

If You Want To Be Happy, Ask Yourself This!

Do I really want happiness or would I rather have a partner A lover family marriage kids Do I really want happiness or would I rather have infinite money Do I really want happiness or would I rather have unprecedented and unparalleled success Do I really want happiness or would I rather have health This thought experiment the point of it is not to make you choose in a practical sense in your life So it's not to say that you can only have happiness or this other thing right No happiness is the effortless path to success OK It's the lazy smart path to success It's a direct path to success Happiness is not just the greatest success it also leads to success right So we know that empirically we also know that experientially that being said if anything or anybody comes before happiness is more important to you than happiness I promise that you are only postponing happiness OK And from an effortless success perspective you're also postponing real authentic deep lasting abiding success OK And so please ask yourself these questions today