

LA Unscripted | October 17th, 2023

From hot spots and hidden gems to lots of local flavor It's your guide to L A the unscripted way Hello and welcome to L A unscripted I'm Devin and we are rolling out another 30 minutes of all things So Cal and we are leaving no detail unturned It's L A revealed the unscripted way I live in Los Angeles I am a designer who runs a sustainable and ethical clothing brand called Lossy Clothing and I'm just an all around creative WASI is a K A word for home It's a word that my grandfather translated for me The last time I saw him Wasy is kind of like a way to honor my ancestors to honor my grandfather I try really hard to be ethical and sustainable but also offer a diverse you know options for my customers It's to honor the ancestors make my customers feel at home and it's just home for me as well My family is from Bolivia Both of my parents immigrated from Bolivia to the US in the eighties Now as I grow older I do really appreciate going back to Bolivia visiting family and learning more about my culture learning more about my history and all that stuff I remember when I got into design and like doing art my dad was like very persistent on incorporating believing culture It took me a while to finally find my way and be able to incorporate my believing culture in my own way while also incorporating my own style I've been working in the fashion industry for a little under 15 years now I worked on design teams So I kind of learned everything there needed to be learned with working in the fashion industry So that's how was I got started It started off with me doing all the sewing and the pattern making and everything on my own and doing everything made to order and then the business kept growing It's been I think about five years now since I've been running wasy clothing and it's been great So it's been really exciting to see my see people buy my clothing It's been a journey of evolving and growing And then in 2020 the business blew up And after a couple of years I was able to take it full time So now I have a team of you know production people who work with me and I get to see people on the street wearing my stuff I get to see celebrities sharing my stuff So it's been a really great really exciting journey So Stephanie Paris from Incanto Olivia Rodrigo is also a fan Carly Klaas has shared the business Uh Jessica Alba has also shared the business I've met so many other Bolivians through my brand So I've been able to grow my own community and find other artists like stylists and other designers and jewelry designers I never had a problem with being too ashamed with my culture and who I am But now I feel like I've taken this like other step that I didn't even

know I needed of empowerment um with my own community here in L A She's cool She's bold and she's taking you places You don't always get to see Check out where Olivia in L A is today Hi I'm Mary Scott from Mary Scott Skin Care So I have four skin tips for you Ice your face change your pillowcases a few times a week wear sunscreen every single day and reapply and don't pick your face no matter what's there This is special to me because Mary Scott saved my skin I started coming to her about five years ago Probably when you first launched you wanted to do interviews Olivia had cystic acne but I taught you how to take care of your skin at home So when you first came in I gave you all the skin tips the D's and don't how to use products medicated products properly I slowly introduced them into your skincare routine Look at her skin it looks beautiful radiant I founded Mary Scott Skin Care in 2018 I've been an aesthetician for almost 25 years It's my passion It's my love I love helping people I feel the difference between Mary Scott skin care and other places Skin care places is we educate our clients our patients we literally walk them step by step how to take care of their skin at home This city I think is very special in lots of places But I feel like it's also very harsh on our skin in a lot of ways We have pollution We have tons and tons of sun Almost 365 days of the year We have heat My biggest tip to everyone about for anti aging hyperpigmentation Um Wrinkles is wearing sunscreen and a mineral sunscreen and reapplying when people come in and they're like I was so depressed I didn't know what to do I've been do you You were my last resort just when people come in and there they had that smile on their face and seeing the before and afters are amazing II I can't believe it myself Sometimes you literally can't watch this show and not walk away smarter about all the things social has to offer It's our job to keep you in the know we should all be aware of the risk of breast cancer You know throughout time one in eight women will develop the disease in their lifetime The real secret sauce with uh mammography and mammography screening is finding disease at an early stage stage One or early stage disease Over 95% of women can be treated successfully This is Dr M I met him three years ago when I came to Tarzan to get a mammogram But this time Dr M brought the mammogram to me Who is this This is ma the ma ma go inside and take a look Let's go inside Maddie The NAMO coach has been with us for three years so far and the volumes are steadily increasing and her service to the community is forever expanding They call this an exam room on wheels But honestly it feels just like a regular doctor's office The advantage of this mobile unit that we're standing in is that we actually have the very same

technology that we have in our brick and mortar facilities here in this mobile unit So a woman can get the very same imaging in this facility or in this mobile unit as she would in our brick and mortar facilities Hi how are you My name is I'm going to be your mom today I'm David Nice to meet you Nice to meet you too All women at average risk age 40 above should get mammograms Women with higher risk of developing the disease or a first degree relative earlier than age 50 may get mammograms starting before age 40 Even higher risk women women with BRCA mutation for instance may start screening even earlier at the age 30 Here's where the magic happens I think a lot of communities that Maddy services community members who may not be getting screening First and foremost currently it's being used anywhere from San Diego to Sonoma the entire state of California We have another vehicle in Arizona We have the flexibility of traveling anywhere that the roads can take us to access you know underprivileged populations populations that may not be able to access health care And this really opens the door to women who would otherwise not be accessing health care specifically getting their breast imaging studies done This is not bad at all You can find out where this mobile unit is at any given time by going to brest link dot com It services various events in the community and around the state and there's much more ahead new hotspots and hidden gems When L A unscripted returns Welcome back to a unscripted and some very happening things we've uncovered just for you I've always loved getting dressed but I hate shopping and I hate the process of going through getting dressed This is the worker This is the original one that we launched with Do you feel like you like baby You're so my baby I think it can be really stressful figuring out what to wear And so I wanted to solve for the problem of what do I wear Make it really simple You zip something on you walk out the door you feel confident you feel dressed We evolved into the people wrote in and said hey do you make a long sleeve version But I will I'm a mother of five I needed my Children to also see that you can create something from nothing And that's what we've done here is created something from nothing in this garage This is amazing for evening for going out I was at a Halloween parade and I was watching this pack of fifth grade girls come out into the parade and they were dressed up as Rosie the Riveter all wearing jumpsuits And there was in that moment where they look so confident and powerful And I turned to my girlfriend and I said I know what I'm gonna do I'm gonna make jumpsuits and she was like what And so I grabbed my nephew who had just graduated college at the time and I said I have this idea and I wanna make jumpsuits

only jumpsuits and they I wanna make them all in Los Angeles And he was like Aunt do let's do it And so we started he and I together on this journey 2018 and so on my very best friend's birthday I launched with one jumpsuit and we did it on Instagram and I did it here in the garage And then by day two we were completely sold out of the style and I was like oh my God my friends are so nice I think that's so fascinating to me is see like where you started and where you're going Thank you And then we also we do inclusive sizing too So we have denim like with tons of stretch This is nylon it has no stretch but it's kind of loose and you can move and it's gonna lose Our collection has grown as well All of our fabric is purchased through local people in Los Angeles However our fabrics are imported Our jumpsuits are all as I said produced in Los Angeles downtown We have incredible talent right here in L A and it's really important to support Oh that's so cute I think for me when I started this company I had very clear goals in mind and one of them was I had said I really want to have Oprah wear one of my jumpsuits and I was on the Stairmaster I was like oh my God she's wearing my jumpsuit I will always be here in the garage I need to be home at home is really important to me I hope that with every jumpsuit people zip on they feel a little bit of home and they feel comfortable and then they feel happy and confident because that's what's really important to us Pretty cool Right Ok Don't go anywhere or you'll miss our next L A unscripted hot spot Welcome back to L A unscripted and guess what we're exploring right now We love stories that are women owned and women run so much that we gave California girls their own segment Check out tonight's fierce females So if we think of just really the history of spirits women were the first ones making beer women are the first ones making tonics We were the first ones making spirits So we've been here It's been a place for us We just weren't celebrated in those roles I Tracy I'm really excited to sit down with you because not only are you a whiskey expert you can help a girl out because I'm not really a whiskey drinker Very excited to be the person that helps you learn to love whiskey People have called me the whiskey Wh so many people take it and they just shoot it as fast as they can But if you take a tiny sip let it roll across your tongue your own saliva will bring the proof down but also your taste buds will start to really pull apart all of the different flavors and molecules that are in the whiskey My mouth is literally watering I hear you describe it We were always taught that when women drink whiskey you're going to get hair on your chest and nobody wants to have a hairy chest But I what we found is that women have a much more a strong sense of smell and

they are able to actually find flavor that's in whiskey We are here at cafe Birdie's They are a part of elevate the highball with uncle nearest premium whiskey My name is Deron Powell I'm a bartender here at cafe birdie Tennessee peaches is uh is a high ball for uncle nearest that I was able to create and a tribute to uncle nearest in the south and my family in the south So when uncle nearest the opportunity came and I'm thinking about the south it made me think about my grandma uh anime Honorable and uh her peach cobbler But I also didn't want to make it a a dessert drink So I wanted to add some herbaceous elements to it So that's where the basil came into play Uh Yuzu was gonna be bright and refreshing with notes of grape fruit and a little bit of Mandarin Oh my gosh Wait I want it again because I feel like there's so many different levels to the flavor I've heard about the Uncle Nearest brand but I know that it is just such a special story Can you tell us a little bit more about it Near Green is an incredible person who was actually born in the 18 hundreds So he was an enslaved man who actually worked in Tennessee work for the a preacher called Dan call at that farm A young boy came through who actually was one of the youngest in his his family was having trouble keeping food on the table That person was actually Mr Jack Daniels So it turns out that from the story this relationship together the two of them really created the brand the whiskey that was Jack Daniels Back in 2007 we were discovered the story and created a whiskey The uncle near premium whiskey really honoring uncle near on his own and the legacy that he has in the whiskey You've now turned me into a whiskey connoisseur This is my goal in life Thank you so much for letting me do it Jasmine think that's all we have Come on now California is massive and we won't stop until we've covered it all Welcome to Casa 0101 theater It's our little theater in the bar They can come on Hi I'm Jose Finna Lopez I'm the artistic director of Casa 0101 theater I'm also a Chicana activist playwright and screenwriter and I'm the creator of real Women have Curves I'm amazed that it's been more than 30 years since I wrote it since it premiered And it's had over 100 productions and it's Broadway Bound I was born in Mexico in San Luis Potosi My parents brought me when I was five years old I didn't know for a couple of years that I was undocumented And then luckily at age 18 I received amnesty and I was able to qualify for college So during that year I worked at a sewing factory with my sister and my mother and in this sewing factory I learned uh about the value and power of being a woman And I saw how these women worked together and I heard their stories and it was such an inspiring experience because it was really hard work So I wanted to

portray this in in in my movie and my stories I was inspired to write real women Have Curves because I was studying theater at the Los Angeles County High School for the Arts And I was studying to be an actress And I had my theater teacher who really believed in me as an actress And she told me that I needed to lose weight Otherwise I would be relegated to play the stereotypes And there was a part of me that felt really angry because I realized that you know I started feeling ashamed and then I was like well why should I be ashamed You know I'm Mexican You know I had nothing I had no say in that I'm a working class person you know and for me to be any to have any kind of shame when my parents have worked so hard to live a dignified life You know something inside of me said there's nothing wrong with you Society is wrong Society is wrong for telling women that they have no value besides being sexy You know society is wrong because society doesn't give women opportunities to be authors of their own life and of their own destiny So in that moment I decided that I was gonna change things that I was gonna write stories where girls like me got to win It's Casa 0101 house you know Casa means house but it really means home It's a 99 seat theater here in Boyle Heights And it also has a gallery and classrooms and it's a place where a lot of dreams have come true So we named our theater auditorium the Gloria Molina Auditorium because she was one of her biggest supporters I'm actually writing a play about her life Uh I'm very honored to do that She really fought for our community to have representation not just uh city wide for funding but also for the arts So you know when I graduated from college I decided to move back to Boyle Heights And I remember a young man came knocking on my door asking for money because they needed to bury a relative He spoke to me and he could tell by speaking to me that I had gone to college Well what are you doing living here And I said to him so that you could ask me why I'm here so that you could see that we can redefine success I go and I travel and I get educated and I bring back this knowledge and this wisdom to my community for those who cannot leave this community Because now these people can dream and they can they could know that they could be on Broadway or they could be uh the hero a superhero on a movie screen to know that people's dreams are coming true on stage Keeps me going keeps me fighting and Josephine isn't slowing down Her newest play Queen of the RBA About Alicia Parla the Cuban dancer who set the world on fire in the 1930 is currently playing it ca 0101 And that is all the time we have for tonight Thank you so much for hanging out with us and thanks to the bamboo club

in Long Beach for the chill spot to host our show Good night everyone will see you next time