

LA Unscripted | November 4th, 2022

From hot spots and hidden gems to lots of local flavor It's your guide to L A The unscripted way from the beautiful neighborhood of Westlake Village Ok So what do you get when you cross an award winning chef with a famed Hollywood highway The 11 north restaurant of course Hello everyone I and tonight we're exploring a hot spot Talk into the beautiful village of West Lake So how do you get to the one on one north You take the one on one north We looked in all the wrong places We looked in Beverly Hills Santa Monica Culver City trendy areas but it wasn't going to be who we were You know we're pretty laid back We're close to Malibu We're close to the Moore Park area the Simi Valley Even as far down as Encino and Tarzana the people were they embraced us They were so happy to be able to come to a restaurant that was kind of cool kind of an L A type restaurant out here in Westlake Village So 11 north is a family type restaurant When we created this we wanted to serve a certain kind of cuisine that appealed to everyone not just the adults but families people bring them here You know my partner Anthony extraordinary chef you know Anthony is a Michelin star chef and he and I met over in Macau and we wanted to bring our experiences So the menu is New American Mediterranean inspired the influences are Northern African Italian Spanish um Middle Eastern My sous chef is actually Lebanese and he has a lot of input on what we put on So all these flavors kind of come together OK So I'm here with Chef Anthony So what is this Because we've been doing this show a few years now I have to say I've never smelled anything that smelled as delicious as this smell I mean I have never smelled anything like it What is this It's wood roasted lamb T bones or lamb chops God I love my job and it's actually a international logistic nightmare really because it's from everywhere It's from everywhere So the lamb is from Australia OK The peppers are Spanish Palo peppers They are stuffed with Japanese short grain brown rice lentils from and the sauce is Shula So it's a Northern African sauce It's made with Cuban seed coriander seed We eat bowing because that is amazing Seasonally We change our whole menu and our catering special event menu We try to make sure that we're in tune with the season so that the products are always as fresh as possible And exactly where they need to be And then we hired local people and we decided to use local farmers and local businesses and support them and they would support us We felt if we brought a community feeling we would have a chance to succeed because we were new We were going to bring a cuisine that would

be different to a lot of the people that live in this area sometimes being the first person to try something It's a risk but it worked and coming up we'll show you the newest addition to the so called nightclub scene But before that let's have Jasmine Sims get you into a trend with benefits and some very cool dancing shoes did you know 95% of sneakers are made outside of the US Well today we're kicking it with one brand who was bringing the manufacturing back home pseudo sneakers are made in a eco friendly super soft comfortable sneaker Basically we imagine the way a sneaker could be produced We eliminated all the parts and pieces so we could easily manufacture and the sneaker here in the United States So this is where all the magic happens That's right So previous to this we had our suppliers all over the country and we figured you know what what better place than Los Angeles to really bring everything together And I've traveled all over the world working in factories and seeing you know kind of how difficult it is and how complicated it is how not eco friendly that whole process is and said well what could I do differently We came up with this printing process to eliminate all those parts and pieces And then we also came up with a super stretchy fabric slip on style made from recycled plastic bottles I love that sneakers with a purpose I love that Sneakers with soul I've got all kinds of hashtags I could do this all day So how many colors and styles do you guys have currently So basically we have about 12 men's styles 12 women's styles We're constantly updating the different graphics that we have on the shoes launching new shoes every single month we feel like is to sort of hack the industry we hack the sneaker industry It looks like a sneaker it feels like a sneaker but it's really not like any sneaker you've ever on You weren't kidding These really are comfortable shoes Oh my God The secret sauce is kind of the fabric stretches enough but not too much So it kind of holds your foot in It's sweat repellent or sweat absorbing on the inside It's water resistant on the outside And I don't have to wear socks if I don't want Exactly It's a labor of love I'll say because we're not just a marketing company but we really created every single piece the fabric the thread everything is proprietary for pseudo So that's kind of our secret sauce and now that your dancing shoes are on let's hit the music with the band Born and raised with that East L A vibe Doug Cole has the des on Los Lobos from folk pop to surf rock rap hair metal and hip hop Social tops the charts for influencing and making music history And now the DEETs on where to Lubambo with the iconic East Los Angeles band Los Lobos next year is gonna be our 50th year Hey it's Steve Berlin from Los Lobos I'm on year 40 something 42 or 43 has

been blessed It's all I could say It's been an amazing ride Los Lobos means the Wolves in Spanish and like its animal moniker The four time Grammy award winning band has been playing together as a loyal pack since 1973 You know we could be like the world's loudest blues band on one night and then we could be playing 200 year old folkloric songs with the ancient instruments the next night and the night the night after that we could be like a full on cumbia bands Four out of the five members met at East L A's Garfield High after playing weddings and local backyard parties It was 1980 seven's smash hit film La Bamba that boosted the band's multicultural sound into worldwide superstardom You know I grew up in Philly and the guys grew up in East L A but you know we have a lot of the same musical influence The guys are really you know they're all just neighborhood dudes you know they're all L A through through and through and you know our last record was basically our our love letter to Los Angeles I mean we we really do take it seriously I mean it's a big deal for us that you know we'd be considered as as we put it on our record Native Sons We take that that as a high honor and a high you know we we feel responsible to represent the city as best as we can And and now the iconic fivesome is coming together for a local concert with a cause We are super excited about the second annual Making Memories Festival coming up Sunday November 13th at L A State Historic Park from 12 to 5 p.m. local music local food local cause we are we love L A and what better way to celebrate being part of the community than this We're honored to be part of it I pray that we make some small contribution to curing the disease to let loose with Los Lobos and support Alzheimer's L A at the same time just head to Alzheimer's L A dot org Tickets are 30 bucks and available now by the way did you know that ba ba bamba means it's no different I actually did not know that Doug but I do know I love their music and we'll be right back with so much more including the bamboo room that totally chic new entry into the nightclub Welcome back to L A unscripted I'm Devin for the one on one north eatery in Westlake Village And if you live in L A you know we really care about how we look I'm so excited today is the day I brought you here to end to that in Manhattan Beach Finally to show you so oh my God if I heard soft way once I heard a million times is your favorite style smart secret I'm excited to see we're going to see it happen right We're going to see them do it This is end to aesthetics We offer all things aesthetic injectables skin care obviously soft wave for our lifting and reduction of fine lines and wrinkles What is into mean Is it your name It is It's also a play on words Are you into a study that soft wave is an

ultrasound device It delivers a parallel beam ultrasound technology deep below the dermal layers to stimulate both collagen and Elastin the skin itself remains intact There's no penetration like you see with RF micro needling devices So it's really in a class of its own How does it feel a little warm That's it though Not bad at all Oh good soft wave is FDA approved It's FDA approved currently for brow lifting mid face sub and neck We notice slight changes at the six week mark the 12 week mark is really the sweet spot That's where we're really noticing some wow transformations What what made you want to do this You know I just want to defy gravity It's not just for women men and women alike are going to start noticing those age related changes And I think that what's incredible about it you know this is an offer of a technology that is anti aging but keeps you looking exactly like you We're just rolling back that clock no matter age no matter skin tone it's really safe for all skin tones and types You look fantastic and you can go anywhere and do anything right now Yes you can just go about your day It took like what 30 minutes to do the whole thing Yeah it was very easy honor You've done it again Another style smart secret check great job great job and he is a believer I am so OK I want that stat and will be right back with more including a look inside the cool new club the bamboo room That's right next door Welcome back to scripted from the one on one north eatery in West Lake Village and this is the property right next door called the bamboo room Now this is the kind of club you'd expect to see only in Hollywood which is probably why Hollywood is flocking here every weekend The bamboo room does wedding rehearsal dinners We do bar Mitzvah dinners We do business meetings during the day Any type of birthday party graduation party any type of event on Friday Saturday night bamboo room converts to a lounge nightclub So what drink are we making So today we're making bamboozled which fits because we're in the bamboo room Exactly So coincidentally it's our most popular cocktail It has tequila Aperol lime juice passion fruit and a little bit of sea salt Oh my God this is dangerously good OK I've clearly been bamboozled Cheers to the bamboo room Cheers to you guys Edit point edit point OK Time Now to check in with the sponsor you cannot miss if you live in L A Olivia de Bertoli meets Sweet James You can't live in SOCA without seeing a guy called Sweet James So today we're meeting the man behind the billboard and learning about his latest and greatest mission Sweet James is um everything you needed to be everything you need to be Um It's a very dynamic firm that uh it's not the name you would think of a law firm We're known for uh personal injury and that's majority auto accident slip and fall

dog bites those sort of things Five out of out of the top 50 settlements in jury verdicts last year came from this office I get pictures from people who visit you know that I know that come in from out of town They're like I see you everywhere So I'll be I get pictures of my billboards all the time from everybody I don't know It's kind of weird I wish I was better looking for everybody I'm sorry you have to look at my face out Everybody I didn't give it to myself Um actually it was a radio uh radio host and he called me Sweet James in it and it just stuck I never wanted to be a personal injury attorney and actually did defense work on And then I quickly realized this is not what I wanted to do I became what I never wanted to be a personal injury attorney and I love it So this isn't your usual attire No it is not Usually it's a rock and roll T shirt and jeans and that's usually what it is The office it is not like a typical office It looks more like an apple store It's really clean and then my office is just a place where for me and the attorneys and everybody here to collaborate and relax and talk about helping and doing doing better stuff You know you are teaming up with another iconic place The Hollywood Bowl Tell me about the partnership with that I've had some good times at the Hollywood Bowl So so this is the ninth concert uh ninth event for this And I just think it's wonderful to have a forum to discuss mental health issues to talk about it and address it and know hey you're not alone People are listening We can help I want everybody to be healthy and happy and it's easy to see and fix external injuries But those mental and internal injuries are just as important just as valuable and need just as much treatment and you know who is the best person you've seen at the Hollywood Bowl Ozzy Ozzy I met him backstage I got to spend some time with Ozzy and he was absolutely fantastic No one wants to get into a wreck and when it happens it is shocking and no one is prepared for it There's a massive psychological pressure when you have to deal with this on your own You have no idea what you're doing and we just take all that away and just take it by the hand and we'll guide you through everything I love LA I love L A so much goodness comes out of L A and um it's a fun place L A special I like people and I like helping people I like it It's just every day is different Every day is fun and rewarding It's amazing Want to check out another So how hot spot Of course you do Here's the latest we added to our must see list The store draws so many different walks of life to it Um because we try and offer something for everyone here My name's Theodora Coleman I'm the owner of Gold Bug and I'm revealing a contemporary cabinet of curiosities We have a lot of people coming in looking for unique conversation starters for their home small pieces that you

might display on your table or hang on your wall Some of the pieces that you'll find here truly belong in museums I have a human sized carved skull that's made out of fossilized dinosaur bone This is a tapestry that's made by a company in France that's been around since the 14th century Gold Bug is a family business and we've been here in Pasadena for 15 years My mother my father and I started this store to create a space where artists could show work that is unique and unusual When you visit the shop you're gonna find one of a kind art pieces made by independent artists We really value uh the natural world So when you visit the shop you're gonna find maybe relics from nature pieces that have been taken straight out of the forest or pieces of art that are inspired by the forms that you'll find there These are insects that are farmed by entomologists around the world The store being called Gold Bug We attract a lot of people who are looking for just that they're they're looking for bugs We do something very unique in that we sell uh preserved insects One of the things that I love about this shop is it gives me the opportunity to share my love of anthropology and Entomology with people I have stones that are 250 million years old And I love being able to share the wonders of this planet with people And here are a couple of other fierce females for you Olivia de Bartoli and the woman who runs her favorite business in hashtag California It's cool The cars driving by horses in the middle of the city is the best idea The people who live in the city need a way to connect to nature and some people connect to nature by going on hikes Some people connect to nature by having their horse Some people just come and ride a horse in a lesson half an hour once a week And that connection to animals and that connection to nature is really grounds us Stables is an amazing piece of heaven in the middle of the city My family has owned this property in this stable since the early 19 hundreds and built the barn in 1926 and it's been part of the community ever since I think people have no idea that it's here in the middle of the city where you can ride and up on the trails for miles and miles days and days if you wanted give me a little way of the land So this is the main barn over here and the front barn was built in the late eighties early nineties up in front of us here is the main arena the large arena that is half covered by the bridge Yeah And how many horses are here There are 51 here Now I believe it's always been my dream to get it back to what it was when I was a kid My grandmother gave lessons here I think my grandma taught every person in Southern California how to ride at some point Anybody who's been on a horse has had a lesson from my grandma Mrs Williams and I wanted to bring that back And so just this last month we brought in a

trainer who can give lessons to community members on horses that she provides And that's really important to me because I really wanted to have people be able to ride who didn't own a horse And there are very few opportunities for that anymore anywhere but particularly in Southern California Your story is very interesting to me You started here when you were what 21 I was 22 when I start working in this place and I stay here for almost 34 years and I have so much fun That's why I'm staying here I love my job The community really feels that this place is a grounding spot They've walked by or ridden their bike by and seen the horse on the roof And it is really a spot that shows where this place came from The Highland Park in South Pasadena Everybody knows somebody who has a connection to this stable It's where people can come together feel the bond of each other and bond with their horse and bond with nature and stay here for the next 100 years And that is all the time we have for tonight Thank you so much for joining us and thank you to the one on one North eatery and bamboo room for hosting us Come on out and have some fabulous and I mean fabulous food and cocktails It's right off the 11 north Good night