out on your \$35 smoothie It wasn't 35 It was like 17 50 whatever Same thing you you you should know you know prices I was reading the ingredients It was from a shout out to a you remember that Wow good memory Wow There was sea moss in it I know Oh man that's the starting of the sea moss That was the starting of sea moss Um So we celebrated with my birthday Let's take a look at my birthday Chef Oh are these business cards Oh wow Oh up I have It's amazing Yeah Oh yeah The cars that you get into like what is it Oh yeah Vision board I love it Stop it Thank God Are you happy Are you right now Just send flowers Was like what Oh my God Oh my gosh Honestly this is just remember that hilarious Shocked to have a memory I'm just shocked that you remember their name I know that you would like Yeah I mean they were they were super sweet It was such an epic day I think I like went home and just crashed and then I got the energy back up to like go out to dinner and keep celebrating There you go I mean it literally the day started with Chanel sunglasses delivered to my door Um and you know having a very special moment and then um and then like come oh no no And then I went to uh fashion go and then I came here Oh wait was it Yes it was Oh no no no no I came here then Fashion go Yes Well it's a busy day for her birthday But you were doing what you love doing what I am doing what I made a promise that I would do my very best to continue to do what I love on a daily basis I thought it was Michelle's birthday All right bye Your birthday is coming up in March Don't worry we'll get you We'll get here Who knows March 1st Oh whoops date Well

that's my birthday Yeah Who knows Who knows We'll we'll we'll find out we'll find out um being in Hollywood You never know who you're gonna run into Let's take a look at some of these encounters Oh um after we wrapped I went to lunch And my brain does not stop when it comes to the show I'm always thinking about like what's next what's next Like how can we keep the needle moving I remember on one show that you said the next time you had the opportunity to go up to someone and talk to them you would go up to them And I was like ah accountability man That's the one to be honest I was oh it Michael freaking can I say it was Michael K anyway I went up to him and I was like uh I don't normally do this but um uh my co-host and I were just talking about you and batman and he was like who's your co-host And I was like God what And he was like like and you were like you could see him trying to register and I I just forgot his name this guy what I was like I'm Michelle Murad and I host a daily talk show called Good Day Live down the Street Um Anyway can I give you my card You gave him a card I gave him my card and I was like I would kick myself in the butt if I didn't come up to you and talk to you And he's like he was so sweet He was like don't kick yourself in the butt I was so excited I called you right afterwards right afterwards I called my dad too and guess who was in the restaurant Michael Keaton and I went up to him I was like right I can't believe that man And he was like I like so long ago but it wasn't it's just around the corner Literally that phone call was just around the Yeah Yeah When I got that phone call from Michelle I was like oh my gosh Michael Keaton Michael Yeah you never know who you're gonna run into Well being in being in Hollywood And did you say you love his work I don't think Oh wait maybe I did Yeah Oh cool Some people saying um my favorite talk show is on a um thank you cookbook divas Well I wasn't prepared for that gold mask That's hilarious Um uh woohoo congrats Michelle and Kyle So happy uh uh Good day live 100th episode Let's celebrate Kyle is awesome I've always had a wonderful vibe from the beginning You rock Kyle Thanks guys Um Oh they aren't chatting with me today We are chatting with you We're just we're just celebrating our 100th episode and just like like just being like yay gay team Um and 00 OMG adorable doggy alert Uh and then Cookbook Davison Happy Beated Birthday Uh Yeah it was my birthday It's been a ride It's a fun ride It's been a fun ride Yeah So we've had over 75 guests I was shocked at that stat myself We've been burning and turning burning and turning How does it feel to have so many guests on live TV Um I'm impressed with our with our questions honestly I mean we're all of our guests love Thanks So do



you um And you know all of our guests love the experience that they all  
Roger Neil one of our favorite publicists Yeah The the Balls Nelson Yeah  
Psych it Tulsi Anna or like when I was filming a segment on the street Uh  
um Yeah protege all the way He was like I know Anna and I was like and do  
you know Ariel And he was like yeah and I was like you know two of the  
most gorgeous women in front He's like I sure do So you miss uh Barry  
Livingston Uh oh my gosh Adrian Yeah Yeah man We've got so many Oh  
that song was so beautiful It was it was great She's still traveling that one  
She's nonstop chef I will never forget You're like can I get a slice You're like  
ba ba day Oh we were like literally I was crying when OBA was here I cry a  
lot Oh Legendary legendary Bruce Oh gosh She's like a female Jim Carrey  
She said that Eu Eugenia Oh my God I love Eugenia Oh love her Oh so  
sweet I'm addicted to her pills Uh Bad bad bad She was so gorgeous with the  
blonde hair She gorgeous with the dark hair Daniel Hall Is he singing or not  
the first Uh dancer named as an athlete by uh what was it Uh Yeah he wrote  
a book his second book The first Robin ever Mr Bruce Ward when you had  
over 76 guests It's it's hard to keep it all in in count I always wanna call her  
um Jane Veles Um N I'll just stop blurting out people's names you know I  
hope you don't have I hope you don't have more than one child because  
you're gonna call them all the same Number 1283 Get over here over here  
Three I called her Emily Ford She is I know but I've called her Emily King  
Like how many times I mean she should be something about the factor This  
is David all whites which made me uncomfortable I was like David white  
white white We had David White we had the black Oh my gosh I always say  
because she came at me Cash money I love that guy so much Every time you  
see him I'm always like Cash will look like our thanks to him I'm doing  
every day Oh I love her I talked to Ariel yesterday Shelton Wilder She's the  
amazing you don't we don't look good I love it I love it I love it Ah Jason  
Waller from the from the hill Right Right Right I mean I never ever thought  
oh my God These are so cute Yeah they're awesome I love those guys So  
Julian which is a really great guest because story story is so good Oh we love  
her so much I love Max's mom Yes she did We love we love everyone but I  
can explain it up Oh my God Little Max so cute I love how he was like oh  
my God Eric I love this girl so much I love everyone I reach out to her on  
Instagram Er Yeah you got Eric bigger that mindset Yeah You know I think  
he's a funny dude She's probably true of most in until you become it Don't  
you know he was one of our first guests maybe our second guest We still call  
her to this data Help our bleeding knees a lot Hope so Yeah Um one of my

best friends we know each other Um and yes if you have a on this girl then you have no soul Oh my God this one came she was hilarious She's like wait what are you You're emotional You want you want a shot to you straight talk to you straight I love her She played um the crazy lady in um Charlotte um and then Miss Scarlett over here um so adorable playing um she's like the youngest TV host She's bringing it better watch your job Uh Look at her little pink mic so she's so cute I was like should I be worried Oh my God I'm gonna cry man What is this so cute Oh this is before the shoes So many great guys So many memories Memories like the color the red carpet So much fun Every day Having fun Five days a week every day So happy Oh my I was not re wearing dresses I it was just like the same that was the same day I think Maybe not rent the runway came in Yeah that's Sophia Oh look how cute Oh my gosh You've done so much Hey Zara that's always like my go to move My brother's always like why do you do the peace sign Like what do you Oh yeah you're always like it's like you're coming from China or something It's hilarious Ok That's definitely what my brother said too Is is that what he said Yeah they love the piece on true love Had the most inspiring story I just love that She went to like uh find out what inspired her as an artist I can't get over that I know Look at this This is so awesome Meanwhile while we're taking this picture there's a pizza about to set the entire place on fire The fright brothers I hope they had fun on Halloween We just passed Halloween and this was a really fun day really fun day Mindset was the rub down the pat down No it was a rub down Oh yeah this is why I don't I don't do enough of that Apparently I don't do enough down I do need to get a rub down like I think it sounds wrong but I need a massage is so honest and Oprah just put him on and he got his head in the photo Sometimes your head is off But yeah she Sheldon with the dog Ariel I love Yeah Thank you The best It should be It should be just like put it all together Right I wonder how he's doing That's a cute Oh yeah I love it so much Gosh Mr A R white Yeah Oh I love this photo This is where the shoes come in Do you notice that You notice the evolution of the pictures and the outfits You can tell Yeah like the outfits all of a sudden got really like bam Look at that dress She was not she was not a fan She didn't like you No I missed this one I'm not even on that That's John John John Yeah I know I know That's what I thought I thought it was John from Amazon like 12 there Look at this dress I love the dress That's Vanessa Ring I love the dress like a shout out to these dresses um from rent the runway Thank you guys so much That was really well dressed too Uh Yeah Diana Uh Yep And then you see the there is a style

evolution We got the and then uh a cake I know adorable She was like I I'm surprised you didn't give me shout out to Darcy the crypto queen You didn't give me a gold cake guy It's \$4500 Michelle Yeah you have money Yeah How are you doing Emily Ford Not for long ladies Not for long Get a hot right Uh Nicole Did we do we know if she wanted to still be single and get me a cake Not a \$4500.01 Why not I'm worth 4500 Way more nice This was super fun These guys were the were the best We have a lot of photos behind them Roger Neil had a lot of fun with him I love the company Choate I hope they're doing well They are behind people's health all the way I love it Um uh I'm Blanking Coy Lawrence um the director from Doctors Without Borders and then Miss K Yes Yes and then Selena and her Awesome Um That's awesome Yeah Um Can can you really like I mean like we're really like uh working in our brain muscles and of course I mean listen we are but we remember everyone forgotten Hello What a name I kept seeing hope uh Barry that we got to bring him back home with the shoes He said because I had a meeting with him He said I said Kyle said that uh he loved your shoes He goes what size is he What don't play around What are you Oh you wear them No he said that you could borrow them for the day but you can't get any scuffs And I was like I I know you let me finish let me finish I said let me make the executive executive decision and say that's probably not a good idea because you're you know you play sports and like you know I'm not gonna play sports and shoes but like you have you seen the way you dance out of the studio Sometimes I just coming and yeah yeah like I don't know if I would trust you with the doers on unless they were my own I really appreciate the offer Um But once I return them to you scuff now our relationships scuffed right We don't want that Well not that we need any uh water works but apparently our guests have said lovely things about us Of course we say lovely things about them We we share so many wonderful moments with them Should we take a look at some of the things that the guests have said about us or a box I don't know I mean what is this This is the next thing we should talk about but ok um there might be a tissue box talking about all these guests You've shared so many good moments How does it feel to like I mean there are 76 you know I said like we said earlier in this episode that I wanted to connect and that's exactly what we did for 100 episodes 75 people we've connected with never in my life that I think we were gonna that I think I was gonna connect with so many people so many well to do and and positive people I'm I'm really impressed with the producers for bringing and you for bringing all these people on And uh yeah

it's been just a really amazing life experience unforgettable one What's that highlight TV brought to you live from Los Angeles California Let us know where you're streaming in from what you're excited about for the fourth of July I'm all decked out Where are your sunglasses Are you kidding me right now I love you I love you I love you soul soul soul Do you get bothered by the talking I love talking I mean listen you got funnier as time went on You know there's a really bad saying that birds don't like to brush their teeth I don't believe that I've heard that Have you heard that I'm sorry You know what it is in my I mean I think what people say to us is that we are the duo on daytime television We receive an Emmy for our daytime job What should we be saying You love I want to also say to those that believe out there that they too can have a talk show or follow their dreams You can do it too I'm doing what I love about people that I love and it be so grateful I just feel like we're part of like history right now You are Is this all a dream A dream We fish Oh yeah Yeah What does that mean Just tons of inside jokes Are you gonna cry No I'm not gonna cry I'm not gonna cry Uh Yeah Yeah Well um a lot of our guests have said some pretty amazing Ok Oh it's a debit card But I mean no that's the right that I have the right card My gosh it's been so like ok so you know great things Um We've had over 75 guests Um Why don't you tell us about the Polaroids of all the guests here All right we've gone through the Polaroids Um One of our most memorable guests was the founder of Sprinkles Miss Candace Nelson Um We got the Polaroid of all the guests as we roll through a red carpet guest Hall of Fame Like you guys I think we need to reevaluate this We we need to reevaluate I am really uncomfortable now and I might leave No one's hoping for the best of all time No one told me that oat milk First of all I know oat milk was like it's like a thing you know I love you said best host of all time go host It's OK I'll share it She ate it up for me I thought I was gonna like crumble I meant host or guess see I did it again Really I'm just messing up man Yeah I know what to say Yeah No No that's not true That's not true I'm just saying I don't always know what to say but I wouldn't say best host that be like me telling Craig that he was the best host He was my God this guy energy over this one He was not the best So I couldn't work with everyone I think Craig and I if we work together I mean I think I think the building would explode Exactly what I was gonna say I would work with I'm not saying I'm not going to but it's on a good day live capacity Uh I think this chair belongs to you Oh I mean couch today couch belongs to you Yeah you're welcome We've done how many prime days you didn't say thank you And I said you're welcome You're welcome I

telepathically said you thank you She didn't do the double eye blink Oh no no no don't do it don't do it That's what you need to do next day Just do a double eye blink and then she'll know it's over I'll say like little smart alec things to Michelle and just give her a I'm just always look out for you man Sure thing could have made it without you Michelle could have made it without you Um We've definitely had some interesting guests Um And we had an incredible guest Miss Candice Nelson the founder of Sprinkles Let's take a look I mean I our show is all about finding the fun Like if there's so many shows where it's like there's the news and there's this and there's that our show is we focus on the good find the fun We're so alive That is also the impetus for for starting Sprinkles It was like finding a place of connection believe this when you love what you do it vibrates even after you've left or gone somewhere or like moved on into something else like that is so palpable and everything to me is biracial I feel And having you sit here is an out of body experience for me right now Truly so really beautiful And I just first of all I can't imagine you doing anything else because you were made to do this And I think it's so beautiful when you are in alignment right With your purpose It just is it has a multiplier effect Kelly Clarkson Oh No this is this is a margarita into the pizza You like wait you're gonna go to go to remember You don't remember that I'll send it to you And then and then you were like oh for what And I was like for the interview and then you were like OK and then after the interview you were like this is the best pizza ever I think you know what's funny is like in L A especially this is coming right out of someone from Jersey Mind you I'm from Jersey You held that pizza Like it was like it was your first born child Maybe it was She makes a perfect margarita I haven't been able to find one in nine years Ok And you know she's also from Jersey How hard is it to get a good slice out here And she comes walt in in with the pizza A perfect margarita pizza It was a perfect margarita pizza Do you know how much do you know how much uh pizza I had it made me it made me sick because I actually I'm lactose intolerant and you just kept eating it I kept eating I couldn't I couldn't leave the studio for like a good hour Like I I had a couple of like what are you up to And I was like I'm like I'm like no I like messaged you I was like I'm still in the shout out to pizza Look what you did They have they have other options They actually have like lactose free like gluten free And I was like no give me the works They're making the best pizzas really hungry Yeah I did too I was like I don't wanna go to pizza after this I don't know if I would go to pizza It's super close by They could go to pizza Um but yeah Oh I just got super super

hungry I mean we also got uh a little bit of a workout too Um I think we need to reevaluate this We we need to reevaluate I keep this leg straight keep this leg straight Push straight this leg straight straighten it out straighten it out straight There you go Give him give him a on he will never have anyone sit on his shoulder be shot here Oh yeah he's so cute because he was like you're gonna do it He did this in an airport I was like get off of me You see my face Yeah Yeah Yeah You're like that's enough Like we had some fun times We had so many fun times Um I mean there was even a magician a magician He was great He was good I don't think this one this one right now I was thinking queen of diamonds So can you see now what you're gonna do is you're gonna take this off because if I don't shuffle them up you think I'm cheating And and honestly when I shuffle them like a big deal because they're all gonna go Oh I was like oh are you gonna pick those This best actor award goes to you that I'm still trying to figure out how we did that magic trick Oh my shout out to him and we're very dog friendly here at Good Day Live Wouldn't you say we're dog friendly Let's check out this I see it I see something here Hi baby brown eyes brown skin Hi honey She feels like this She's like oh I see Like she doesn't like you sat still this whole time Oh my God She's choosing her future dad Oh my God She looks in your own You are so right You do like they do it I think she had a blue flower cut This thing this little baby Look at those eyes Don't tell me that's not a baby It's a a question when uh when a dog yeah come here mama just better buy her She'll like it Check it out Yeah baby Look at the tail Oh honey Look at the tail Oh honey Listen guys I'll be right back I I'm gonna say hello to this dog real quick if you right If you've been watching us you know that I have a serious affinity for dogs I mean between Chloe Lawrence and Burt Ward and she's not a dog No those are people that love dogs Yeah I know that Chloe's not a dog That's just the way you the way you said it You were like I have an affinity for dogs Chloe Lawrence they also have an A I know I didn't hear you ended up with this is how we get to a bag of apples and one smoothie right This is how we get there nonetheless Michelle and I even with the miscommunications and the misunderstanding we have just plowed right through and come to an understanding It's almost like yeah 100% Well she knows that she's a baby and she knows how I feel about it She's like you know I feel safer over here I know honey it's cool Oh honey I'm sorry guys I just I just adopted another dog who wouldn't take 30 seconds out of a day and and just and just let the baby know that she she knows that she's loved She comes with me everywhere I go for the most part Um just go to the you

see what I'm doing She kept like literally trying to get out of the uh of the house today And I was like no I almost because I was like and then she like got out and I was like I was like come on I mean yeah I wanted to bring her for the 100th episode but 000 yes Ok Ok I'm coming back I'm coming back She's like I'm not done I'll stop what she does I love her so much Come here honey Oh honey Yeah you just snuggle right in there Nice and warm She's not quite sure What do you do Put your leg down Be a lady Come on Um sorry we get distracted by dogs who doesn't uh over the past 100 shows We've had so many guests and um what's really cool They've said some really nice things about us apparently Uh let's take a look at something in your chair on dream on to ask him about how he got into acting And he was literally sitting in a chair and he was like I think I have a thing for hosting I never I've never hosted before You're so good though You're such a by the way you have a sparkle in your eye that I think most hosts need to resonate with the audience You have that sparkle and I'm not just saying that you really do have the sparkle You have it too but you also have the energy right So you and I love that great host of the period What they have is the ability that I have identified is the ability to engage their the person that they're interviewing OK So there's a way that you could do that You know you guys have mastered that there is a comfort that that exists between the two of you and there's a realness that you connect with the person So you open that person up You know I've done tons of interviews and sometimes that person interviewing you they haven't done their homework But when you put that person in a situation where you've done this so allow me to compliment you Everything the light touches is your you like is your kingdom Uh I mean gosh for those of you that are just tuning in Welcome to our 100th episode Oh hey hey we kicked off the episode with our own personal song By the way Good times Come on Now How do you get to 100 episodes Michelle how do you think you get there Um A lot of coconut water Uh Proud of a lot of uh dried mango slices by by the side of my chair Shout out the creation I spent about \$1000 there I probably have actually if you think about it 100 episodes I 100% I definitely spent \$1000 Don't tell me that Now You not see See Yeah Yeah Ok All right Um Anyway let's take a look at some more incredible moments I drove a coconut Um Am I an animal This is good Yes I'm an animal Yes Can you ride me Right You can ride this my God depending on how big it is Um OK you you can ride it depending on how big it is I mean like if you are huge I will we have to help me out here Um I don't I don't think you would necessarily ride you but but there's a chance that you

could I don't know some countries they might I said you go by palace you could maybe ride me Not in the water in the water I have four and 18 You find one person two legs back then right Am I a gorilla How would you ride with You asked if you could eat you Right No I guess you did this you can ride this But what I don't know if that's actually true Your your answers are misleading misleading They're open to interpretation Oh that's better Oh look at that confused face How do I make it to 100 I don't know I don't know I feel like it's like our 100th like birthday or anniversary or something because it's like all these like wonderful moments celebrating us How lucky are we to be on such an awesome team Super super super serendipitous Um Yeah it was I was going through like a life change right before we met here Yeah they say when things are falling apart they're actually falling into place Can you say that with something in your mouth though What do you mean Let's take a look at what it's like to have something in your mouth Let's try the games and go watch your mouth 00 my gosh You come rabies rabies I know I Hercules Ray environment and ice That's that It is puking babies That's where we're going together Stay together stay together and you got 99 episodes That's a game called Watch And then they say yes and we're improving our listening at that point and I thought that was a really good exercise for us Oh my gosh we've had it's almost too much fun almost almost too much fun but not really You look like you're having a blast I am I'm always having a blast Look look at that Probably a grand old time Shout out to the 100th day Can't believe we can't believe we've made 100 days And again like we said in the beginning if you guys are just tuning in this is our 100th episode And Michelle asked you know Kai how do you get there And I was like I think it's commitment and consistency and I'm so happy to have the opportunity to uh practice commitment and consistency and prove uh that we can do it and we did and we're still going and it's been a really good journey And I think that to you guys at home if you guys wanna you know have anything in your life I think that that those kind of facets gotta be there and I think we put it into practice and really set a good example for people and I hope that they uh I hope you guys have a good day because uh it's not always a good day but again we give a lot of insight with our guests or with Michelle with our words of acclimation to uh to to help people understand how to have a good day We're not just having a good day We're we're proactively having a good day proactively having a good day to practice putting into practice Um I love that Um I mean being the talk show host we get invited to uh many red carpets don't we Well at least I do I see for this



one The first one Yeah Yeah Yeah Yeah How I Hollywood Boulevard  
Michelle Look at Michelle Oh this is the event I remember that one The one  
with the pink purse What was that Oh you so cute Yeah Wow I mean like a  
lot more than that Look at look at I'm like boom boom boom Oh that's my  
favorite That's my favorite Kyle Yeah that's my favorite You don't like that  
Oh no OK We're having a lot of fun The the water I really hope we're giving  
you guys a good day out there and we've done a good job over there  
Charlotte like 100 100 episodes I hope you're tuning in I hope we've given  
you something to cheer about Um I've also uh had some moments myself on  
the red carpet when you're not walking the red carpet I get to interview  
people and I've had a driver Actually the inside joke for this is that Kyle  
picked me up because I was having like you know a really big bout of  
anxiety which you know not a lot of people talk about but I did and Kyle was  
a really good friend and co-host and picked me up for an event and I said  
Kyle we're gonna be late if you stop for something on the way because he  
was like I really need water He was like wait do you have water And I said I  
I do But I had I said but I put let me see what I put in I put something in it  
I'm not gonna say what I put in it but because they might be a sponsor So I'm  
gonna keep that You yeah you wait 10 minutes you're waiting And and he  
was being a good sport by saying you know women are always gonna be a  
little like a few minutes behind No one complained on this side I would have  
been on time Had I not to pick you up But that's besides the point That's the  
point So so we stopped to get the Schwepps and I gave you a hard time  
You're like you're like timing you're like timing I'll be 90 seconds You were  
actually 90 you were like 91 2nd I timed you I actually did I was so mad but  
you know it's so funny you know it's so funny It was perfect timing because  
when I was on the red carpet you showed up and like we we got our picture  
taken together Um but I too had that moment before this moment where I  
needed water because I had been working all day Um and I think I had one  
of my funniest moments on the red carpet Let's take a look Oh my gosh  
Trying to pronounce your words dear That's not Do you know what that 1.5  
to chicken said to me How are you How are you Michelle I am fabulous  
Now that I'm your dress Michelle This is rent the runway original This is  
sorry sorry sorry Like this is original Original I think I know what you're  
talking about Let's see You don't have tights on either No tights It almost was  
like wear I felt like just part of a lady a boob She was like I have my jerky  
Do you want to check No that's ok What is it Did you rent it I did It's ugly  
That's ok Everyone has opinions like assholes like assholes so proud you're

gonna remember my dress because it was so ugly to you is are the sleeves  
The actually the sleeves are like oh you like this better Ok No not unless  
somebody especially Did you read it I did It's ugly That's ok Everyone has  
opinions like assholes Everyone has I mean if you're gonna say that to  
anyone it's got to be Joanne Worley because she's ready for it right I don't  
think she wasn't paying attention to you but the point is that she's that's her  
language you know speaking in her language And that's also I mean you  
know I was also I'm also like a big child and when somebody tells me  
something that sticks I repeat it like uh you know I heard that from our  
producer The wizard of you said it too So I was just repeating what my  
Jersey Boys are My Jersey Boys But you know what I'm saying Like the  
Jersey Boys someone from Jersey Very proud of you Yeah Yeah Yeah Very  
proud of you Um I'm very proud of you Uh I'm sorry for your profanity So  
um you know this show has inspired a lot for us Um not only playing games  
but creating new segments and one of our newest segments is uh on the  
streets Um It's one of the most popular ones um which I've gotten you in on  
a couple Um on my very first episode we had one of the most memorable  
memorable encounters ever Let's take a look Do you are you am I No you're  
not you're too ugly for that Oh my God I'm a I'm a wife Did He just said I  
was too ugly to be Michelle Pfeiffer I mean I kind of have to come on My  
name is I am sure guy on the street and he was like oh well she's not  
Michelle Are you Are you So yeah everyone comes with her and I'm gonna  
make fun on the show All right So just take it easy on Michelle That's really  
good right Myself No I just need to know what country so much on this  
show And I love the point at the end like he just told you some valuable  
information as he walks away He's like I'm a wife I'm a man I'm like man I  
he's like well he asked me if I was Michelle Pfeiffer and I was like am I  
Michelle Pfeiffer I felt so like flattered He's like go not Michelle you  
Michelle It's like Michelle Barber is not at all Number one Yeah No Michelle  
you know who looks like Michelle Feber She actually has my like who is  
She does look like she actually dressed up like Michelle Piper for Halloween  
She she should she looks like identical to she's going to uh ironically Isabella  
is going to Lake Isabella Ok Yeah Nice nice to know Come here Shout out to  
Izzy One of my favorite one of my favorite people and one of our favorites  
for sure We've been like really good friends for a couple of years now Um  
Another oh that's good to know Um I went to the dog park I know it's really  
a sweet story I'm excited for more stories about you And Isabella Did I go to  
snore today I've got no snorks tonight So that's so funny You're like I'm sure

you are Oh you started me with the whole uh singing thing I I used to have a fear of singing in public and now I just break out into song You should I should What's the matter She just wants more more attention She's she is my dog Um Another one of our favorite segments on Michi on the street is notoriously known as the Dodge Let's take a look Where did you get the gun Some people will dodge You know they see a camera and they just dodge I saw the dodge I saw the dodge I saw the dodge It's ok I always wanted to make friends but he never thought anyone would dodge Me That was really cool Next level And then I'm like I saw the Dodge I saw the Dodge I saw the Dodge It's ok Face hiding is perfect You know Michelle you Michelle Oh my gosh there's more of those I mean Michi on the streets I think every single one of those is pretty much gold They are And you know I had no idea that Michi on the street would actually bring people together like this mother and daughter duo that let's take a look at how I brought 22 arguing the family member Do you want me to talk to that person for you Because you need a facial Yes I need a facial Who are we talking to my mom Mom mom we need a facial We need a facial like now I'm Michelle I'm filming a segment on the street How are you Wait tell her how much you love I love you so much She heard that you wouldn't know what your life would be like without her I wouldn't And she has given you the greatest gift Life Yeah she's like yeah that that yeah we love moms What was your name again Audie Nice to meet you This is on the street you know bringing daughters and mothers together closer one phone call at a time As long as you're getting that facial mom Are we getting the facial Yes we're getting the facial All right All right I was gonna say you we're getting the facial You know I should do more of that like I know I should do more of that Why not Yeah I feel the the girl put acid on your face It's OK You're gonna love it You love it you love it You look super glowy and happy afterwards You hustling every day every day every day Um That's one of my favorite ones Uh this final segment we want to show happen in Larchmont and it literally speaks for itself You wanna walk around and see if we can find another girl for you Uh Right now Yeah let's go let's go Let's do it All right So tell me about your dream girl my dream girl OK Uh More or less a little leaner Leaner OK Got the leaner OK Gotta be 565756 or 57 OK Am I attractive You are I mean you're pretty but not my type What to say It's just you just ignore it when it happens like I'm not your type it's OK but apparently a lot of people say but that's OK One out of 100 is not that bad Oh my God you don't have to take it back I'm not No I'm not I'm not I hope you're not No no I'm not Ok I'm amazing Thank you I

100% thank you And any of my friends or anybody on the street if you ask them you'll get the same feedback Oh thank you I appreciate that again You just never know In the club we're gonna set up a love match Am I attractive What I mean You are I mean you're pretty but not my type match with anyone They were like we we we bet he wasn't gonna get anyone Well I would too I'd be on the front side with that zebra shirt It's a no go bro It's got a solid color on you and the glass is off I can't believe it's been 100 episodes at least in the front I I don't even know what else to say Uh I'm at lost for words What any what we got a special guest We got a special guest but here we go Come on and go This is this is like the wisdom of us OK This is who camera making it happen and everyone for that uh for those that are watching Thank you guys What an amazing 100 episodes Thank you for Thanks for bringing me on man I've got some notes here Oh my gosh Uh You know good day live here This is our flagship show at studio place Uh it's been an amazing few months Um We have some other shows here uh as you may know um and those show helped bring the energy to this show Uh and they I have a few shout out Um thank you to give to some of our hosts who've also been guests on the show Emily Ford Sofia Perez King Tricia Love Vargas Natasha Graziano Back Liv Deer Yes Hi to Denmark there and our own Sally Colo Welcome to our clubhouse Uh I also have a special thanks to Carrie Ann Kimball He brings us a lot of great guests and also did a great job Co hosts You have a good please check back at the replay for that Yeah Yeah Uh and a special huge special Thank you to Natasha Phillips What happened here Endless work uh working behind the scenes uh which we have other people to thank to our sound man Mickey who I know uh but shout out to him of course Um And I wanna thank my wife Felicia for show production that has been going on here at studio place and elsewhere Also a big shout out to Amazon live for hosting our 100 episodes on Sway TV Uh It's a great platform They've been great partners uh put our show on every time uh and remember to shop the show which is right down here the carousel Uh I think the first item is the Peloton in case anybody wants to get in shape you can you can watch us on the Peloton for you guys first Thank you is to Kyle He has become a great host as you can see And you saw the beginnings I go back and watch the beginning of the show If you want to see how he actually got here he's brought great dignity loyalty and energy to the show which is something we value tremendously Uh Even uh with our powerball that we did a couple of days ago uh check our Instagram uh at Good Day Uh Good under Day Good underscore Day live on Instagram Uh

watch that clip back Kyle I mean reading thinking he won a million dollars Uh You gotta watch that clip He was so calm and so cool Uh And it was amazing and most importantly uh it was a great acting job by Michelle who did an amazing job Uh even fooling uh Natasha by thinking that she didn't wanna do the prank Um It was Oscar winning the whole way You've got to watch it and that's just a clip by the way if you wanna watch the full episode Sway TV live dot com for that Uh that was for Michelle She has been the absolute superstar of Good Day Live taking us from a note card to a show 100 episodes Uh mhm This is the first this is a guest driven I want to really tell you know make a statement here that this is a guest driven talk show and our guests aren't on Zoom except for uh but that's because Kyle loves Batman And so because Kyle love Batman we were able to get him Burt Ward Thank you Roger Neal for that Uh And he is not in the area So we had to zoom him in He is the only zoom guest of the 75 guests that we've had Uh the rest have been in studio which is something you don't see very often anymore and likely not gonna see too much in the future Um And there can't be more than a handful of guest driven video high production talk shows Thank you Black Magic by the way for the cameras Uh They have been very helpful in uh Yes making you look good over the months uh As we continue to take care of the settings for those cameras Um Michelle you have my greatest gratitude uh for everything you've brought to the show You've been an amazing leader Um And we have a little tribute to you Um Let's take a look gotta tell you something I was on the show Uh This is yes this is being played to our new song dedicated to the show Always smiling No way Attraction Good morning This is all a lot of this is outside the studio you're seeing that is the endless energy and work that she puts into the show every day every day seven days a week Tim story Shout out to him by the way huge supporter of the show and look at that big smile on Michelle and look at all those dresses and you know she comes in hair and makeup ready every day in this and on the street is But in the basic segment here she is with Tom Sandoval an amazing body of work over 100 episodes of a 90 minute video talk show with 75 guests plus the guest on Michigan Street That's just a small fraction of what she has done over the 100 episodes Uh And it's not just me that sings uh her praises as well as Kyle Uh We actually have some uh tributes from some of our guests Um Let's take a look I gotta tell you something I was on the show I've done a lot of shows I've obviously had a very long and wonderful career and today was one of the highlights because I got a chance to share with these are genuine comments by these guests Uh

Completely candid to just and it was wonderful It was you can tell how genuine they are all very funny and you know that they were coming on to the I left with a huge those states too but the one that actually did leave afterwards huge smile super appreciative had great things to say And again these are just a small fraction of don't forget I loved it I had a great time Uh You guys are amazing You have an amazing show and it was so cool to have my mom here It was great It was all we it was founded the Dry Bar one of our first guest today This was so much fun First of all you both rock made it super easy regularly So I just want to start and what I really enjoy about just the way that the two of you work is just the kind of real authenticity and the vulnerability that you brought to it It was amazing Honestly it's like e news with like daily Pop Yeah And also I mean you you're such a good team and you guys have such like vibrant great energy Um You just bring out the best I think in the guest totally I was impressed with how part of our live studio audience they made the show and we uh it's very comfortable to be with them and to speak with them It's a yeah it's a fantastic experience You guys make everyone feel at home and uh and there's such a sense of enjoyment and really I mean it's wellness Wednesdays and this place and and you both you and you and Kyle embody that you guys have great energy I have to tell you you have a beautiful set coming from an interior designer I love your set I love the chairs love the color being on the show is like with some old friends Daniel Hall Big shout out to Daniel Hall time I felt very comfortable I felt free to be me Oh man I'm even getting teary eyed guys It's been a great 100 episodes Uh and I did want to honor you by getting you a gift What Michelle loves gifts I love loves gifts Uh And this is uh something that oh my gosh what we hope that you take and cherish but she can't give it to her What is this And we even got one for Kyle too He's not a big he doesn't love gifts as much as Michelle does but he has been such an all star for this organization and we are super appreciative of both Michelle and Kyle Open it up Let's see you Are you kidding Oh my God my first award Oh no way with my name on it Thank you so much I know we're not supposed to move but I'm gonna give you a hug like like like thank you And let's take a look Michelle let's take a look at the Michelle's camera here right into that camera right there Michelle Uh There it is beautiful uh in recognition of 100 episodes Michelle Murad and Charlotte Charlotte and Kyle as well Couldn't have done it without you man There it is I never got an award before This is great So that's what we do here at studio place and Sway TV on Amazon Live on Good Day Live Now with that I'm gonna again congratulate you

both on 100 episodes and I'm gonna let Michelle close out the show as she has done for the last 99 episodes Uh Take it away Michelle Oh my God I I mean what I just like I am so so grateful to not only have the privilege to be working with you and Kyle and and Natasha but uh I I really I just this is beyond my wildest dreams always And you know that and I I love you and I love everyone that's been part of this show from day one And um here's to many many many many many more And if you're just tuning into our show uh thank you for watching and whoever you are Um I hope you find the good in your day and spread it to whomever you may and remember that what whatever you want and you wish for it in your heart it will even if you put it in the hard work it will come true And thank you for my very first award 100 episodes of good day love Yes I put my back in the box when I drop it Have a great day Thank you Thank you Thank you I'm gonna need a bigger place for all my heart Awesome Awesome Thank you so much Congratulations You're at the Yeah I don't know Thank you guys again for staying with us for 100 episodes Yes