

LA Unscripted | June 8th, 2023

Get ready to take notes because we're revealing the hotspots and hidden gems You'll want to add to your L A unscripted to do list Hello and welcome to a unscripted I'm David Devin coming to you from our L A offices in Hollywood Now obviously we don't just cover this neighborhood We cover all of So cal bringing you places we think you just shouldn't miss like this one Oh my God that's so good L A is a doughnut city There hasn't really been you know a doughnut like the one that we're serving warm soft inside is delicious You guys know me that is do you have any on my face OK Those of you that know me and watch the show No I'm a huge doughnut fan but I may have actually found the holy grail of donuts right here in Larchmont Village I'm going to explain come in Holy Grail is a terra donut concept originally founded in Hale Hawaii and we currently have four locations in Hawaii and two in Los Angeles Now along with a roaming food truck that's hitting the farmer's market and events Holy Grail was founded as a weekend pop up out of a burger trailer in Hale Hawaii uh back in 2018 And I started this concept with my sister Hannah as a way to really reimagine and redevelop the doughnut industry from scratch based off of the ingredients in our surroundings Being quiet at the time our food truck which we started out of is literally across the street from the largest taro fields in the whole state of Hawaii And so it really made a key light bulb moment that this is gonna be the starch that we integrate into the doughnut Oh my God they're still warm fresh crispy terrible donuts Taro is a starch grown um for the most part in flooded fields So it's grown similarly to rice However it's more closely related to a potato or sweet potato There's cultural significance to it in Hawaii but it's also a phenomenal ingredient as far as being iron antioxidants This is our Lilikoi glaze mom just made it in the back What is a little fresh Lioi It's passion fruit mom Come here come here Are you so proud I'm so proud Oh my God That's so cute that you're helping him out She just made this I It's a labor of love I love these kids Where did you get the name Holy Grail What does that mean to you Well as we're attempting to redesign and you know reimagine the doughnut industry as a whole We are attempting and I believe developing the Holy Grail of Doughnut experiences And that's why we built this concept from the ground up based off of a made to order hot fresh doughnut lili It's a new favorite word Lilikoi We're the only doughnut shop in the world to actually use single estate single origin chocolates on our doughnuts These are toasted borch marshmallows Oh I hate the spice

chocolate is delicious So we did actually find the Holy grail of donuts I love them so much They're a glazing Um And we're just getting started You know what There were 39 million people living in So Cal takes a lot to keep us all entertained Thank goodness places like this keep popping up Hi Jasmine Welcome to our show room Let's shop Ev Denim is a brand that I created focusing around upcycled denim and contemporary elevated jeans Funny enough Denim kind of came to me and when I was younger and in high school I would go thrift shopping with my friends and family and I found a love for vintage jeans and would take men's jeans cut them into shorts And then from there it kind of just developed into a whole brand So these were the guys that put us on the map which you have love them Um They have the exposed side and chain detailing which is super sexy How did you come up with this I was on an airplane and I was just sketching I wanted something that had an industrial feel but also very um exposed and sexy We had a few big influencers wear them and that really got the ball rolling for our online business Kylie Jenner Haley Bieber Kendall Jenner like all all those girls we really saw growth during the pandemic Everyone was online shopping We were lucky enough to kind of grow through that period I love that you guys have an assortment of colors in the washes washes are a part of what makes us unique I love to replicate vintage washes This is our Frederick Jean This is the one that I have on This is our cargo pant which has been our best seller And then and this is our upcycled stuff Upcycling is amazing because you are zero waste We try to keep our carbon emission down We um use biodegradable poly bags recycled trims So every step of the way we're really trying our best So we pulled a few pieces for you Oh my gosh look at these guys I'm in denim heaven Let's go So I think it's safe to say you're probably one of the youngest women in fashion here in in L A How does that feel I'm really proud to say that I am produced in L A It's very cool It's surreal I I feel like every day I check myself I'm like I can't believe I'm living my dream amazing things everywhere you look in So just like this spot we uncovered and had to visit My name is Bridget Siegel and I'm the chief operating officer here at Heart House So what is Heart House So Heart House is a fast casual restaurant brand founded here in Los Angeles by Kevin Hart Few years ago Kevin really got into more of a plant based and sustainable style of living And once he sort of went back out on the road he realized that a lot of those options simply don't exist or are really inaccessible to everybody in the community I don't know a lot about plant based food What can you tell me to convince me that it's just as good as regular meat So the best thing you can

do is try the food What do we have here So we have a few products across our menu So we'll start over on your side So these are our chicken sandwiches Alright here we go The taste test just like chicken nice spicy to it that it has the right amount of a kick to it The tats are a fan favorite They go well with all of our dipping sauces Cheers So this is perfect for me because I don't eat red meat Everyone can enjoy a burger and you're not sacrificing any of the flavor So my favorite thing of any restaurant is the fry So I definitely have to taste the fries Absolutely Can't have a burger without fries crispy warm delicious So you have to try our shakes It's one of our signature menu items Cheers Thank you so much for the invite Who said plant based food can't be delicious Eat your heart out and there is so much more ahead in script will be back in just a moment Welcome back to L A unscripted from our home base here in Hollywood I'm Devin and we didn't have to travel too far to bring you this hidden gem Now I see why you said too much meat because if you put too much meat in it there's no skin to fold Food is like a universal language I grew up in a household where there was a lot of cooking and family time and I think that's always brings people together and so to be able to cook and share a meal with people It's my favorite thing No Witnesses is a reimaging of the 19 seventies reboot of the original with David Car And it centers around our hero and Asian American female Nicky She and her family in San Francisco Chinatown It's filled with martial arts of the family relationships and food I grew up eating a lot of Chinese food and which is why I'm so excited for today and our dumpling class But I think something that I look forward to on set every day is our family scenes Our family scenes are always centered around food and traditional Chinese meals and you'll see them on our table We can't eat them all the time because they are fake or their cold But it's always really fun And every day when we were filming it's like drooling So I'm very excited We have some feeling in here I just have some ground pork You could use ground chicken I have some scallions white wine cornstarch salt and pepper Super easy filling food and cooking is a gateway learn about all sorts of cultures My last cookbook has over 170 globally inspired recipes And I think food is our lowest common denominator And we learn about each other We break bread we heal relationships and it's a way to keep our legacies going We're just going to take some dumpling wrappers You can get these at any well stocked grocery store Ok And then let's just put about a teaspoon in the center of the wrapper Of course you can make the dough from scratch But you know who has time for that The impac is a local Los Angeles business and we host cooking

classes all over the city with different chefs We host cooking classes with chefs from all over the world Uh We do a lot of pasta classes pizza classes dumplings arepas uh empanadas all sorts The dumpling class is also about 2.5 hours long and we learn how to make different types of uh dumplings from the more traditional types to like nutella dumpling So it's super fun And you learn how to make the dough how to seal it and how to make the fillings No matter how they look they'll taste delicious but they are a centuries old delicious thing that people love to eat And it's really not that hard Once you master the time modern technique next we're just going to take our fingertips and we're going to moisten the top edge of the dumpling wrapper Just one side See that it looks like a baby taco Take your three fingers we're going to twist and we're going to press against the flat side You might need a look Oh my God you did The beat is kind of popping out You you're doing awesome We are dumpling making experts No big deal You guys don't move or you miss something really cool I promise L A unscripted will be right back Hi Ellie and scripted David page here So excited to bring you some of my favorite post workout stretches We've got a runner's twist followed into a low supported lunch Join me down on the floor in a high plank We'll get started right here Let's go You'll be in a high plank Step your right leg back left foot right here by the side of your left hand We take a deep exhale as we open up getting into your hip flexor opening your chest eye gaze following your hands come back down to your plank Drop your right knee down on the ground Lift up right here and lean forward We're focusing on our right hip flexor as we inhale reach up lean back stretch the front side body get a little vulnerable All you have to do is take it down to the ground switch sides right here Exhale open come back down drop your left knee low supported lung inhale reach up take it back down You can take your time with the stretching It's always important to go a little slower with your stretch Use your breath as a tool Thanks again you guys I'll see you next time Welcome back to a unscripted I'm de from our offices in the heart of Hollywood We have our finger on the pulse of all things local Let's toss it to Jasmine on the job Today The folks at Pho are putting me to work inside their Huntington Beach factory Let's see if I get the job The pie hole is a uh family run uh regional uh artisanal pie and coffee shop here in Southern California Uh we also have some international locations and um we make the best damn pie in the world The pie ho is founded uh by me and uh the pie Mom Becky And um we're using as a base uh five generations old recipes from Becky and her family And it was her dream to open a pie shop in downtown Los Angeles to share

happiness One slice at a time Yeah the first location of the Pie Hole was in the arts district of Los Angeles The Earl Gray tea pie is probably our most famous and popular We also have savory pies as well So we had mac and cheese pie and chicken and corn bread and um Shepherd's pie And uh you know a lot of different variations of uh meat pies as well In 2019 we we had this we had this epiphany that you know if we're going to remain relevant and we're gonna want we're always the leaders in pie We like to say um what's the next big thing And we came up with this idea of the pie hole which is like a snack It's a little tasty treat It's easily portable Um We can do all kinds of different flavors because essentially it's our delicious butter dough um stuffed with our pie filling with a glaze on top Hi Jasmine Welcome to the pie hole production commissary Super excited right So this is what we've got planned for you today You're going to flu That means you're going to make all the crimping on the crust of the pies I think I did better on number two And you're going to pour and measure very meticulously all the blueberry filling into our vegan blueberry crumble pies Oh my gosh It smells so good And then last but not least you're going to help us glaze blueberry pie holes Oh yeah I love it This is fun You know what's even fun taking one to eat I don't think anybody's watching but we came up with a name for the pie hole because one we like to have fun You know we always say pie is messy and and we try not to take ourselves too seriously And the pie hole is a fun name Nobody ever forgets it I can't believe I made this Yeah so good I think I got the job Oh my God Sure We're all about hot spots But let's hear from a really cool sponsor So the first thing we're gonna do is work on your base technique What are the rules of kickball Sure So kickball is very fundamentally easy It is baseball but as opposed to a bat your leg is the bat Everyone can move their leg forward And that's all you need to do is kick Obviously there are technical things that can improve your game play but it's very easy nice easy pitch right over the plate I can do it All right I I was perfect So out loud sports was founded 16 years ago here in Los Angeles basically is a way to socialize our queer LGBT Q community outside of the bars in a meaningful way because for me at the time there was really only bars like parties profit events things like that But there really wasn't community building And we so often used the idea of the LGBT community but I never saw a lot of it because we were all sort of segregated by just drinking or not drinking And I wanted to see a different world where we could be together and have a good time Kill it Yes And so we started the first LGBT kickball league in America that year And at that moment I was

thinking to myself well I don't know if this is a business but I certainly know that this is an opportunity And slowly since then pretty much over the last 13 years we've grown into 24 cities I believe And we've made a huge difference in a lot of people's lives Yes you're supposed to Olivia you're supposed to run you're supposed to run No anyone can join The one thing that I like to joke about is that if you're not good at sports this is the league you join Kickball is a means of things The sports are a means of things of getting a community together So if you're an ally or if you're queer come here Olivia this time it's going to be a little bit harder like this boom boom boom I think I got it So I think when it comes to what do you bring back to other people You know there's going to be that confidence there's going to be that energy but there's also going to be that passion And then when we started with kickball We said we can do leagues We can actually have people that show up and want to compete on a weekly basis So then we jumped into bowling and then we jumped into tennis and then we jumped into soccer and then we jumped into beach volleyball and then we jumped into flag football and then we jumped into dodgeball and then we jumped into indoor dodgeball We've really been enhancing We're about to launch pickleball here in Los Angeles And there's this predisposition especially in our community the LGBT community that we don't fit into the locker room culture that we don't fit in to what you would see as a typical athlete I was a nerd I was a tiny nerd who wore Sally Jesse Raphael red glasses and I'm now running sports What that taught me is I can trust myself through the experience and I don't need to be afraid just as long as there are people who are not going to judge me in the process We and that is all the time we have for tonight Thank you for joining us We'll see you next time