

LA Unscripted | February 2nd, 2023

From hot spots to hidden gems and lots of local flavor It's your guide to L A the unscripted way And tonight we're highlighting Black History Month from the soulful all to a serving shrimp and grits and collard greens and spicy gumbo If you've been looking for soul food in L A we have got you covered Hello everyone I'm Devin from the historic home of All to Adams Restaurant And tonight we're diving into the details and the dishes of this so hot spot I grew up in the projects in impoverished community The options were limited The opportunity just wasn't there I didn't have no huxtable family down the street that I go down to like the the examples were street I followed the example and I landed where everybody land in prison I did 10 out of 11 years And today we're having different conversations about me right I'm having different conversations and my legacy has changed My name is Chef Keith Corbin and I am the executive chef owner of Alta Adams Restaurant and we specialize in California soul food Our food is so good because of the love that we put into it I think we took a lot of time developing these recipes and I think that it really does show in the cuisine we're definitely known for our Alta fried chicken Hi My name is Ray Dubose W and I'm the sous chef here at Alta West Adams I wanted to create dishes that I grew up eating soul food in a sense is it's big The collard greens I grew up eating watching my granny cook them Soul food is working with what you have and really putting your heart into it We go to the farmer's market multiple times a week to source our vegetables and support our local businesses Currently our most popular cocktails here are the Angeleno Cali Christmas and the Genevieve The Genevieve is a gin based cocktail Um It features lemon juice a lavender infused simple syrup and elderflower liqueur It's garnished with a lemon peel and lavender buds And then we have the Cali Christmas It's a cranberry Hibiscus Cosmo the Angeleno It's our take on the Manhattan I get a lot of my inspiration and ideas from the kitchen Last week Chef Keith brought in a Buddha's hand and I'm in the process of turning that into Limoncello I really feel like we are a family here It really does mean a lot to me to be a black female chef in this industry and I hope that other people feel like they can do it because anyone really can be anything that they want to be chef Keith comes from a similar background as my dad So it was very comforting for me We have like a better understanding of each other This community this neighborhood is parallel to the one I grew up with I grew up in Watts right Black and brown community

So it was very important on how we came in and that was almost 2.5 years ago Now you have about 10 to 12 restaurants on this street You have a hotel you have a lot going on Some people say that we were the beginning of the change to break through and to be able to have a place that's cultivating black chefs to go out into the world and bring their knowledge bring their influence bring their culture bring what they've grew up eating what they have to this field this industry right We can change it we can definitely change it You know what happened Feels like pack your bags here baby Believe you guys My mouth has been watering since we walked in the door and coming up I'm going to bite into a couple of their standout dishes I may even have a cocktail or two Hey it's my job right now Jasmine Simpkins is doing her part to grow up another hot spot that serves carnations with your coffee Welcome to Bloom and Bloom You're getting a warm welcome from Mr Leroy Well thank you for having a answer You're very welcome here to see the Space bloom and bloom is my flower business that I've had since 2010 I started it as a way to follow a little bit more of my creativity We make custom arrangements We do a lot of high end florals for big companies celebrities You know all of that the biggest name that we've worked with is we've worked with Beyonce We've worked with Rashida Jones Maya Rudolph We treat it more of like an art practice So you're kind of like buying a little baby sculpture before I started my business The only black florist I had ever seen was Preston Bailey And I noticed him on Oprah for her 40th birthday party and like he did I think her 50th and it was like so grand it's over the top And like that was kind of like my inspiration in many ways I would describe my style as we kind of call it natural opulence I like a lot of movement There's a lot of dance in my life And so I like the arrangements that look like they're constantly in motion I like things to um have a lot of texture and dimension and really like the overall gesture when you see it is like whoa breathtaking I love the name but I want to know from you like how did you guys come up with it I really have a love for flowers I knew I was starting a flower business and I love feathers So I just thought flowers and feathers was a weird name It was definitely a group effort where like bouncing ideas back and forth on like what would be like the perfect little pairing and that's what we want with And boom here you are And how long has it been business has been here The coffee shop has been here It'll be three years in January The flower business has been since 2010 We're in Echo Park historic Filipino Town This has been my neighborhood I've lived here for 18 years There has just been a lot of change in the last five years and I was like mm somebody's gonna open

a coffee shop somebody it's gonna annoy me So let me be the change that I want to see in the world So my brother and I um partnered together He runs the business side of it I run the creative side of it and we open bloom and blum coffee We have all of your regulars We have um your lattes your cappuccinos your cortado your Americanos right now We have what's called candy on Drip And it is absolutely stunning I'm gonna pour you a cup Oh let's do it We're considered like a third wave shop So it's very bespoke It's um I I wanted that like high end experience but at a price point and a a vibe that was accessible to all and where everybody felt comfortable to come in I had to open the top button in my pants just watching that piece Ok Coming up we get popping in Long Beach at a family owned Gourmet popcorn shop and inside the black owned brewery that serves hops and hope for other cool companies Welcome back to L A unscripted from all to Adams Restaurant One of the many places we're highlighting for Black History Month and right now we're checking out the cocktails at this soulful eatery OK What are we making We make our Angelina OK This is your take on a Manhattan booze for Spirit Forward drinks That's a booze forward drink Oh I love these ice cubes We're gonna stir this on a large rock It melts less but it just chills it fast OK OK I put the bitters in the bottom of the glass OK And this is actually a mole bitters mole cacao spice I've never heard of that before We're just gonna garnish this with a little orange and a cherry Does that really make a difference Yes Stir at the end because I put the bitters in the bottom of the glass OK It looks so pretty Oh God it even smells delicious Oh It's so smoky It feels warm when it goes down and it's a little sweet That is deli and I don't even really like Manhattans and I love this That is a winner and when we come back I'm finally digging into the food here at Alta Adams crab legs hot wings and banana pudding But in popcorn form an L A loyal viewer shows us her favorite shop and get a beer that pays homage to historically black owned universities What's really amazing about the Music Center is how it has always been led by strong powerful women The Music Center is this amazing combination of theaters restaurants and public spaces We're probably most known for the iconic four theaters we're sitting in Walt Disney concert Hall which is the home of the L A Philharmonic and the L A master Corral the Dorothy Chandler Pavilion which is the largest which is home to both the L A opera and to the Music Center Arts Then there is the Mark Taper Forum which is our smallest venue and is programmed by Center Theater group and the Amundson Theater which is a 2000 seat sort of Broadway Roadhouse also programmed by center theater group Also on the

plaza are three restaurants the welcome center and all summer long we set up between the flagpoles a summer stage which is where all of the free and low cost performances happened and all of the dance parties happen So this becomes a hoop in place all summer we are in the Dorothy Chandler pavilion and this incredible 1964 palace is old glamorous Hollywood As you said it's total mid century It's just spectacular You know the Oscars were here for 30 years and in its day it was all Hollywood glamour and where we are is in the oval bar which is the main public bar in the buildings And there are three amazing public spaces here at the music Center at Walt Disney concert Hall is the Blue Ribbon Garden which is up on the third floor So this fountain after Mrs Disney died her Children and grandchildren got together and put together what Frank Gehry called a rose for Lily and Frank designed this beautiful fountain which reflects a love of her roses and her ornate elaborate beautiful rose garden in her home as well as her love of Delft to China She collected Delft and this is a mosaic created of Delft If you let your eye wander every now and then you'll see a piece of color that is clearly not Delft And because this was built on site by mosaic artists each artist was allowed to put in one So Jerry Moss Plaza which is on the original Music Center campus and does incredible free and low cost programming all summer and then across the street stretching all the way to City Hall is Grand Park which is our significant wonderful park There's free programming all year There's Sunday sessions where djs are spinning tunes there's free yoga classes there are festivals It's this huge place which is this incredible resource for all Angelino There's incredible public art at the music Center The most significant is the Jacques Lipschitz piece on Earth sculpture which frames the entrance to Jerry Moss Plaza and to the Music Center itself This is the Dance Store It is a piece by the artist Robert Graham and it was actually commissioned for an art collector and philanthropist home It was to be his front door Come downtown See the revitalization of downtown Come experience the arts buy a ticket to a performance come eat at a restaurant or come to the free and low cost activities Everybody is welcome here It is supported by you the Angelenos So we encourage everybody to come Welcome back to L A Scripted as we highlight some of our favorite black owned businesses here in so like this amazing hot spot all to Adams serving some delicious soul food Right now We're in the coffee wine bar but I am focused on this food OK Look what we have here We have a fried chicken sandwich We have collard greens which are vegan By the way we have candied yam beans and rice and they're amazing 7-Up cake that is delicious

It's such a good batter on the fried chicken and then you taste the pickles and the cheese Oh OK You guys the viewers have given us the absolute best suggestions of where to go And that's exactly why we're in Long Beach today and I want you to meet our viewer This is rosemary Rosemary Send us an email Do you want to read it for us Surely Hello I went to this Gourmet popcorn shop Seems like a hundreds of flavors A great husband and wife business locally And I watch a unscripted all the time There's not a day that goes by that I don't watch a unscripted Heart rosemary All right Do you wanna go try some popcorn Sure Let's go Hi I'm Jasmine Chapman Hi I'm Vernon Chapman And this is popcorn World Long Beach This is rosemary So rosemary suggested we come here Thank you so much Rosemary We are so appreciative of you We love customers like you We really appreciate it so much So we have flavors like crab legs We have a Doritos nacho cheese flavor Hawaiian pizza Are you kidding me Hot wings loaded baked potato These aren't even the sweet ones We haven't even gotten to the sweet side yet So we are both from Chicago and popcorn is like a huge huge deal there I think you guys are more so geared to kettle corn in California So when you come and you see over 90 flavors I think it just kind of blows your mind Here is our first flavor It's really good Is it dill Is your dill with dill pickle next flavor So remember this is a sweet one Do you think that is butter salted caramel or banana pudding Banana pudding banana Oh my God Is our next flavor Dream pickle Yes The flavors are actually licensed from the brand So there's a brand popcorn world that started in the Midwest We're privileged to get those licenses of the recipes And so they're already pre made recipes However we are able to come up with our own We get mom and dad we get grandma and grandpa We get the kids Like we've got a lot of kids from the elementary school down the street who like say mom like my friend bought him popcorn for popcorn Well we need to go We are starting a a fundraiser and we are doing this to give back to the kids in the Long Beach school system so schools can take advantage of our 50% kick back whenever they want to raise funds for uh sports programs or any other programs that they have in the schools This is my last one before they open the doors Thank you guys so much for having us This was so much fun Thank you This is delicious and thank you to Rosemary our viewer who sent us here and if you guys at home have suggestions email us It should be called popcorn heaven We're taking you inside crowns and hops where the motto is to preserve culture and community There's about 8000 breweries in the US and less than 1% are owned by black people We created a movement and a brand truly

focused on creating more diversity and inclusion in the craft industry when we first decided that Crowns and Hops was going to be a brewing company to really start producing our own beer We we felt that it only made sense to release a beer that was dedicated to the very community we started building So we created a beer called BPL B Black People love beer or Brown people love beer which was a hazy IP that we brewed right before the pandemic Actually that was our first canned beer that we put out to the people And it got so much traction that we've done different variations of that We had to show more brown and black faces inside of the craft beer industry from the consumer side to working at the brewery side and showing what an actual brewery looked and felt like Yes I'm ready to talk beer for Black History Month We have some incredible beers First and foremost we're starting with H BC U Hazy IP A as you can see is one of the more popular and beautiful beers that have hit the market over the past decade But it's our double dry hot IP A dedicated to H BC U I attended Howard I attended Spelman College So we are giving an absolute shout out to our H BC U alums We have incredible collaboration with Black owned coffee roaster Red Bay Coffee out of Oakland California And then later in the month we have two beers dedicated to the music of black and brown culture starting with Miles to Italy um which is our Italian Pilsner that we brewed um in honor of jazz And then we also have Royal verses which is our double west coast IP A that we brewed in honor of hip hop One of our biggest initiatives is our Atrial Pills initiative Atrial pills actually is a reference to a statement in the Kellogg Foundation is a business case for racial equity It states in the report that if we focus on racial equity today that our country stands to see an impact of \$8 trillion to our national GDP Crowns and Hops always been a reminder that people are always deserving of the very best Uh no matter what your background is no matter where you live you are deserving of premium products And our mission is to preserve culture to expand palates psychologically and physically and to build community Um That that's that's the spirit of who we are So uh cheers to that such a great business and that is all the time we have for tonight Thank you for joining us So where will we see you next Keep tuning in nightly to L A in it and we keep surprising you We'll see you next time from all to a