

LA Unscripted | February 17th, 2023

From hot spots and hidden gems to lots of local flavor It's your guide to L A the unscripted way And tonight we're throwing the book at you all the books Hello everyone and welcome to L A unscripted I'm Dana Devin And this is Annabelle's Book Club L A in Studio City California a beautifully curated store that is the brainchild of a teenager Yes The most adorable teenager you've ever met and this is the ultimate think big shops mall So I've always been a huge reader and during the pandemic I got so many requests for book recommendations that I decided to start an Instagram account and blog to share my favorite YA books And as I saw how excited people were about that I started to expand my blog to interview authors and bookstore owners And then seeing how excited people were I started to think about making my book curation more So I started researching bookstores all across L A and I realized that there were no young adult focused bookstores and I really wanted to fill that gap in the market I put together a business plan and I presented it to my parents who were so excited about the idea and I'm just so happy that I was able to turn this into a reality It's been so much fun You guys She's 16 I was Z and lazy and sleeping all day I feel like I've just loved books my whole life I really credit my parents with my early love of reading because they would always read books to me when I was younger What is your favorite book of all time I know this is hard for a book lover That's such a hard question I would say I really love all the light we cannot see by Anthony That's probably my all time after I curated all of my favorite YA young adult books I started to think about what else I wanted to have in the store And it's been really fun curating a variety of gift items I've also designed my own line of merchandise which has been really fun Um And I've been really happy seeing people respond to that These are all from a brand called the Word Cloud Classics and I love them so much I honestly want them for myself They're so beautiful This is the hunchback of Notre Dame I mean it's first of all it's like soft it's so well made and so beautiful So these are my four dogs here We are big dog people and I really wanted to have something for all the pets who come in here because there's so many in this neighborhood I mean Starbucks Seriously I'm dying Look at the candles that she has here I mean are you kidding Who designed these was actually a costume designer And then during the pandemic he started making candles and I'm so glad that I found him He's so talented They are so cute and he's local I love it I love L A So I've always been a huge fan of pop art and

vintage comics So I started to design my own merchandise that was reader themed Um And it's been really fun coming up with captions and seeing people Did you design these I worked with a graphic designer who really brought my ideas to life and then you have to see these OK look at this so look at this jacket and then there's the catch 22 on the back Tell me about these These are from an amazing brand called tribute project And the woman who designs them usually does uh music jackets but I commissioned book ones with my patches on them I cannot I spit it on one book I want to show you one of my favorite parts of the store This installation was made by one of my friends who is so talented His name is Rob Yonkers It's made out of all real book pages and book covers We have a lot of book signings We're actually starting our first book club which I'm so excited about and we also have a lot of children's events too So something for everyone I've always really loved Studio City and I can't believe how lucky we got to have a place here I feel like it draws a lot of people in and really I just wanted it to be somewhere where people of all ages would want to hang out So cute And Annabelle is actually an identical twin Her sister's name is Audrey and I wish someone would dare me to spend the entire day here Anyone anyone No Ok Well I did get dared to do something I've never done before and I got to meet some really cool people doing it Ministry is a band that explores a lot of different genres We've been around since 1981 Other people have given me the moniker the Godfather of industrial music They call it industrial I call it more collage rock where I take a lot of different um influences and genres I put it in the stew and um put my own ingredients and spices in it and then serve the meal later As soon as we're done with this taping today we go back into the studio and 16 should be out this year So we keep plugging along Monty auditioned and got the job as a guitar player We're all set to go but he was also under contract with Madonna So Madonna decided to stop touring for a while So Monty's back in the fold now and we all lived happily ever after By the way Monty Pittman is literally the professor of guitar to the stars He basically taught Madonna She's the best She gave me my first break and I just moved to L A from a small town in Texas And I've never been on tour before I started teaching her how to play guitar You taught Madonna how to play guitar So I played with her on David Letter That moment changed my life forever And then she said shortly after that I'm gonna go on tour I want you to come on tour with me and teach me and I'm gonna need a guitar player Well you know why don't you play guitar for me And I just figured maybe I'll do one tour and then she'd find

somebody else But 23 years later still there KTL A is the only one I watch here I love watching Dana I'm just a fan but KTL A it's like my comfort food So whatever Dana says to do on on her shows I I go and try when your boyfriend has a favorite news channel and you also have an 80 inch TV in your house Dana seems like our friend So Al's birthday was coming up and I was trying to think of what I could do to really knock it out of the park for him And I thought I would secretly dare Dana to take a guitar lesson from Monte So I spilled the beans to him and he still doesn't believe that it's happening and she's sitting in our home studio Yeah Yeah I'm seriously in shock right now All right Dana the time has come I dare you to take a guitar lesson from our Maestro Mr Monty Pittman and Dana If you come out of this good enough you can come up on stage with our band and rock out Basically I know so little about guitar You might need to like explain this is a guitar These are strings this is a pick That's about all I know Literally Just play that one note right here Good Now play that note but see what happens if you leave your finger on Do I keep all three down OK So it's 12345678 So you're going to be within this boundary Where's fifth again right here OK Got it OK Ready You can just keep doing that That's your scale That's your whole library of notes that you can play for all that Oh my God That was so good That's a sequence of notes right And now now you're in the band I'm in the band now You know a ministry song I knew a ministry song Do you think Madonna wants me to come on stage Well I don't want you to take my gig What guitar is this this is a fender stratocaster This was made to give away for L A unscripted We're going to give this to our viewers Oh my God Yeah Ok So that if that's the case then let's go ahead and make the code word ministry M inis try and just text ministry to 51 51 51 And this could be your but I'm keeping the pick Yeah Well I in an extra one just don't tell her Ok Ok I'm so sorry You all had to see and hear that but dare accepted and completed It's the newest arena to hit Southern California and wait until you see how state of the art it is There's not a bad seat in this house The side lines are perfect We got rid of the upper bowl We sank everything down low into the ground We have acoustical treatment in the roof and acoustical treatment throughout the whole building Once we bring that curtain system out you begin to look at this and go my God It's a theater that's an arena There was a concerted effort to acquire perfect acoustics And I know that term is probably widely overused in your business but it's true And it's a good thing that they do that because the people that are here to watch the show they want to hear rather than reverberations of sound all over the place because

they acoustically treated this building It will be way better I go to a lot of concerts and I can tell you in most arenas the stage would start right here But in acres arena this entire back wall retracts allowing the stage to be pushed back and therefore fully utilizing the side stage seats So it means we maximize everyone here without having to have an upper bowl We've really built two thirds of a normal New York City Los Angeles big arena but we have the 11,000 best seats We want bands to leave here and say this is one of the best sounding buildings you've ever And if you're an artist there's nothing better than being able to make arena money But do theater sound That's awesome And we'll be back with bunnies and massages not together but maybe I mean that's kind of an idea L A unscripted will be right back Welcome back to scripted from Annabel's Book Club L A and if there's one thing we do well here in so other than read it's Eat Healthy Tonight's sponsor has a brand new Hollywood location to help you do just that Hi Nice to meet you Nice to be Welcome to Mother's Market This is fantastic Mother's is a health and wellness destination We actually started in Orange County in 1978 Our first store was in Costa Mesa California We currently have nine locations in Orange County three in L A County This Hollywood location being our 12th location Our newest location It's on the corner of Santa Monica and Las Palmas And you know we're a one stop shop for all things Grocery It's so great when you're in a hurry and you just want to grab something quick You just come in and pick out what you like and and and head out I go through like a bucket of these in like three days These are insanely good So we've brought in a lot of our own mother's products now So we have a full line of meat seafood olive oil alkaline water wellness all that stuff that we brought in specifically that's our own mother's brand So one of our latest launches would be our own brand of organic coffee And then our homemade grab and go which we make in house We have a kitchen in the back at all of our locations also really well known for our homemade guacamole and fire and salsa killing Oh my God Look at this Look at this I just dying over this black and salmon with mango salsa It's so so good And then the fresh juice bar where we grab stuff from our produce section and juice it on the spot So we have the \$5 smoothie and then we also have a juice bar Happy hour every Tuesday and Thursday from 2 to 5 p.m. where you can get 20% off anything in the juice bar Not only that they have also BS they have milkshakes they have everything here It's the best This is one of our freshly made bottled juices and this is our electric lemonade I've heard of the Electric Limited That is so good We have a lot of items that are specific to

any dietary restriction vegan gluten free keto paleo We have items that will cover all that for you These look so delicious and I've never seen that brand before Another really interesting part of mother as any as a grocery store is we are a sort of one stop shop for vitamins body care and wellness as well OK When you guys said you had a whole like health and wellness section I wasn't prepared because first of all it's beautiful and there's tons of items We have a Hollywood community coordinator that works closely with myself We just did our first community event We actually had a bingo night out in our little lobby area It was a huge success just a way for us to sort of meet people in the area and have them come to the store get a meal and then you know do something fun play some bingo So we're constantly working on like curating new products in the store so that every time you come you can try something new and we'll be back with more fun things to do in So cal in just a sec scripted will be right back Welcome back to L A unscripted from Annabelle's Book Club L A and now to the sweetest fluffiest place we've ever taken you Here's Olivia in L A Bunnies are the third most popular pet in L A and bunny World Foundation is making sure they get good homes Bunny Foundation is a rescue It's a nonprofit foundation um that basically rescues bunnies from different situations We are um partners with L A Animal Services Siaca Pasadena Humane Society and plenty of others and we pull approximately 1500 bunnies a year and we rescue 1 to 4 bunnies a day Now we are with these adorable little babies What kinds of things do they eat Um Well 80% of their their diet is hay and then um they get um veggies lots of veggies you can see they finished everything I mean their favorites are Roma Cilantro Parsley I mean there's a whole list of even though we worked really hard on um bringing a lot of legislation to Los Angeles that improved the lives of the rabbits such as closing you know the rabbit sales and the pet stores Uh backyard breeders have um increased their operation Instagram has helped a lot of those breeders and people are buying these little baby bunnies uh because they're cute um or just for Instagram shots and then three months later when they realize what they what they cost and what they need all of a sudden shelters are inundated with these beautiful baby lops baby lion heads all kinds of Netherland dwarfs It's really sad People don't realize they they they live for 15 years just like you know dogs and they need space They cannot be put in a hutch or cage I mean they are very um rambunctious They need to live in in pairs They give you kisses like puppies They use litter box like cats and they have a digestive system like a horse So it sort of you gets three and one Ok Now I want a money also

I want a massage and I know exactly where I'm getting one check out the new healthy vibes at Burke Williams Hi welcome to Burke Williams I'm so excited Oh you're not as excited as I am Bill and Teresa Armor are actually the founders of Burke Williams They're still our owners We're not a franchise It's a family owned company We have 11 locations in California We have 18 treatment rooms on average per location and most of them are well over 10 to 15,000 square feet and we do massages facials nail care Follow me this way we go right through these doors here right here is your locker So you can go ahead and put everything on here There's some slippers there everything in here and then I'll meet you outside when you're ready Fantastic Enjoy Thank you So tell me exactly how the tranquility massage works So we use Nepalese bowls They're hand crafted by artisans in Nepal and every one of our treatment rooms has their own set of bowls that are actually tuned and they're tuned to work together and they're actually placed on the body at different times during the treatment So you're getting this integration of sound and hands on therapy and vibration through your whole body that moves the subtle fluid in your body and actually takes your brain back to that relaxed and kind of zen out state and just allowing that just allowing the reins to kind of bring you into your body This is a place to really escape And what that does is set apart the quality of the experience that you get here and whatever you get here you can't get everywhere else You can go and get a massage but not like we do it for L A unscripted viewers We're actually giving three of our signature tranquility massages away All you have to do to win is text the word transformation to 515151 Actually it was amazing I loved it Thank you so much time now to check in with a sponsor who really wants to educate you on cyber security and more why is continuing your education So important continuing education is important I think today's day and age is not enough just to stop after you pursue a bachelor's degree Technology is requiring us to constantly have new skills new skill sets So we're moving from you know earning the bachelor's degree to becoming lifelong learners WGU is an online nonprofit competency based university We've been around for about 25 years created to serve those students who weren't traditionally well served by brick and mortar institutions adult learners those who have stopped out looking for a more education pathway that is amenable to their life circumstances We have four different colleges 60 degree program College of it College of Business Our School of Education and our Levitt School of Health Our cyber security program is one that's very very popular right now As adults looking for

career change or career pivot We've seen really the cyber industry grow within the last couple of years I think it was reported by labor statistics that the employer demand for cyber security professionals has grown 2.5 times more than other occupations It is a \$122 billion industry and that we see the trends moving towards demand for cyber security professionals at WGU We have individuals who are employed by Microsoft American Express Soter health the city of Los Angeles It is a growing demand as we live in this now digital world where sensitive information is of the utmost importance for organizations Housing that information My name is Philip Lacy I work at Lucasfilm I graduated from WGU with a bachelor's degree in cyber Security and Information Assurance I was in the Navy for four years as a telecom communications supervisor So that kind of started me into my security world The path that the military will start you on with security does translate into the private sector Each individual employee should be aware of phishing scams from emails Once you click on something there's no taking it back If you see something say something if it is nothing then great But if it is then you may have saved the company from a breach We have a saying at WG that education is the surest pathway to opportunity Students have to start somewhere and that is all the time we have for tonight Thank you so much for joining us We'll see you next time and thank you so much to Annabelle's Book Club L A in Studio City Come on down I'll be right here cuddled up reading Good night You guys