

## LA Unscripted | January 27th, 2022

From hot spots to hidden gems and lots of local flavor It's your guide to L A The unscripted Way from West Hollywood's legendary Barney's beanery Hello everyone and welcome to L A unscripted I'm Dana Devin Tonight We're getting historical about las oldest and coolest bars and restaurants and we're kicking it off with a classic Barney's beanery 1927 is when this hot spot first opened And for almost 100 years they've been a celebrity who's who of who knew There was great stories about Humphrey Bogart coming in about Marilyn Monroe There's a somewhere there's there was a canceled check that she wrote for Chi and it's like for \$2 Well you get into the sixties too You get the doors who are in here all the time Their studio was sort of cady corner to us across the street John Anthony started the business from a very humble beginning It was always a casual come as you are kind of vibe His nickname was Barney That's what everybody called him So he named the restaurant Barney's beanery beanery sort of met eatery And but it also referred to the to the beans in the chili which the chili first thing on the menu The thing that is runs through the entire men You can get chili on anything It was right along what was to become route 66 back then This was just a dirt road They haven't they hadn't even paved it out from downtown yet It started very small this little chili hut and then just started to grow over the years at that time they're coming out of that pandemic They're coming out of the Spanish flu they're going into the Great Depression There's just a whole lot of people who are sort of need kind of a little more of what we need now which is just a little compassion from one another When the current owners came in we sort of knocked down some of the walls a little bit made it a little more open added these wonderful collage tables We've got all the decoration of some of the dating back years and years and years that name now for people who come to Barney's it's synonymous with good times This big menu sort of a raucous beer drinking hanging out watching sports It's just all those things are now defined by that name We've got something for everybody Our menu is so big There's so many different things going on in the restaurant or a bar or a restaurant or a late night hang out or a breakfast place We do so much You can get you know a burger at 10 a.m. you can get waffles at midnight We're real fortunate that with the wonderful staff that we have and the really loyal customers that we have we've been able to keep it going We're just we're we're making it through over this past weekend We had the great football on this weekend and I was talking to some of the

regulars just about the past couple of years and they were looking around and it just felt like old times you know and we were talking about who was winning the game and they were like you know who's winning right now Barney's is winning That's we're all winning you know because we're we're inching along but we're getting back to what is normal for us And that's a really sort of special thing and people who haven't been here in years it's a thing that you can count on and we like being there And you know you also find about 45 different kinds of chili here on the menu But if you want to eat your chili where Walt Disney like to eat lunch We're revealing chili Johns and the sauce they call the bucket of death I'm Steve I'm the owner of chili John's and I'm here to reveal to you one of the oldest chili recipes in America So Chili John's is the oldest continuously operated restaurant in Burbank California It's been here since 1946 Walt Disney used to eat here even before he became famous his favorite food In fact was chili Uh another old time Hollywood celebrity that was known to eat here was Howard Hughes So our logo was trademarked in 1902 So it's before Coca Cola We're the second restaurant for Chili John's the first one opened in 1900 And prior to that Chili John was selling his chili out of the back of a horse drawn carriage He also invented chili on spaghetti which is a huge cultural thing in the northeast Chili is a preserved food It's an oil based food at room temperature It actually becomes solid When you add water and sugar to the chili it instantly begins to spoil it So you could keep this forever the way it's preserved and in a refrigerator or freezer it basically lasts indefinitely So the cowboys used to make it and they used to roll it up into a big strip when it was becoming solid and keep it inside their bed roll in a piece of wax paper And they used to it would be like a sausage and they would cut off pieces of it and they would melt that down Is this the vat the vat This is the vat Look at just this thing This is unbelievable Yeah this is a 65 gallon pot right now It's got about £450 of meat in it Is there a secret way to stir Am I doing it right This batch here is just finishing up This is 24 hours We have a lot of celebrities come in here A lot of directors and people from the movie industry come in here We were actually in once upon a time in Hollywood I did recently get to meet Snoop Dogg and he liked my chili fries with Fritos on it so much He said I'm allowed to name it after him I don't want to just make any chili cheese fries I want to make Snoop's favorite What are can you teach me Snoop Dogg's double dazzle fries Snoop Dogg's double Dizzle fries You want to get a big handful of cheese and you want to put that all over the fries then you're gonna want to put two scoops of that on top You gotta put Fritos of course

Oh my God you have what's better than Fritos Snoop I'm so sorry but I'm changing this to the Dana double dizzle chili cheese fries All right Dana How am I dare for you Do you want to try a hot sauce from the bucket to death We're going to start out with Tabasco sauce which is always a good base which is mild So we're just gonna start with Tabasco sauce Ok Just Tabasco just for comparative sake OK I love Tabasco They're going to move up to Dame's ultimate insanity which is going to be moderate and that's just the medium one That's just the medium one That one's about a million Scoville I've done the medium one and it's still on fire on my tongue And that's only a million Scoville So this one is 5 million So I dipped a toothpick Wow It gets hotter and hotter and hotter Good morning Do not consume directly I did it dated de completed This is my favorite pie Lemon pie Oh my God I can't wait to try it OK My nose is running from the hot dog That's incredible It's like light and fluffy and airy and for one minute I forgot about my hot to Delilah Thank you so much That's why they chose it because it's delicious It was so hot You guys I don't know what I was thinking It lasted for hours All right While we're here Soaking up West Hollywood history Megan tell us checks out one of the first multicultural neighborhoods in Los Angeles and the restaurant serving up slices dripping in history All right now for some food I missed Los Angeles is so spread out and you don't know much about certain areas of the city that are important Boyle Heights It has a great long history of multiculturalism One of the first multicultural neighborhoods in Los Angeles You had African Americans Jewish Americans Mexican Americans They call it the Ellis Island over the west coast What year are we talking This is a turn of the century into the twenties but also there's a rich musical history here When we look around we're at the Paramount I've learned a lot about the Paramount I keep saying if these walls could talk in 1939 the famous uh jazz musician Basie one of the architects of big band jazz played here and he crossed the color barrier African American only played in South Central in the fifties Celia Cruz Tito Puente the salsa stars and the sixties Stevie Wonder the East Side Sound of East Side bands They were very popular in the mid sixties Like cannibal the head hunters What do you think it is about the space and its location in Boyle Heights Well it's right in the center matt and now it sees a cha no other ballrooms like this and how cool to have a building that's nearly 100 years old Still standing and breathing in new energy Right Right Right Right Right Right And what's downstairs Brooklyn Avenue Pizza Co So how does that come into play Well the owner Dr Ao he wanted to open a restaurant downstairs People could

dance up here and party and then go down and have some pizza Chuck George for you The experience I look behind I see all of this dough I see the big old oven What's the experience like being here It's very fun Actually I always treat my dough as a canvas for making it from scratch It's four day fermentation It really dedicates to what this building used to be which was a Jewish Bakers Union and to be able to make dough from scratch and home it really represents past to the future and the present You were mentioning that in the nineties the Paramount and everything within the Paramount evolved shut down changed Was there a moment that you did not think the Paramount would ever come back to what it was Yeah I wrote an article in the L A Times about Boyle Heights and I wrote about the Paramount Ballroom and its history neighborhood You know the multiculturalism of it And Frank the owner the new owner got a hold of it and called me up and said hey I want you to come on board and see if we can resurrect Come to the Paramount come check it out check the website out and come grub with me I'll be here all day every day Saloon saloon Ok A little Barney's trivia for you So this is Quentin Tarantino's Booth where he actually wrote his movie Pulp Fiction How cool is that Ok When we come back a hot spot where the food has been filling people with soul since the eighties Welcome back to the historic hot spot Barneys be located in the middle of what used to be a giant point set AFI here in West Hollywood So what's the story behind all these license plates above the bar There's a story behind it back then when they were first paving out route 66 and and people were driving out west and it was the depression and the dust bowl and they're looking to start their lives an new some of them would come in and they'd want a hot meal and they didn't have money to pay and he would take their license plate as collateral And when they got they got a little money to pay the bill they come back and get their license plate back and some of them never came back Well it's not the kind of drink you'd find behind the bar here at Barney's but it is the kind of drink you'd need after a night here at Barney's Olivia De Bertoli has our sponsor It's the beginning of 2022 Everyone wants to get into shape You know that's how they start the new year off I love this time of year because we all have that motivation So take advantage of that motivation and set many goals We all want to have these big goals like running a marathon but we got to get there with smaller goals and that actually helps with motivation So if you're new to exercise I say make a plan to work out maybe just two days a week for the first month write it in your schedule plan it out like you would a meeting And I also really recommend now with all the technology

people take advantage of fitness apps you're going to access the motivation and the expertise of a trainer So that's always good at you Make sure you're doing the right thing Why does hydration matter when you exercise hydration matters when you exercise But it really impacts so many areas of our life from focus to even craving midday and performance So when we're talking exercise and this is a little nerdy but even a 2% dehydration can actually impair your performance And I am a huge fan of body armor because they truly offer the best in sports hydration today I'm going to talk about something That's absolutely my favorite And that's the body armor light sports drink So what it is is it's a low calorie no sugar added sports drink It's made with potassium packed electrolytes and coconut water body armor has a program called their Commit To Fit Promotion So now through April 30th what you need to do is you can buy \$20 of any body armor products including the light They have a sport water and the body armor sports drink you have there and you upload your receipt and you're going to get \$10 in fitness So you want to stock up on these pick your favorite flavor and get them when you have to route Even if you only do two minutes of something tomorrow that's two minutes more than you did today So it's ok to start small and keep building and then like I said keep track of your progress because you will see oh my gosh I could barely you know jog to the street Post and I just did a whole mile So start small and know if you're moving forward you're going in the right direction Thank you Olivia And if you want to work your way to that cocktail they have got over 80 kinds of beer here at Barneys all will be right back with more history from here and your favorite place for food that suits your soul Welcome back to our unscripted round up of great places to eat and drink that serve history with a side of fries So many celebrities have walked through these doors here at Barney's but rumor has it that after the original owner died they found a very interesting shoe box left behind as Los Angeles and Hollywood was developing into a scene you had people who were coming here and they were just starting off in the world and he was the kind of guy who would you know some good regulars some good customers He'd lend you a little cash if you needed him He'd give you an IOU during one of the renovations with the IO US they find this box of IO US and they're going through it And Clark Gable's in there Moore speaks to the kind of guy John Anthony was he wasn't lending them money when he was Clark Gable He was lending them money when he was just a guy getting started While Barney's is known for serving comfort food to everyone from the brat pack to Bob Dylan and Betty Davis our Jasmine Simpkins takes you

to Doolan's That's been serving soul food to its customers since the eighties When it comes to soul food in L A There's only one name I think of Doolan Doan's on Crenshaw and Doolan's Soul food kitchen dos has been in existence for over 30 years It started by our parents Adolf and married Dolan and they initially opened a hamburger stand called Hamburger City which later morphed into Aunt Ky's back porch And currently we operate as Doolan's Soul Food Kitchen and Dolan's on Crenshaw I'd like to get to bake fish Ooh the string beans are my favorite Oh my gosh I'll do the cabbage I gotta do the cornbread muffins all together We've been in the restaurant business approaching 50 years We started off in the hamburger business but the hamburger business started to fail And so my parents decided to start serving soul food as a solution Some of the specialties that we offer are our fried chicken smothered pork chops And my favorite is the meat loafs We do the traditional Southern side dishes such as collard greens candied yams mac and cheese and our cornbread muffins are to die for made from scratch mixed by hand These were family recipes that were evolved over the years my dad is from Oklahoma grew up in a small town called Luther Oklahoma was raised on a farm eventually uh migrated to Los Angeles with his family And we've been here ever since the Crenshaw location opened about 33 years ago And that's the the largest sit down location of the three restaurants that we own We opened this location about 20 years ago on the corner of Manchester and La Brea So my brother currently runs this operation and he's doing a wonderful job What do we have here Doolan's restaurants are expanding And uh what we're doing is we're adding seating We knew that the Sofi Stadium was coming So we wanted to have seats for the fans sometime in late December early January we're going to open and we've had a lot of celebrities over the years from Denzel Washington to Little Richard was a was a favorite A lot of the politicians you know the mayors of the city wood in Los Angeles we fed just about everybody Warren Moon has been a customer of ours for many many years Going way back to the Aunt Ky's back porch days He's been a really good customer of ours We are part of the community The food is delicious The portions are large and that was our dad's strategy to give large portions of really good food And if you do that the customers will come again and again Well they didn't have Tik Tok when Barney's first opened But if they did Bob Dylan could have seen how he looks made out of carrots I'm a graphic designer turned food stylist and I take fruits vegetables anything edible and plate high fashion looks on celebrity faces Hi My name is Ruby Permit and I'm a food stylist from Dana

Point California I am absolutely in love with your creations How in the world did you get the idea to start doing this during the pandemic when it all started I was looking for a creative outlet So I took a photo of myself I put it on a plate and I made myself this mango dress and the whole process was so satisfying and therapeutic Then I started a Tik Tok account and my first post on there was with Jennifer Lawrence So the whole dress is made of a whole pomegranate So the top was the peel and then the dress was the all pomegranate seeds And I even gave her a pomegranate hat So when I posted that on tiktok my first post went viral One of my favorite things to do is to watch celebrities on the red carpet And I just miss watching you know them on the Grammys and then the Met Gala and the Academy Award I'm just you know so obsessed with their big gowns And so that's one of my inspirations just watching to see what the celebrities are wearing and then recreating some of their gowns I know Chrissy Tegan saw hers and she reposted it I'm just such a big fan of hers And uh you know and I just I made her dress out of dumplings Laura Dern actually reposted her chips and salsa dress Celine Dion Um messaged me to see if she could share her Celine Dijon dress If somebody wanted to order one of these Could they do that Yes of course I do I've done a lot of custom um art pieces custom food styling Um So yeah just message me email me you know we can uh talk about it your favorite food My art can also be you know printed on a plate or canvases and stuff like that So I've done that before for people Dana I have a special surprise for you For me Candy Oh my God And I love those candies I can't believe that I get to be one of your creations This is like an honor We finally get back on the red carpet You've actually inspired me I am wondering if we can actually make a dress out of candy A real dress I'll come and help you do it And there's so much history right here on the walls at Barney So come make your own Tik Toks where legends used to mix and mingle That is all our time for tonight Where will we pop up next You never know We'll see you next time