

LA Unscripted | July 7th, 2022

From hot spots to hidden gems and lots of local flavor It's your guide to all things L A the unscripted way from California's own botanical paradise Disano Gardens Hello everyone and welcome to another 30 minutes of so how adventures Courtesy of a unscripted I'm Devin And tonight we are helping you see the forest for the trees which really means we're revealing the latest hot spot on our growing list The California Surf Museum is a collection of stories history artifacts photos memories of surf history throughout the world We've been collecting it since 1986 At that time There No official surfing museums existing in this country And I'm a former teacher and when a friend of mine had an idea to found a surf museum the first question I said is how many are there But you said there aren't any and I just thought wait a minute something's got to get done here 75% of our visitors don't surf and we try to show that the journey that surfing and surf boards and surfers have taken since people were standing up on pieces of wood in ancient oceans We have the first surfing trophy ever made I think 1928 And it was a perpetual trophy for the surfers in Southern California that they would meet once a year and compete for this special Tom Blake trophy So that's very significant to us We try to work three major exhibits a year The surf museum had decided to do an exhibit dedicated to women surfers that had never been done before So the California Surf Museum picked up that Baton Betty was something you had to experience But you felt so much more coming from her spirit and her passion for surfing Her passion for life her passion for her family we have Bethany Hamilton Shark bit board and a wonderful story on Bethany She's a true inspiration to us California surf culture has boomed I've never seen so many families at the beach this last summer and as many soft boards at the beach and boogie boards in my whole life And here was something that people could do We bringing people together and teaching what we have learned about surfing history We want to share the stoke in this museum People walk away and they get it and that puts a smile on their face and it puts a smile in our hearts that we're doing the right thing Ok She is our lean Mean Try anything queen Yep I'm talking about Olivia de Bertoli And if you want to know what she's uncovered now you'll just have to keep watching this installment of Olivia in L A Do you want to get your inner crafty on Well we found the ultimate spot where you can meet people and make things I'm messing everything up You are not messing it up I promise it's going to look so incredible at the end Regardless

One reason for us to stay creative is because it feels good So our motto here at Makers Mess is meet people make things There's the individual component of creativity making us feel fulfilled Like we're sort of exercising a part of ourselves that we might not get to in our day to day lives But then there's also that social aspect So when we say meet people we think that the best place to meet a new person to reconnect with a friend or a family member the best environment is in a workshop where you're working with your hands and you're creating something that's unique and true to you I'm Victoria and I'm the studio director here at Maker's Mess Makers Mess is a creative art space here in L A We've been around since 2015 We host adult workshops and kids workshops We also have a kids camp during the summer and whenever L A US D is out of session plant workshops craft workshops jewelry workshops anything that you can make with your hands we want to offer We absolutely love hosting summer camp We've done it since our inception and we'll host it for about 8 to 10 weeks every summer doing magic and Potion week Rainbow week pop art week costume design week All of them are sort of based around this idea teaching little ones about art education and about artistic methods So we're teaching little kids who are between the ages of four and 12 about Andy Warhol and about David Hockney And we're teaching them about costume designers like Vivian Westwood Iris Apple and they're learning about these individuals They're creating projects that are based on those people and they're having so much fun doing I'm Olivia First thing we're going to put on an apron Thank you I think we should put this on the L A unscripted way Victoria what are we making today So today we're gonna be making a tie dye T shirt but tie dye is amazing because we can make so many different things So scrunchies for example I love a good scrunchie They're very in right now Socks a fun one Ok Basically you can have tie from head to toe There should be a place where you can go where you can make something that's creative you can make a mess and then you can go home you can have fun doing something like tie dye without worrying about what your kitchen table is going to look like afterward Mine's pretty gorgeous Oh I love these This is so cool I'm going to wear this for sure Oh I'm dripping So I feel like it's my personal mission to make you more knowledgeable about the hot spots and cool happenings in L A So here's another great story to help keep you in the know from Lance Bass to Jamie Chung to Jesse Tyler Ferguson They all turned to one doctor to help them with their dream of becoming parents Now Jasmine Simpkins is getting all the fertility for 11 more women are waiting until later

in life to think about having Children which means they may have to consider freezing their eggs We came to a world renowned fertility expert to get all the facts Doctor K this couldn't have come at a more perfect time because I've actually been really really giving some consideration to freezing However I've also been considering buying a house and so it's like buy a house freeze eggs I think it's the real reality of this is that freezing your eggs and doing fertility treatments is but unfortunately it's on a time restraint as well and buying a house to be really honest you can do that at any time But if you came back 10 years from now and said I'm ready I bought my house It looks great Now I'm ready to freeze my eggs I'd say your chances of your eggs functioning at that time are going to be extremely low or non existent We're really proud of all the parents we have made especially the people that are have a voice and who have been open about it I'm very proud to help the LGBT community Lance Bass Lance Black and Tom Daley Jesse Tyler Ferguson These are all individuals that have spoken openly about their journeys to becoming unbelievable parents We've helped Nicole Williams We've helped Jamie Chung Sheena Shea Chise Rivera These are all women that have been very open about their journeys I started the process ironically on Mother's day that's when I gave myself the first shot I am currently 44 Well I've always wanted kids Unfortunately I just never found the right person My career kind of took over Now obviously if I wanted to go down the sperm donor route I can definitely do that But I think a part of me still has hope that I'll find someone to have these babies with But you know what once I have that child that child will know that I wanted him or her so badly that I didn't care the way I got them Natalia is an example of someone who probably should have addressed this earlier But at the same time we're really proud of her because getting the courage to do this many women never address this chapter of their life and let it go and just go with the results of never having a child So the fact that she's here and doing the best that she can do makes me very happy for her So on Thursday I will come in and get my eggs received They will be frozen until I'm ready to use them The countdown has officially started I am now inside the surgical room Doctor Kadir should be here soon He'll go in hopefully retrieve six healthy eggs I'm so happy right now Um Natalia actually turned out to have nine eggs We'll know by tomorrow how many of those are mature and frozen So it's very important for all women to understand this So egg freezing is when the egg of the female comes out of the body we examine them under the microscope and all the mature eggs are then immediately frozen to be used in the future

embryo freezing or IVF The word in vitro fertilization basically means fertilizing an egg and the sperm outside of the human body The earlier you do it the better eggs you'll have the more eggs you'll have and the better the insurance policy you created for yourself My line is that at the age of 30 if you're not about to start having kids you need to be talking to your doctors about all of your assessments and giving your fertility doctor a call And Natalia's fertility journey is just getting started We'll check back in on the hopeful mom to be later in the show So don't go anywhere We've got so much more coming up when a unscripted from Desso Gardens returns Welcome back to L A unscripted from the 150 acre forest that is Disano Gardens We're running all over L A tonight for stories And now our style smart expert Anya S is checking in with one of her favorites Beach ready bodies come in all shapes and sizes But if you want just a little contour I know what to do for you And it is an FDA clear device and it works by long wave ultrasound combined with some radio frequency And so this long wave ultrasound literally explodes the fat It's unbelievable Honestly OK Say no more All you have to say is explode the fat Let's go I mean we've heard a lot about body contouring We've seen a lot about it Does it really work And who is it good for body contouring has come of age It's good for new moms who have like a little excess skin and loose muscles It's good for anybody who's lost weight and who has just maybe just a few bulges that are there It's good for people that just want to have a better shape that maybe didn't land on this planet with one that they like so much Everyone can use a little tech help now to improve your curves that for sure So the good news is is that we have all of this new technology to address muscle fat and skin itself Where am I What is this amazing room This is where the body contouring magic happens and we've got devices to remove fat tighten skin and sculpt your muscles And every single device in this room is doctor a pro right I have had every single one of these devices on my body It is absolutely dr a we are here with our beautiful patient and this looks looks amazing looks amazing Like ma I'm staring at tell me what is going on here So our beautiful patient look how gorgeous the skin is but she has a little bit of squishy fat which she doesn't want we're going to treat quadrant by quadrant So the way the device works is this hand piece when coupled with a little bit of gel here is going to deliver low frequency ultrasound which is going to explode the fat cells to be carted off by your lymph and some radio frequency which is going to help tighten the skin Is she gonna feel any pain at all No she's just gonna maybe hear a little bit of buzzing When will she start seeing results In fact she's going to

see results after the first treatment but the best results are gonna be seen after the fourth and then if there's still some fat we just go back and do it again It's completely non invasive no downtime and is ultimate contour good for men and women Gender neutral gender neutral color neutral color neutral age neutral age neutral This kind of seems like the best treatment I've ever heard of I'm a little afraid but can I ask about the price The price varies on the treatment and the package that you've signed up for Ok But is it true we get a style smart discount Of course if you book before the end of the month you get a 10% discount using the code style smart That's what I like to hear And we'll be back with so much more from the Cano Gardens an oasis just outside of the city Welcome back to L A scripted from dis discount So gardens here in so and you know what else is awesome The good news are hopeful mom to be is about to receive Let's check back in on Italia's fertility journey And we have one of the highest success rates in the country for every genetically normal embryo that we help create here The success rate is around 76 to 84% going to a pregnancy With that being said that leaves about one out of every five couples that put a beautiful embryo back in not pregnant And also if the options have led to many miscarriages or many failures we have options such as egg donation which really can help almost anyone I love talking to you because there are so many misnomers I have done some research and I've learned that some of it is hereditary like you're born with all the eggs you're ever going to have And some of it also is related to your mother On average when you are in utero inside of your mom's uterus you have about 20 million eggs By the time you are born females have about 2 million eggs And by the time your first period comes along around 12 or 13 years of age you're already down to around 300,000 every month When you release one egg about 1000 eggs die off in that process I also see things that says your menstrual cycle monthly is an indication of your fertility Like Is that true Not really so many many women they assess how healthy they are and how fertile they are by a robust flow of menstrual blood And it's not true at all So you can be incredibly healthy and in great shape And you can just be one of those women that bleeds two or three days a month versus one of those that are 7 to 8 days in so 20 years ago no one was freezing eggs So it was only occurring in research environments And then when we were beginning to do it everyone about 39.5 years started to call us and run in before they turned 40 But trends have changed And everyone is I think realizing the younger you do this the healthier you are the healthier your eggs the more eggs you have more opportunities of success later on in

life The reason why I chose Dr Kir is because of his reputation He's that doctor that women go to when other fertility doctors have already told him Like there's no possibility at the end of the day that's what I was looking at the track record Is he going to make my dream of becoming a mom a reality And I do believe I am in the right hands So I have some great news today Uh we have looked at Natalia's nine eggs and as a result seven of her eggs are mature and seven of the eggs were frozen today And that is fantastic news And I'm so happy and I'm about to call her right now for women who want to do this and don't have the financial backing to do So I mean I think you know looking back I have spent money on the dumbest things and I think that if this is something that you really want and you don't want to miss your opportunity I feel like everything will fall into place and you will find a way to do it whether it's you know getting loans I don't like putting my personal business out there but I'm doing it because if I can get one woman who's always been on the fence about having Children and maybe they're they are in their forties to get tested and time goes by so quickly So if I can get one woman to do this for themselves especially if they've always wanted to be a mom I wouldn't encourage them to do it Walking through stunning flower gardens giant oaks and waterfalls is such a healthy pleasure which is something we're all about So let's keep it rolling with today's healthy vibes I'm excited Liberty because I know how much you love yoga So we're gonna do this thing called Bulldog online It's yoga and it's super cool because you can do it anywhere You can do it at home any time you want And we're gonna sign in and it's you get your first month free It's like 12 99 That's so that's super affordable There's experience Yogis or beginner yoga classes So we should do one Let's do which which one do you want to do We'll do the beginner Ok Why don't we do in advance You can help me along 15 minute journey to headstand with Sarah Let's do it Ok Come on elbow to me Ok Get to the other one Right Ok Ok I love jazz hands Have you Got it I am not flexible Ok let's do child p I actually like this one Me too You know usually in yoga classes I don't talk at all Really You wouldn't haven't gone with me Well I'm here at Gardens today Our Doug Coke is out there digging up the des on another story just for you Check it out for 50 years Baron Hats has been making custom hats Many of them for the Hollywood elite for the last 25 Mark Mejia has been the master hat maker and I'll tell you I don't know if there's a hat he can't make This is the showroom for Baron hats here in DTL A This is where you can come and actually pick something out Have a selection maybe make some different choices on brim width crown height

and so we can pick and make the right hat custom for you So you've made all these hats handmade Oh yeah every one of these are all handmade So one thing I'm noticing in your showroom is all these films Quentin Tarantino films We're looking at Western films Jim Carrey and the mask Are you responsible for these hats Yeah These are hats I've made Yeah Sure I mean this looks like you're Hollywood's go to hat Yeah Right Yeah that's what we do And that's 70% of what we do is motion picture television commercials So there's not many like you So all these machines are specifically made for a specific job in hat making It's 100 years old This trade what we're doing is very old and the machinery that's attached to it is old So this goes back to the early 19 hundreds So Doug we have a seat right here This is called a conform made in France in the late 18 hundreds Here we go There we go Got you We're going to use this pattern here and put it into something called the vermilion which is this and this is gonna give me the shape of your head and the size of your head And then from that we're going to make a wooden custom block for you Here's a couple of custom blocks you can see So this is Sylvester Stallone Yes Sure For a project that we had some project that we were working was a rocky Yeah Right So this is gonna process gonna soften the felt and there's the beginning of the actual blocking of a hat This is the beginning It comes over to this table and we can do all kinds of things with it Oh man I like it And here you go Doug ready I like this Thank you guys so much for joining us at L A's own massive botanical Paradise DeSano Gardens Where will we pop up next You never know Stay tuned