

## LA Unscripted | June 29th, 2022

From hot spots and hidden gems to lots of local flavor It's your guide to so called the Unscripted Way from Grand Master Recorders Restaurant and lounge in Hollywood Hello everyone and welcome to L A unscripted I'm de at Grand Master recorders in Hollywood And this restaurant really does hit all the right notes just like another spot I visited recently that had me screaming with joy So I wanted to create a place where we could play be creative and have a connection with ourselves with our family and with these amazing artists who we can learn from and just feel something My name is Chris Dan Welcome to Flutter Experience I would describe flutter as it's a mental health retreat disguised as a playground It's intentionally set up that each of the spaces is making us feel something and connecting in a certain different way It's like nothing I've ever really experienced So when you come to flutter it's a 90 minute guided experience and you go into a series of rooms So the very first room we have our flutter light tunnel and you see the colors changing from pink to blue Those colors changing represent changing of our mood changing of our energy and we'll stand in front of these lights and we're gonna scream and get rid of all the bad stuff Just let go of it At 321 my background I was a mathematician and I worked in finance for 12 years and from my next job I just wanted to do something that I could be proud of and that would make people feel good And I know that art is good for us It makes us feel so many different things But I think a lot of us we're not taught how to consume art This room is called Stay a while The simple act of coloring is just really good for our brain Lots of research has shown that coloring is just really good for us makes us feel calm makes us feel safe and pushes out all the chatter in our brain We were sort of expecting our demographic to be women and people 18 to 35 maybe And I was pleasantly shocked that we have everyone from 2 to 92 years young and kids definitely love it but adults feel it We're going to aura by Caleb Craig This room is an artificial intelligence It's gonna take 53 different readings and project onto you what it sees as your creative spirit as your aura I think my aura was kind of blue but it really switched to yellow someone with a yellow aura Is creative and tends to look for new ideas and new ways of doing things So you usually create a sense of playfulness brightening other people's spirits which I think fits L A unscripted We're a permanent experience We're gonna change one or two of our rooms every three or four months So it will be a different experience each time And we know that the experience is the thing

that's inside you and not these rooms that we create So we're gonna be here full time and we are excited to be part of the community in L A Amazing right OK Let's keep all the cool things coming So click on the website for art and it reads welcome to Wellness Your 2022 resolution starts here And since I already blew all my resolution we decided to send Jasmine Simpkins when the concept was being made we kind of wanted to bring everything under one roof So we have our flotation tanks here we have our yoga classes here and Fred saunas everything like that So you just have one membership My name is Lori Las Patris and welcome to Earth I think I wanna try out the cryotherapy I'm not letting you leave without trying it OK I've done it once before Tell me some fun facts though because I've heard great things about it I feel like when I've done it I come out just feeling very very refreshed and that's one of the feelings that a lot of people get Essentially what happens is you know your body is put into a position where it's like super cold Your body's like oh my God what's going on It kind of pulls in all your blood into your internal organs kind of oxygenates it while you're breathing it And then once you leave it kind of you know releases all the blood into your joints and muscles it helps your circulation shoots up your metabolism That's where you kind of feel nice and alert as well I'm sold All right guys I'm getting ready to hop in the cryo chamber It's negative 127 degrees in there Let's see how long I last OK I say real 30 seconds left I think I can make it in seconds remaining I'm so cold I'm freezing but I feel good Oh my God guys I made it the entire three minutes W now it's time to thaw out So now in the infrared sauna it gets up to 100 and 58 °F in here pretty hot but it's the best way to relax after all the freezing cryo earth has it all I think I'm gonna get a membership to earth Let me sign you up right now Honestly we have people who are nurses who are police officers firefighters we have people who are in the law industry and we're welcoming to anybody who would really benefit from this place Good for you Jasmine And you know there's definitely probably been an album cover or two out there that's used comic for art especially in the hip hop world In fact comics are expected to be a \$12 billion business by 2028 And that is good news for Golden Apple comics Hi my name is Ryan Lebowitz I'm the co-owner here at Golden Apple Comics a comic shop of the Stars When you read a comic book similar to if you read any book you know you have that escapism What's cool about comic books is the visuals and you actually get to be in that world The name for example doesn't really tell you a lot And so when you see that Spiderman upfront it kind of clues you into treasures could weight inside My father started this

shop back in 1979 You know we're on our 41st year we've seen the customer base expand hugely I would say a lot in part to the movies and television uh that are based on comic books The Spiderman outside designed by Stan Lee and then Tom Holland and Zendaya One day the Avengers walked in You might have seen that on James Corden Old Navel was dubbed the Comic Shop for the Stars Michael Jackson was a frequent customer We have a box we keep for Samuel L Jackson that I hand curate for him He's a huge fan of comic books and graphic novels Sam loves anything with the word samurai or having to do with samurai Even if we have a small story we're big in on our reputation old young from every every walk of life And if you don't know anything about comic books that's great We want you to come in and we can find something for you You know you could say I'm kind of a superhero my powers uncovering all of Las Hidden Gems And I'm sharing even more after the break where to catch a flick like a local and then a spot you'll like a whole lot Welcome back to L A unscripted from Grand Master recorders A place so steeped in musical history I may be able to sing when I leave here Probably not All right Well let's get into some movie history now with one of the best venues in LA A cemetery Olivia de Bertoli is hanging at Hollywood Forever pop quiz Do we know of anybody that's buried here Do we have a list The entire list does not exist There is a pretty good list of a lot of the people who had some infamy or did some great things in their lives including Rudolph Valentino Over here we have the Douglas Fairbanks Memorial We have John Houston DW Griffith Judy Garland So many interesting amazing people Nothing says summer in L A more than an outdoor movie theater and the most iconic one Sepia is Back Sepia is an organization a company that does screenings all around Los Angeles usually outdoors and in particular here at Hollywood Forever Cemetery in the heart of Hollywood I started SIA 21 years ago I had a film club and I had a mutual friend who worked here and he suggested I take a look around we saw the space and the cemetery itself was interested in doing events So it was a perfect perfect partnership We were one of the first cities to have them The screenings here It's in Apia were the only screenings in Los Angeles for a good 10 years And then little neighborhood ones popped up all over So it's been fun to be a part of that See it grow and Los Angeles so many creative people live here so many interesting smart people who work in the business or just love movies So we always get a great crowd for our movies The Hollywood Forever Cemetery is so iconic Tell me about why you guys wanted to do it here Uh Well there's so much Hollywood history here So

many interesting people from the golden Age of Hollywood not only the stars and directors but all the little people who worked on the films famous stylists hairdressers and it's been here since Hollywood's been here So we thought this is the perfect atmosphere introduce classics show some great Hollywood movies maybe to a generation that hasn't seen them before maybe get them excited about all the stuff that's come in the past We have something for everybody Our goal is to do something different every week get a different type of fan out and we have so many great films coming up We do screenings with fireworks during Fourth of July And that's something really special to this place So these famous people from the silent era are watching over all the films we show so many interesting people from the Golden Age of Hollywood that you know it's really special to watch these films and share them in this atmosphere with all this history around us When we come back things are looking rosy in Beverly Hills and we found out how to make an amazing cup of Joe using sand Welcome back to unscripted from Grandmaster Recorders in Hollywood But right now let's head to a Beverly Hills cafe that filled all of my rose flavored dreams Everything that you see here is all natural without any preservatives or additives Um These are what are called our marzipan jus Oh my God you crack it with pone Wow I was just so burned out by the whole process of you know the corporate experience and that grind And I thought what can I do that um interjects my left brain with my right brain And I thought you know I need to look back into my cultural background and what is prevalent in my culture being Greek and Armenian what better than dates and baklava So that's big semolina with raw unfiltered honey and pistachios Oh my God they're so cute We started off with the luxury gift boxes featuring our dates and our baklava and all of our flavors that we incorporated in We found success relatively quickly and people were really looking to have these at their weddings and events and corporate gifting And so we decided at that point what better way than to create the experience behind the sweets And so that's when cafe she was born she means something sweet in about six different languages Those are delicious These dates are so incredibly special These are all sourced from around the Middle East and they have to grow to sub Saharan temperatures So they require about 140 degrees of heat and much more water than California dates which is why that they're very tender and soft to the touch and they do melt in your mouth How many different varieties of dates do you have Typically we carry about eight of each kind We have things like pistachios We have rose petal we have our newest one which is a match We

have hazelnut we have coffee we have Brazilian orange I never knew how good orange and chocolate were together It's a really good for your iron They have high in magnesium potassium iron especially in a lot of women will have it for reproductive health Very good for fertility I feel like I'm getting pregnant as we speak Our coffee beans come in from Italy We have a super crema blend that doesn't have any acidity to it Our teas come in from Paris and we find a lot of the Middle Eastern tourists that enjoy the taste or the Arabic coffee So there's something for everyone here So one of the best parts about this cafe is that we offer plant based lattes and they're made out of flowers or fruits or vegetables So we have the blue bell which to me tastes like marshmallows that's made with vanilla We have the Japanese matcha delicious and we have the turmeric with clove Those are so pretty those coffee pots So I brought these actually from Qatar myself They're so beautiful in terms of the sandbox We are one of the only coffee shops here in Los Angeles that has Armenian and Arabic coffee that's brewed on sand And so it's brewed to about 200 degrees So we're going to make some Arabic coffee Oh my God This is so exciting I love this one OK Take two after I just exploded the actual coffee pot we're gonna do this again It smells so good It smells like cinnamon You'll see it percolating and it takes about five minutes to brew That is so interesting It literally makes you feel like you just went to another country We got the L A Times Best of Southland for the west side we got number one bakery and top five coffee shops We also in the running for 2022 So we were blown away to beat out Starbucks and Big Box competitors like that I have never had to do it Oh look how pretty Oh my God There's something so soothing about that But we do offer puccino here at the coffee shop and we find that sometimes the dogs enjoy it more than their owners Mm I can still taste that rose flavored latte Everything was delicious and who knew how great dates were And speaking of we've got a date for you Olivia de Bertoli You're up Ok We've got a very special kids edition of our sponsor She exact today and Christian we brought a supermodel her son That's right This is Jackson whether you are looking for activities to keep them busy this summer or out for them to where she could cover today First we have stairs line which is a must have for any parent to survive this summer You can turn your stairs into a slide with this amazing device Your home will quickly become a cool place to hang out in the neighborhood and a fun playground to keep the kids entertained for hours and off their screens the durable easy to assemble slide is made in the USA and grabs on the steps with rubber grips and it's easy to clean and

conveniently stacks together in sections for storage Even kids can set it up and keeping with the activities for kids We have I'm the chef too This is a subscription kit created by a mother and educator that infuses educational concepts into recipes to make learning fun engaging and tasty Each month new adventures are released that blend food stem and the arts into educational fun Kids can learn about outer space as they whip up galaxy donuts or they can engineer erupting volcano cake as they learn about chemical reactions The adventures are endless Another awesome activity we have is the tip one step tie dye It's the premier brand in the world of do it yourself T I the patent pending one that process is super easy and you can simply choose your technique add water and apply it to create today's most popular looks whether gearing up for a family reunion throwing a backyard bash or just looking for a creative outlet to look T I had you and your kids covered If you plan to head to the pool this summer we have a made from the same material as wet suits The A baby carrier is designed to take your baby in the water safely with you The soft elastic trim and flexible head support will keep your child all smiles Whether facing inward or outward new green is incredibly strong durable and reliable material which speaks to the safety and quality of the product Swim time just got a whole lot more fun and easier while you're at the pool You know the kids are going to want snacks Of course more peas is a mom owned company Bring functionality and fun to meal time and childhood Their essential snack cup is super versatile The cups become steamers The lids flip up into section bases and they are stackable he safe and can be used for baking freezing storing and heating The cups are made from 100% food grade silicon which is a non toxic and BP A material And when you're out and about this summer with your baby of course you're going to need supplies B CO is an innovative woman owned brand and the original creator of the baby B brush diaper cream applicator It keeps your fingers clean from diaper cream Also the diaper clutch riskless that have an air tight white pouch but actually calls them one of the top underrated parenting items And over 1 million parents who made the switch agree This is a must have for summer Next Let's get to the clothes to keep kids stylish all summer long Pretty little as a children's clothing brand created by a mom who found a passion in creating this brand that was inspired by her two little girls Her pretty little the brand strives to provide something that is special offering pastels neutrals and modern designs And it goes through a special process to create high quality clothing that is 100% organic cotton ethically designed and created in America and also is vintage

washed for a soft cozy look And another great option for clothes is willow and call a woman owned brand dedicated to providing other parents with practical and high quality four way stretch bamboo apparel that features to a modern neutral designs and a reversible for the option allowing your little one to run around slip free The brand is also launching a new collection in collaboration with well known influencer Crystal Horton and addition to other new designs this summer and last but not least we cannot forget about the teenagers Can we did you know that shampoo and body wash could be causing your teams Acne dermatologists say that many shampoos cause breakouts along the hairline shoulders and back technology skin and hair care does not Technology leaves out the sulfates parabens and oils that can cause breakouts and puts in all the good stuff In fact the shampoo is Amazon's choice for hair care for teens You can boost your kids confidence and give them one less thing to worry about this summer with technology and that is it for our summer must have items for the kids and teens that we are hooking you up with a great deal exclusively for KTL A viewers for 20% off all of these products Just head to their website and enter KT A 20 at checkout You can also find more information about all these products on our website She do that is all the time we have for tonight Thank you so much to Grand Master reporters Come hang out here on in Hollywood It is a blast Good night Everyone will see you next time