

The Journey to do What You Love in Life | w/ Brendan Schaub

For everybody who's listening when you think the world doesn't get it and you're right and everyone's wrong you're in deep shit I've seen how that goes Right Right I'm I'm very self aware the Gary Vee audio experience Veer Nation What is good Uh My commitment to have interesting people that I wanna chop it up with continues in 2022 in person now like you know we're starting to kind of get there So we're in the office Uh very creative dude here I'm gonna let him introduce himself and and tell you a little about himself but I have a fun feeling that this is gonna get into some uh some good stuff right before we started recording He he just said oh shit I'm getting old but he but he looks great He looks super young and handsome and and you wrestle you wrestled Is that what your ear is or no jitsu I see it every time I see that you know I tend to be weird about like getting into fights Like I'm a no let me explain this There was a little bit of like Brooklyn Brooklyn Queens There was a little queen's love back here on the production teams they were given and we got very Seth's accent Even grew a little bit Did you hear that Dustin Seth Seth's queen's accent count came out a little bit when he figured out Mike and him were from the same neighborhood So I grew up very jersey eighties and like got into a lot of fights Like that's how we did it it was different And for some reason I still as a 46 year old man when I walk walk around earth especially under sports context where I know my emotions run wild kind of size up people of like am I willing to fight this person And when I see the ear I'm never interested in fighting man I see the ear I'm like that dude can do the shit that I have no shot in because I'm gonna try to get one lucky punch in and when I throw it I'm gonna be on the ground because he's gonna shoot me and I'm dead and I don't have the strength the core strength is getting better but not there and I'm fucking finished So anyway why don't you tell the banner nation who you are What you do Give me a little like comic book number one like a little little 411 story We'll get into that But uh yeah name is Brendan Schaub I'm a stand up comedian podcaster Uh I'm the owner creator of uh Thick Boy Studios Thick Boy Network where all my shows are uh based under that and uh my number one profession stand up comedian on tour all over Uh I just released a special the Greeno Poppy on youtube on my Thick Boy channel which was shot by my team edited everything fully integrated right Everything man So how do you

think about that as a young how old are you Uh 38 So as a young dude how do you think Yeah but like you know maybe not 12 but like you got you got fucking 60 years on earth so 60 more You you're being generous name the biggest grandpa you know with cauliflower ear and full sleeve tattoos Well that's what that's what every grandpa is gonna look like in 60 years at my size I'm like I'm like a great Dane dude man Do you have the mindset of like I'm gonna go in my sixties so fucking go hard Uh I don't think I have that mindset I think I'm realistic you know but I I do take care of myself Modern medicine is insane bro Shit that everybody used to die from It's hard it's harder to die from They just know how to do shit Now the the lifespan is extended every fucking day and now they're getting into some weird ass shit like like I think you know do you know what my biggest fear on earth is that I that in like nine years I'm gonna wake up and there's breaking news everywhere and they're like we figured it out and I'm in nine years I'll be 55 So we figured it out And if you're under 42 you can live forever I'm gonna be so pissed so pissed I'm gonna be like motherfucker That's super sad Anyway so stand up comedy stand up comedy When did that hit the rate You're 3846 So like was there a stand up comedian or was there a moment or or did that come later Like when did stand up comedy hit Yeah it came later I uh background is sports Yeah background sports So played division one football University of Colorado No shit Real fucking football That's a real program Oh Yeah Yeah Yeah we were good too Yeah when I was there we were good and then I had a cappuccino with the Buffalo Bills had a had a shot in the NFL good for UEDF Uh I was free agent And so you went to camp What year was that That would that been 2006 Talk to me about the pro So I'm in the business We rep a bunch of players Boehner sports As a matter of fact Mike mccartney uh is one of our agents His dad is the legendary coach of Colorado Mike mccarthy I know him very well So he's great He represent my best friend Uh who's drafting the second round Joe Kenin He's the best Yeah So he just came over to be her sport We've been chasing him for five years So pumped He's the best the best I genuinely think he's the best agent in football Agree 100% And I think you get you obviously know him well So you know what we were looking for which is like I need a great agent but I need a better human being because I can't fuck around with that shit 100% A lot of those agents it's across the board In in sports is those agents are he's not a he's a good freaking person So anyway this is super fun I I just gotta ask you like that jump you play D one football So that means you had a real high school career Where did you grow up Aurora Colorado So real high

school career to get to fucking Colorado you you get you get to the place where even getting signed as a free agent post draft That is like a remarkable football player Like I don't think people understand the scheme of 8 billion people You know what I mean And it took me I would say you know I'm 38 I would say recently in the past three years it took me you know I I have kids now and when they asked me about stuff it took me a long time to have that perspective where man you did something a lot of people didn't do because to get there the goal is to be Tom Brady So by me not playing in an actual NFL game I feel like a failure And then and then I go then I go from there to compete in mixed martial arts I was in the UFC I was a top 10 heavyweight in the world and then I haven't talked about fighting you know again probably a long time I'd always shut it down when people asking me about it because again my goals became Velazquez You don't get to that level just being like oh I just want to be in the top 10 that you can't settle for that So it's taken a lot of work a lot of growth where I can look at my career in football in the UFC and realize that man that was a that was a successful run You did something pretty cool good for you That makes me happy because I think I think there's I always think that my level of ambition and competitiveness there's a good side to it and a bad side to it And I think for whatever reason the circumstances of DNA and parenting and the luck of the draw I got lucky like I wanna be the greatest in the world comma whenever I don't achieve anything that I'm like fully there for there's a level of being content that I fucking went at it That really gives me a little bit of balance And I'm very aware that not everyone that has the insanity of I played basketball last night I played once because I broke my foot at the All Star game Three years ago I've only played once half ass at the garden the other day for a Coinbase event So it is the first time I played basketball in like 3.5 years four years last night for two hours you would have thought this pickup game my life depended on I wanted to win so bad It was like bleeding out of my we lost the first game Shut that off though It's just in your DNA But to to what you've achieved like I'm glad that you're at that place at such a young age because there are people who never like love themselves enough to go there Yeah And I I think also like I wouldn't change anything Like if I would have got signed by the Buffalo Bills and had a five or six year career or in the UFC if I would have became champ or won my last fight which was eight years ago I you know I wouldn't be where I'm at now which is to me my true calling But I had to go through in my journey to stand up and be a headline comic And were you a class clown class clown I grew up in Aurora Colorado

which was predominantly like a black neighborhood So to fit in sports was the thing and it was a double edged sword for me because I was really I wasn't big as a kid I was smaller but I was really athletic so I knew I could make friends by showing them how good I was at football But my my my heart and my passion was Saturday Night Live I was obsessed with Snl Rob My mom would uh every Saturday we watch SNL and then she always had me watch Robin Williams So she comedy she loved it That's where I got my humor from my and she introduced me all that stuff So my heart wanted to be a comic but I was really athletic and it took it took me some great places You also again based on what I know about your athletic career I didn't know I didn't know you you got to go to camp but obviously I know about the UFC stuff Um I mean that means in junior high or high school you knew you had a shot Yeah I mean you know uh but but again you know when you're a kid and you're I guess gifted at football the idea is to be the next John Elway or the next Tony Gonzalez So my entire kind of identity at the time was surrounded to make it to the NFL And I thought if they just give me a shot man I'll be the next Tony Gonzalez And then when you get there you know I was young When you get there you don't have that perspective You when you my heart was broken I'm a sensitive person My heart was so broken When I got there and realized it was such a business It was so savage because I thought I get there You know it's Willy Wonka and the Chocolate Factory man I'm the lucky one that got the golden ticket This is gonna be great It's not great man It is such a business I I was not given a lot of opportunities which you have to add so much animosity towards That's the business man So when your dream is to get to the Willy won this Chocolate Factory and I get there and you realize it's this did you get any preseason snaps I got hurt I got hurt I hurt my hamstring went back home we had some other they released me We had some other offers to you know go to the Dolphins or SWATS stuff And then yeah I've always been realistic with myself and I II I think my best trait whatever it is is I I never just identify as that So a lot of athletes and you know this in the line you're in a lot of athletes when they get done playing or what if it ends for whatever reason God forbid they don't know how to not identify as you know an NBA player uh NFL player UFC fighter I never saw myself as just that ever ever ever Do you think it's because you had this other passion Did you do you feel subconsciously or maybe consciously in the back of your mind You're like I'm gonna get the comedy somehow I think so I think so because also in the UFC I lost a fight and I knew like my surroundings were a little bit toxic and

I I need to make a change And I grew up in Venice Beach as a kid I I grew up in Venice Beach and for whatever reason when I'd get to L A it just I don't know what it is it felt like home even though I wasn't born there But I grew up there There's something about it the culture just it just worked for you It's the way I feel about New York when people are like you know now everyone's like you're gonna move to Puerto Rico or Miami the taxes Like are you fucking out of your mind Like I couldn't live anywhere in the world but New York like I tried to I I get it I get it back for you So you knew that when I moved to L A um I was a a coach on the ultimate fighter at the time And so when I was getting ready to move um during the ultimate fighter One of the coaches Nate Mark Cart who's a teammate of mine brought in a comedian named Brian Callan He brought in Brian Callan and Brian's trying to make the kids laugh right there You know it's a tough thing I was on the ultimate fighter I I was a contestant on there was a final on ultimate fighter So I know how hard it is for the kids So they brought in a comic to make the kids laugh like you know raise morale And uh he's you know kind of I don't know roasting these guys or whatever And then so I just kind of took this you know took the floor and started lighting him up and having this fun And he's like dude you're funny man I was like oh thanks dude And he goes uh if you want to come to the show tonight come on I was like he doesn't know this So I was like thank God man I'd love to see the comedy So I go see him and then he goes uh man if if you're ever in L A hit me up man and he loves the UFC So he knew who I was So he goes if you're ever in L A hit me up I go it's funny you say that I'm actually moving there next week He was hit me up So I uh I didn't want to tell my family that in my head I knew I was never coming back but I told them I'm only going for a month just to see camps and just hang out with my dog and then I'll be back was never happening So I moved out there and then uh I was staying at my uncle's place and I remember I drove out I had no friends I had no idea what I was gonna do And uh Brian how old were you at this time man Probably 25 Yeah maybe 25 24 I remember I get there and you know I don't have anything man I remember I didn't have a lot of money None of that stuff Living at my uncle's house rent free Felt like a loser coming off a two fight losing streak you know So I just remember I got to L A and I thought I made a terrible choice I'm crying and I'm like man I don't know anybody here What am I gonna do And I remember I had Brian's uh cell phone number and I text him hey uh I got to LA I don't know if you remember me man but you you wanna meet for coffee tomorrow It was like the only glimpse of hope I had and he

responded back way too fast way too eager He was like yeah and sent me the address like oh Jesus Christ So I meet him there Yeah way too eager And so I meet him there and then I'm also extremely eager like all the cadence of what's appropriate Like if I love someone or I just want to have like I don't give a fuck I and I I think that's as as big and as famous and successful You are I think it's rare because there's this weird I'm the same way There's this weird dance that people do It's like an ego thing But when I text you because I've been a fan for a while when I text you um you text me right back I was like you see because I figured I'd text you and then you know two days later by the way on the record for people listening who I haven't texted back like when you get 100 or 200 like sometimes you just get unlucky and you miss shit So thank God for this story purposes because if I see it at the time otherwise you're moving at a million miles an hour it's hard you know it's just the way it is anyway So yeah So uh me and Brian meet for coffee and he's like man you're really funny Interesting And he at the this is 12 years ago he goes uh man you should come on my podcast I'm like the hell is a podcast and he said that's like radio but you record it and I'm like all right dude So I go to his house out of his garage and you know it's this little thing no video at the time and we do the podcast and we get done He's like dude that's the best podcast that we have This weird chemistry I'm like I guess and he's like we was that you protecting yourself the I guess or did you see it Uh No I'm scared to like I mean you talk to so many people you might be a nose again I think one of the things that um one of the talents I have is I make friends really easily So you and I are we're gonna be like I I know you don't have time but we're gonna be friends By the way the number one thing I fight for is relationships too I I don't have a lot of time because I try to fight for relationships in whatever form facetime physical like you know like I I agree with you Like that's what I fight for So you weren't sure you were like maybe I'm just charismatic and he likes me Maybe I don't have the skill set a little bit you know especially at the time Big time come He's on Mad TV He's on all these shows You like him I saw your head nodding in the background So he goes we should do a podcast every week together once a week And that's the time I remember I I'm still in the UFC I'm pursuing a world championship and I don't have time for that Man He goes no no no I'm telling you once a week it's an hour And yeah and I was like uh and he goes we'll talk about fighting and and that's and I went hey listen I'll do it but I don't want to talk about just fighting We can touch on it But I want to talk you know I'm into fashion I'm a sneakerhead You know I like I I just wanted

it to be like a lifestyle thing He's like sure So we start doing that thing you know gain traction you know at the time especially it was like Rogan Marc Maron Corolla and then us you guys were really firing the kids So that thing just kind of took off and then remember I still compete in the UFC but I realized there like I had a knack for it and then we started doing live firing the kid live podcast and uh Brian would go uh we're not gonna sit down and talk like we do It's gonna be a performance and I go y'all I I say that makes sense man He goes and here's what we're gonna do I want you to start every show and you're really good at storytelling I just want you to tell a story every show 10 minutes of story I can do that And then you know few shows go by we're doing big venues like you know my first time ever on stage I'm at the VIC theater in Chicago like you know sold out And so those were my open mics But at the time the way he framed it she just telling stories man you can tell stories and I'll never forget we were some big ass theater in Seattle or something like that in that tone And I go oh man I'm trying to go over my story man It's like 10 minutes before the show and I'm trying to go over my story story and he goes oh Bubba you're doing stand up I just want you to be scared and it collected like holy shit And then he does he didn't realize at the time what that meant to me And I was like here we go dude this is it this is it And then shortly after that I'll wrap it up shortly after that We do a live firing the kid at the comedy store the best comedy store which is like the method like the garden I've always wanted to be there and I don't even do stand up I'm like I gotta do the comedy store All my friends are there Yeah it it it you know it's a big feather in your cap So we do a live friend kid there and he goes well and I I do my 10 minutes at the top a few weeks ago but I get a call from the Booker Emily never forget this changed my life She goes hey see if you wanna do a spot in the belly room on Wednesday You you have six minutes and in my head and I respond back this is how oblivious I was I respond back and I go oh let me check with Brian He might be out of town She goes no dude we saw your set We want you to come here and do it And I was like oh shit the comedy store So I go there and that was like my first technical set which was almost eight years ago Yeah it's awesome And that was off then um then again you give me an inch you just give me an inch Get that freaking run with it man Back to if you could have gotten some snaps in pre that was just why it probably burned Let's talk about that I wanna give I've been very hot on this new thesis of giving out roses while everyone's alive Like explain that I just see people dying and just like outpours and just like even like forget about

famous people Kobe Prince David Bowie just like in my life like you know I got into the liquor business when I was a kid A lot of people were 40 when I was 14 and you know or 70 just watch people that I grew up in business I was so young you know pass because they were in their fifties when I met them when I was 20 Um and and I just something that just hit me which is like we tend to hold in the roses We feel genuinely feel and I think we society right now is very good at pointing fingers and razzing each other And so I'm just you know I always think I love to talk to you about that eventually Yeah so I'm very excited about just like giving out roses So I have a fun a couple of fun questions for you on roses You go to camp Buffalo or maybe it happened in college because that would make sense It depends on how much time you spent at camp before you got hurt Um Who was the best football player that you ever saw Like if I said who's the best football player that I played with or against You saw that you saw with your own eyes from the field not in the crowd So that means maybe it was in camp with the Bills maybe it was against the best team you played when you were at Colorado because it obviously takes it you know given that you played at Colorado and went to camp You've seen professional football players play So if I just said best player you saw play a two part question there So played against that I saw in person Uh It'd be one A one B it'd be uh Adrian Peterson which I didn't I didn't realize at the time how he he so we played Oklahoma when in the big 12 championship when they had Jason White Heisman trophy winner and then Adrian Peterson Heisman trophy winner then went on to win the national championship We played the game before and II I knew he was good Obviously you know we saw film on him and stuff like that and when I saw him in person you know you just felt different he looked different Move different You're just like what In the I get it He's such a tank and the speed and then he's agile And you're just like oh my God you're like that is a star football player But even that that didn't discourage me because I was like that's an all pro I don't need the all pro I just need to be on a goddamn team Yeah And then as far as uh one B with someone who I played with and even that's one B one C would be uh Joe Closin who was my roommate and best friend He was drafted by the Rams mccarthy was his agent And uh he played I think seven years in the NFL and you're just a complete freak freak I mean you're talking yeah my my best friend the worst diet you've ever seen Eats Dunkin Donuts every morning 662 60 shredded It's frustrating Shredded doesn't you know donuts yeah didn't give a shit just eats whatever shredded and then ran a 453 in the 40 at 260 at the combine He takes his shirt off and

like Jesus you have seen a who hurt you the most on a single punch again in the octagon roses like roses you know with a little humility in the roses you know and you know this I mean you know this better I grew up a huge fight fan So the Yeah And then so when you I mean I watched I watched UFC number one when it was a fucking you know because I was the right age Yeah it was like fucking crazy And then uh Veer sports is also in the fight game We we rep al Jermaine Sterling uh o'malley like we have a water Michel like we have a real practice ST A like we have a big practice in UFC Yeah we'll talk about that So so you know you know this like what's funny about punches is sometimes it's the equilibrium It's like the back of it Exactly You could get drilled here and be but the back of the head catches people even I just did to myself I'm a little like you know like so it's not like it's just a weird sometimes It's just a weird thing So and I think this might surprise people that are familiar with my career because you know uh Antonio Nogueira big nog I fought in Brazil and uh you know he knocked me out but it didn't hurt And I but when I got hit by uh Roy Nelson he landed a right hand Um he threw a double jab and then a right hand It hit me flush That was the first time where it inside doc on because you're drones so high That was the first time I was like oh can't do that again Jesus Christ And then he ended up that hit me right in the chin And uh you know first fight in the technical in the UFC because the ultimate fighter they don't count as real fight So that was the finale Jon Jones It was the com I was the man It's Roy Nelson and uh I was winning the fight He lands that and I was like oh holy oh wow this is real dude You know the first time I've been hit in a fight I mean oh this is real and then uh he lands the one that uh ended up winning the fight but that that one didn't hurt It was behind the air to your point behind the air But the the the one that was flush from Roy Nelson Yeah Now when you talk about roses which I which I absolutely love I would say that's one thing that I do Well I I tell especially close friends every time whether it's text when we leave I love you man I love you I love you man Every and it might be a for some people it's awkward as shit I love you man Like what did you guys make sure I've done it to you guys Like was it was it weird the first time It was right You don't Yeah It's so na like I've only in the last five I I've been doing it for so long Like my college friends are like because I like brought it up Like they're like you did that in college I'm like I did like I've been doing it for so long but then I just thought I was gay but it was like you know it's like it's really cool It's really nice But also I think it it's how you grew up You know I think there a lot of it has to do with your parents being

comfortable with that stuff So if you do it to someone that did not grow up with that love and affection that's where they're like j take it easy dude I met you two days ago I love you man Talk to me about Stan biggest like obviously it's such an adrenaline thing It's like so cool Like I've I've thought about stand up even though the way I give keynotes is very affected by Eddie Murphy and Chris Rock and and especially Richard Pryor who I was obsessed with and I've seen those and this is your Roses is what you're so brilliant at And which uh which makes your favorite comic so brilliant too is they can get from point A to B with the with cutting the fat So they get it's very clear and they can get there where most people can't So if you look at a Nate Bargatze you look at Bill Burr uh Chris Distefano they're great at getting to where they need to get in the shortest amount of time with the shortest amount of words but they're very powerful and you my friend are damn good at that Thank you Talk to me about the biggest or if I said name a biggest laugh because it might be hard You've been like you know but like that like the first time you work on like what's what I find fascinating is the work I'm so improv Like when I think about rap I'd be like oh I'd be going off the top of the dome I'd be like you know like go into the studio bang it out and be out Other people really write You know obviously the same thing with comics there's different styles Tell me a story because this will be this is a fun story for me Something you really worked on and it fucking destroyed Uh Does anything come to mind if I ask you that Yeah it does because I think you know the any comic especially in New York you know there's so many legends here they'll tell you you really don't find your voice on stage until you've been to it 10 years around seven The only caveat with that is remember especially when those older heads started they were doing open mics It was tough for them to get on stage So the amount of time I've spent on stage in seven years probably equal to most comedians 12 to 14 years doing it because I was and it I'm super blessed and I'm not taking this for granted but because I had somewhat of a name I was able to get on stage more than these other comics So as far as biggest laugh I I'll have some I'll have something written down in my head where I think it and I had to learn the hard way where I'll have it written out word for word and I study that in the mirror in front of my Yeah you get out and be like Jesus Christ dude And then once I loosen up and I'm just going over you got the you got the core of it Now if you if you look at my notes that are in my phone or in my paper it's just bullet points and then I can riff from there and I know the beats and stuff like that So I've had times where I've written it out and I thought I was gonna

crush and I didn't and then I'll I'll just kind of cap go uh you know right field with it and have fun with it And it you know for me especially doing this now seven years once I start telling like my truth like being married to a Latina and having Mexican kids and being a dad like once I start telling stand up that's actually relatable to the audience I found for me like I was getting last where I didn't think it was gonna be like being a dad and like I don't think but that's what works when I have an idea and it hits me and I'm like I'm gonna try it out tonight whether it's at the comedy store and I have to follow you know Crystal Leah or Marc Maron or Louis CK the other night at the Hollywood Improv And if I try something new and I get this huge laugh dude it's like it has to be like hit a home run It has to be like hit a home run Yeah you're like oh I got some and I can elaborate on this What about acting You think you have that gear in You are you interested in that gear or do you think that's like a different thing altogether that you're like whatever Yeah I've never disrespect and respect Oh I can act but I do think uh you know I I've I've had a small role in a David Ayers movie Um and I saw I saw the sausage was made my takeaway from that I think again I can I think there's positives with everything You know I was basically in the extra I played a cartel guy and they had me on a mask on you know I looked like a giant Mexican cartel member And uh it's just so serious and I'm not that serious of a person and it was like hurry up and wait You just took it up And I did a show called Planet of the Apps for Apple like years ago with Will Im uh Jessica Alba and Gwyneth Paltrow and I was the fourth judge and like those are like big ass names that was on Apple and I had dreams that they were gonna buy Netflix before they aired the show Like I had all these concepts like four people watched it because they put it on Apple Music But we did the show and I just couldn't believe how slow it was I'm too much of a psycho of speed And do you think it's a control thing I just think that TV has its way They know what they're trying to get Like it's a it's a it's a platform thing Yeah I think you're right I think for me it was like uh a bit of an ego check too which I didn't you know care about because Shila bes on set and all these big actors and seeing them again The positive was II I saw how good Shila Bou I saw him die in the movie and they had to do it eight times And that was the only thing they shot all day And my scene got cut at the time So I'm just watching him I just I appreciate talent so much And when I I would watch him it's like oh my God this guy was so talented And then David Ayers who did you know training day and uh end of watch and fury like such a monster and suicide squad I and I told him this and we don't

know each other well but I told him this I said I've had some great coaches in my life man as far as being able to manage like when it comes to football like being a head coach and being able to manage all these personalities and you know the offense coordinator defense coordinator and putting a game plan together I said you're the the best I've seen as far as communication being direct with guys and but also not being too harsh knowing exactly what works with this actor And that actor said I I've never seen anything like it man You you're a head coach you're you're an offense coordinator man Yeah so that so that was cool But to your point you have to hurry up and wait and it was so serious I think it was like a uh a comedy thing With my friends which we could do I think that'd be so much fun I'd be interested in that But um yeah you know II I think media is moving where everyone has their niche and there's these lanes and you know if it depends you know but if you can control the narrative and control what you want to put out and market to me like I take I I was listening carefully to like hey I put out a special and it's like I'm in full control That's very different than doing it on Netflix or Hulu or something of that nature I value that I'd rather have less distribution and more control and and and and I again I'm a fan of here So one of the reasons I said that is because I if anybody could relate to that and and and and and you know and be like oh that's cool It would be you because I have a lot of awareness with no massive distribution channel It's been all done in the trenches because I think the collective of the trenches linkedin and Tik Tok and youtube and podcasts and Twitter and Instagram collectively if you do it the way I do it adds up to some of the biggest distribution plays It's hard like I'm empathetic that I like have good improv uh chameleon contextual skills to play all those channels But it's cool for everybody listening right now Like it's hard to play the game of distribution because you have to be picked it gets diluted it needs to work for the distributor and that loses a lot of soul and you know with comedy especially with with my background man being an athlete and having cauliflower ears and full sleeve tattoos and I you know I dress like a fuck boy for lack of a better term I'm a sneakerhead you know I look ridiculous So you know being this big the fact that we both have backwards hat and t I got excited I put on backwards just so we look exactly like you But um you know so you know when I first started you know I'm a tough sell man and I get that So my goal it's the same you know that right there that right there that little sentence and I get that is the number one thing that I see for all the kids that are listening right now I wanna rewind that part I know we don't edit so you don't have to rewind it But literally the and I get

that I so much has been like filled in for me from watching from afar listening to you in this podcast I believe that what you just said is the most important part of your success I believe it's the most important part of my success We have ambition we have drive we wanna make things happen but fucking self awareness for you to say blah blah blah But I get that for everybody who's listening when you think the world doesn't get it and you're right and everyone's wrong you're in deep shit I've seen how that goes Right I'm I'm very self aware So you know when I'm doing spots at the Comedy store I again I think maybe beca you know I'm very closely associated with Joe Rogan and Joey Diaz and Tom Segura and Crystal the big dog So they would treat me in a different way where really I shouldn't been treated like that And again I'm very aware like I don't deserve this treatment So you were like turtle in like entourage like the halo dude I was the punter on the football team like I'm on the team but I don't really deserve a ring You know what I'm saying I'm not going through the trenches like these guys you know the humility of that Like again I'm I'm sorry but I really want to drill this for the people listening on the other side not getting a high in your own su like I you know it's not obvious you have to kind of know me but like no doubt it is humility that is making my whole fucking engine gas I'm confident as fuck I got bravado I fucking go at it right But fuck it is humility like genuinely knowing I don't mean shit like I'm very aware like I see it and it's a fucking superpower So listen you may think you're special You got it That's awesome Confidence is everything you fucking match it up with real fucking self-awareness and humility which leads that self-awareness leads to patients You're like I get that I'm not everyone's cup of tea yet that I'm gonna have to earn it They're gonna have to get to know me under the hood That's fucking powerful All these kids My main thing was when I got around all those comics and I was doing comedy and I knew it was gonna be a tough sell for a lot of people Uh My number one goal is I'm gonna earn the respect to my peers and the only way by doing that is they see me working my ass off Yeah So I would go up to the booker whether it was the improv or Laugh Factor the Ice House or the Comedy store and go hey I'll I'll be a door guy man I'll be a door guy and I'll I'll work however you want me to work I do not care I'll go on it and they knew they were going to say yes that they look at you like you're a door guy right I'll go on I'll go on at midnight I do just let me do the work Let me earn my keep here And if it's not a fit if you think I'm bad at this let me know man But I'm telling you give me an inch I'm gonna take a mile man Tell me about this tour before we get out of here Tell you

about what Charlotte and all this stuff you're about Oh yeah Yeah Yeah Yeah
So uh you know it's a whole new hour after the special uh the special is the
Green Girl Poppy on youtube Thick boy youtube And uh the tour you know
I'm in Charlotte this Thursday Friday Saturday And then I go to Philly and
then it's Portland and I'm all over man But a whole new where can people
find that in case they want to go check it out Where's the best place to find it
nonstop I mean nonstop I love it Oh obsessed But again it's a balance
because you have kids So it's like I I struggle with this balance where I don't
want to miss miss anything with my kid's life because they're six and two
And then also being the next can I help you Sure please There was this
young woman in the in Singapore after a talk I gave I was with my sister on
this trip and just some of the people from the organizer we went to this
dinner and there was like 20 people at the table and this young maybe she
was 25 She talked about her mother being a judge I think it was Singapore It
might have been Malaysia and she talked about her mom working every
minute and I was like really listening because obviously you know I also
wanna go at it and she said you know it was hard at times as a kid she goes
but my mother showed me how to live instead of told me how to live I really
think for a lot of the parents that are listening out there there is no work life
balance there's just work life balance for you Uh It all looks different it's all
individual But I I do think that a lot of parents in their concern anxiety of
like am I doing it Right Really miss that nuance that that young lady like you
know it's a really interesting insight that I've like took that nugget and then
I've watched for the last four or 57 years It really resonates and I think for
people that are on fire trying to do shit it's gonna impact your kids more than
you think Now that doesn't mean miss every fucking recital and game and
never be there and shit like that I'm telling you I I can't you know there's a
and I was talking to bet cry I don't know if you know bet But you know Burt
goes man you know I've missed so much of my kids' childhood and and I
said what I struggle with Burt is so this is the longest I've been away from
my kids on doing this press tour And then I go to on tour you know that's uh
a full week seven days Uh and I need to talk to somebody about it I I get
physically ill if I don't see my kids and you're lucky compared to parents of
different generations Facetime is crazy Like it's a crazy revelation for parents
that are on the road There's a lot of things I get it good for you you know
yourself I mean I look I'm incredibly close to my dad Like fucking love him
like uh like fucking built his business because I loved him like wanted it for
him and and I didn't even see my dad in the 1st 15 years of my life even

though he slept in the same roof as me every night he just left before I woke up and got home after I went to sleep he worked that much And so obviously I'm very affected by that I'm like there's just you know I know kids who despise their parents or struggle with them and they were with them every day and they went to everything so intent and love Trump's everything But that that one thing of like she showed me how to live really struck with me All right my team's hovering all over me I got a ton of shit to do No nothing I appreciate I'm enjoying the shit of this We'll chop up again Thanks man Love you too