

LA Unscripted | March 24th, 2023

From hot spots and hidden gems to lots of local flavor It's your guide to L A the unscripted way And tonight we're going on a so road trip grab your car keys some comfy shoes and a big appetite because we are hitting the streets from the east side to the west side for the best side of So RR Auto Group stands for revision repair I'm Dana Nice to meet you Likewise Thanks for having us This is such a nice place All these nice cars R and R Auto Group is a full service collision center and auto customization center where we are car gold facility We are certified with 19 different auto maker straight from the manufacturer and we work with all insurance carriers for all your accident claims Car is the highest standard of training in the automotive field What is this That's actually uh the inside of a headlight on portion It looks like something really cool So we work on all domestic foreign and exotic vehicles We specialize in exotic vehicles rolls Royce Bentley Lamborghini mclaren We also specialize in Mercedes Repairs Audi and BMW and all of your domestic manufacturers as well We are a one stop shop Not only could we fix your car but we could customize your car to your imagination We do wheels tires rims uh vehicle wraps uh Starlight headliners lowering Uh we could raise your vehicle You can pimp them out Yeah Anything you can imagine Pretty much as a kid I always loved cars So growing up it was a fascination of mine My uncle had a collision center where I kind of learned the ropes over there I don't look at it in a sense of I have my own business I'm an employee here just like everybody else It is my obligation to service the customers that walk through our doors and make sure that they get what they deserve and make sure that their trust is appreciated when they leave Yeah I thought Tesla had to be done in other places So we're one of the few shops that could order parts directly from Tesla since we are certified when you go back to the dealership your warranty is still intact with the automaker because we use all original OEM parts and we repair it with manufacture procedures You get a lot of celebrities in here Uh We work with some celebrities like offset Oh really Yeah And he bought Cardi B those bright colored cars and you can't even drive Yeah If you got in an accident you could definitely contact us by either calling us or a direct message to our Instagram where we will send a in house tow truck to pick up your car free of charge to you And afterwards we will take the whole process of your insurance claim from start to finish satin blue That is so gorgeous And so you guys do wrap here to tell me about that Yeah so vehicle wraps we could

pretty much wrap any color You can imagine if you want something custom we could actually even print it for you One thing that definitely makes us different than anybody else is uh no matter what kind of car you drive no matter what you do for a living whether you're in an expensive car or fairly cheaper car do not treat anybody different based on what they do or what they drive You will be treated like a celebrity and you will be treated like royalty All right let's head to Highland Park where we can grab some road snacks or the making of an entire meal The one thing you won't get the plastic Ok And scriptures are you ready to connect more with your food and the planet Well here's the place to do it Thanks to over 500 refillable b goods stored in these beautiful I'm Grant Boaler the store manager at re grocery So re grocery is a package free grocery store here in Los Angeles And the main idea is that people will bring in their own containers um to buy you know groceries bath and body products cleaning supplies and pretty much everything else It's a plan you know reduce reuse recycle re grocery It's sort of our mission of the stores to be as you know low waist as possible package free as possible I feel like I just stepped into the future This place is so Zen and calm I love the feeling So we have you know rices beans snacks dried fruits baking oils vinegars all sorts of stuff So I would say out of the zero waste stores around here we have a pretty great selection Walk me through the customer experience So basically you'll just take your empty containers here and we've got our waste station here So basically you just take the empty container place it on the scale there It'll show up with the weight you'll just take one of these tear tags hold it up to our reader and then just attach it to your container and this will save the weight of the empty vessel Easy peasy and plastic is such a huge problem There's so much of it Do you guys feel like you're really doing your part We keep track of our tear station up front and we've had a since we've opened over 100 and 50,000 taps on the scale up there which equates to about 15,000 pounds of packaging that we've saved from going in the landfill We're trying our best to do what we can for this It's a colossal problem but we're doing what we can I feel like this store is perfect for this neighborhood Highland Park's a really really great neighborhood It's great to be a part of this here and it's really great meeting people from the community every day and we have so many returning customers that we love so much So it's it's just a great place to be All right coming up grab lunch with Jay Z is a right and Diddy and chill out in Culver City Welcome back to our so road trip and we are hitting the historic neighborhood of West Adams where soul food is on the menu Thanks to one

man's dream I grew up in the projects in the impoverished community The options were limited The opportunity just wasn't there I didn't have no huxtable family down the street that I go down to like the the examples were street I followed the example and I landed where everybody land in prison I did 10 out of 11 years And today we're having different conversations about me right I'm having different conversations and my legacy has changed My name is Chef Keith Corbin and I am the executive chef owner of Alta Adams Restaurant and we specialize in California soul food Our food is so good because of the love that we put into it I think we took a lot of time developing these recipes and I think that it really does show in the cuisine we're definitely known for our Alta fried chicken Hi my name is Ray Du Bozo and I'm the sous chef here at Alta West Adams I wanted to create dishes that I grew up eating soul food in a sense is is big The collard greens I grew up eating watching my granny cook them Soul food is working with what you have and really putting your heart into it We go to the farmer's market multiple times a week to source our vegetables and support our local businesses Currently our most popular cocktails here are the Angeleno Cali Christmas and the Genevieve The Genevieve is a gin based cocktail Um It features lemon juice a lavender infused simple syrup and elderflower liqueur It's garnished with a lemon peel and lavender buds and then we have the Cali Christmas It's a Cranberry Hibiscus cosmo the Angeleno It's our take on a Manhattan I get a lot of my inspiration and ideas from the kitchen Last week Chef Keith brought in a Buddha's hand and I'm in the process of turning that into Limoncello I really feel like we are a family here It really does mean a lot to me to be a black female chef in this industry and I hope that other people feel like they can do it because anyone really can be anything that they want to be Chef Keith comes from a similar background as my dad So it was very comforting for me We have like a better understanding of each other This community this neighborhood is parallel to the one I grew up with I grew up in Watts right Black and brown community So it was very important on how we came in and that was almost 2.5 years ago Now you have about 10 to 12 restaurants on this street You have a hotel you have a lot going on Some people say that we were the beginning of the change to break through and to be able to have a place that's cultivating black chefs to go out into the world and bring their knowledge bring their influence bring their culture bring what they've grew up eating what they have to this field this industry right We can change it we can definitely change it You know what happened Feels like pack your bags here baby Believe OK that 7-Up cake

was next level no joke But I got a dream for some ice cream So let's hit up Culver City where all the cool house kids I'm Natasha founder of Cool House and Dana I dare you to come chill with us in Culver City and scoop Some ice cream salmons are really iconic product is the ice cream sandwich That's what we're known for I have been hearing about Cool House in Culver City for years They make these ice cream sandwiches and their monsters were definitely going with the Sammy it's world famous It comes in this little edible paper So what you're giving people besides like this amazing ice cream But also this thought packaging have to So I'm an L A native I'm actually third generation and we're actually the only national ice cream brand that's truly from L A So it's funny because Cool House a lot of people ask why the name it's after the Bauhaus Design movement So that's why we have the H A US Very architectural My background's in architecture Rem Coolhaus is one of my favorite architects but then they do kind of look like little cold houses So you know you got your cookie floor slab and roof and your ice cream walls Oh my God Look at these flavors Yeah we've got three cart chur dough a milkshake and fries What is that So that was like designed for I feel like there's you know that whole covert world like dipping the fries I wanted to make sure those people felt seen you know so we made the most flavor where we throw the fries in already And that's so good when we were starting the ice cream company The only thing we could really afford to do was an ice cream truck and we wanted to re invent it for our generation So we wanted to launch a Coachella But then when we tried to get an ice cream truck the only thing we could afford was a beat up Postal van with no engine So you know how are we going to get it to the desert We figured out that if we joined AAA Platinum we got one free two mile tow So the morning of coach he pretended the truck broke down even though it never drove and they towed us to the desert and a legend was born Where do I start Cereal cookie Our peanut butter Captain Crunch and we're going to go for the farmers market strawberry cheesecake dough ice cream Oh my God I'm getting like a brain freeze That's what I get for being greedy What does it mean to people when they find out that this is a female owned business and like you said queer owned business I think it means a lot to people when they find out I think one is about visibility My feeling is the next generation to see what's possible and realize that you can you know be anyone look like anyone and run a business and create your dream and enjoy doing it What are we doing to actually help help with our platform to give back We actually created this flavor for black girl ventures They are amazing They're an

incubator for black and brown female founders And so this is kind of the newest cool house development right These are premium cones There's no real premium cone in the whole marketplace like in the country Hey J Chero Natasha I don't know if you know this but some of your ice cream is defrosting over there Check that out Yeah just might want to look at that just so you know Bananas Foster Bye Natasha Thank you Oh ok bye Ok So she made me this Fruity Pebbles sandwich with Thai tea ice cream inside Oh I still fantasize about it to this day Ok When we come back we grab a slice of glitter pizza and finish the day with the So welcome back to our ride through some of so how best east and west side spots But right now it's time to pull over It's almost like tasting a glass of wine because there's like layers of flavor to it We're an Ecommerce coffee company We sell primarily Hawaiian coffee beans I partially grew up in Hawaii and I went to high school there And uh yeah it's just a beautiful place I mean it's the people are amazing Go grab a cup of coffee get to know them Um We say talk story in Hawaii I feel like some of the best ideas are you know had over a cup of coffee It smells so good It is honestly that is the best smelling coffee I've ever smelled in my life Hawaiian coffee is a very unique grade of coffee essentially And so it's actually the largest producer in the US So 100% Kona coffee is one of my line and that is just uh really high in coffee is very niche very gourmet And so you can definitely taste the difference Actually on the big island it's grown with the volcanic soil It just provides a very rich environment for the coffee to be able to So we have our Hawaiian blend which comes from Maui and Colombia Then we have our 100% Kona single origin from the big island We also have our decaf Brazil and our 100% Wailua which comes from the north shore of Hawaii the big surfing town and I work with a local roaster on Oahu and he's been doing this for over 40 years And so he knows all the farmers that he sources from and they're paid fair wages It's all fair trade organic So it's very important to me So we take a couple of scoops we have it pre ground You wanna make sure it's a fine consistency when you grind it there's something so satisfying and relaxing about this especially because it's raining outside strong but mellow smooth I definitely all definitely earthy I think that's probably the lot of rock that you were talking about right It's so good You guys we donate half of our profits to fighting human trafficking Eventually I took a trip to India to work with women who have been trafficked So that just really solidified my passion for this And I love coffee So it made sense to put the two together and we're committed to the two nonprofit partners that I support So one is called Ho Oana Pua which means

New Life for our Children It's a Hawaiian organization and they help Children who've been trafficked on our island And our second nonprofit partner is beautiful feet Wellness It's a Denver based organization run by a survivor herself and she provides wellness services yoga thematic body therapy to help women who've been trafficked process their trauma Even if you're struggling in your life you're going through something just knowing You know when you take that first step in the morning you're making a difference in these women's lives So I also have a line of Hawaiian flavored pancakes So we have our macadamia nuts coconut and mochi And so um yeah we started it around the holidays We thought you know coffee and pancakes Perfect combination My God How good do coconut pancakes sound Cheers I'm so proud of you Congratulations How old are you By the way I'm 28 Look at her and you won't want to wait for this We're heading to Santa Monica for some glitter pizza It's really just a fun thing that we do Great for kids parties Great for pride Month We've just been having a blast doing it for about four or five years Now the glitter is totally edible FDA approved It's made for human consumption Dagwood's pizza is just the most loved mom and pop pizza shop around we've got some really fun pizzas that you're not gonna find anywhere else We've got a Korean barbecue pizza Of course the magical unicorn pizza they're so sparkly they're pre pizza and we're just going to stare at it We're one of the first companies to appear on the show and we are really happy to be back and celebrate with some awesome magical pizza with you guys Woods has been around for approximately 20 years Dagwoods for a long time has placed a big emphasis on our community We have always felt that we've got to give back to the people that come in and give to us every day We have give back nights almost every Tuesday of every month where a certain percentage of whatever money is made we go back to the schools We donate all of our leftover food to the homeless shelters in the area We've got gluten free options We've got plenty of sandwich options salad options pasta options We kind of run the full gamut of Italian food and it is all super good Seriously Try the lasagna It is one of the most underrated lasagnas in Los Angeles We have a great time doing what we do and we love every day of work You're pretty weird city L A and I love you for it All right We put the pedal to the metal all day So I say we hit the brakes head on into a very cool new spot that features float backs and crystal soaks I have seen this place all over social media It is the most out of this world experience yet It's right here in the heart of Santa Monica Let's go float This is in to me C A play on the word intimacy CS E A

because we're all about the ocean and the healing aspects of it It is a quantum wellness studio First and foremost this was established as a float center Jen the owner she floated and she was blown away and floatation meditation as we like to call it is floating in a very short 12 inches of water more salt than the dead And you just get into the Zen You turn off some senses and then other senses come to life Athletes love it because it's the high concentration of salt is so good for muscles So you just floated in the water with your own self So this is our Lulu's higher realms galactic Crystal Intention the Galactic Crystal Intention tubs We brought them over from Brazil and they're giant bathtubs and they're for energetic soaking The idea is that you get into this tub and you have something that you want to manifest an intention that you want to create for yourself OK Self care for the wind You guys have to check out intimacy All right I've got to manifest so out love you guys I feel better already That is it for us east side west side we got you covered on all sides Thank you so much for watching We will see you next time