

## LA Unscripted | January 17th, 2022

It's a city where anything can happen So what could go wrong or right As I hit up L A unscripted there is no place better to live work and enjoy life in Southern California Hi everyone I'm Devin And this is your guide to all things good Today we went off script here at the iconic fine art their in Beverly Hills and we are ready to roll now revealing a local must It's in every culture it's in every city it's everywhere and it really brings people together from all over the world Hi I'm Chantel for Sandy the owner of more I'm here to reveal a new unforgettable coffee shop What is mean on means Bolt like a lightning bolt and it's called Bland They are more It's bolt of love When I think of coffee I think of energy I think of lightning I think of like a little zap We are in the West Adams mid city area in Los Angeles California I went to culinary school I have a culinary background This just kind of fell into place and I just wanted to open a place where I felt at home a place where I can literally see my friends come hang out have a drink take a picture Look cute I am obsessed with glassware I was home and I brought my little champagne martini flutes and I was like OK I'm gonna make drinks in here and everyone was like what are you doing And like I did it and it just it was the best thing I ever did How has social media helped you Social media is like a big part of what we do and we're very grateful for it because what made us people come in and they're like I saw you on Tik Tok All of our drinks were photo worthy and delicious And don't forget to try the Cheeto cream cheese bagel So we have three signature drinks We have the mean girl which is a spicy pink chai And then we have the money maker which is gonna be our vanilla rose macha And then lastly we have the gold digger We have a hot Cheeto bagel It's an everything bagel with cream cheese and then we hit it with some hot Cheetos It's something I used to do in middle school when I had a bagel here For some reason I was like I need to put hot Cheetos on this That's really good So we're gonna be making the money maker She's floral she's creamy She's very refreshing And then we're gonna take our vanilla rose Sarah This is the key right here Ladies and gentlemen can I give it a smell Oh God I want to wear that as perfume with the ok You guys I know that means like bolt We have been struck by oh my God I mean cheers Thank you so much so much Thank you for coming Where should we go off script next DM or email us and let us know and now more to keep you in the know Diana Diaz of East LA I see all of the beautiful purses behind you They're so colorful so vivacious and you happen to own a small business It's been a lot of work but

um I've been in small business since I was a little girl I sell two leather handbags that represent my beautiful culture and my background and it's very celebrated here in L A Take me back to your roots What inspired you to start Mexi Chic crafts My mom and dad they are immigrants who are from Mexico My dad's from Jalisco I grew up in a very Mexican macho household and my dad started his own business because he didn't want to work for the man you know and I got to observe all that what it takes to run a business how much work it is They taught us how to sew how to stuff pillows how to you know the bedding And during tough times tough months they would take us out to Cesar Chavez and I would be selling in front of lucky you know I started making purses on my own with the scraps that my dad had left over And without even really realizing I became a purse designer At what age you know I was selling purses in my twenties I used to go out to the Melrose Outpost and Fairfax High School every weekend I stopped for a while because I went to college and I got married and I raised my family It was the summer of 2007 I started selling the plastic woven Oaxaca purses When I realized that I was really enjoying it decided to launch myself with a bigger investment which became the leather that journey with getting into leather purse making you partnered up with a maker in Mexico I saw the product in Mexico during one of my trips and I happened to meet the man that was making them that was running a small company and I was a little hesitant and it took me a while before I decided and we started communicating over whatsapp Eventually I came out and we go back and forth and he sends me samples coming soon A Mexi Sheet crafts boutique Stay tuned I'm collaborating with other artists and jewelry designers from Mexico You can find all these items at Mexi sheet crafts dot com or on Instagram at Mexi Sheet Crafts Thank you Diana OK L A unscripted is just getting started coming up more local hot spots and hidden gems Plus dare me to do it I think you know I say yes L A unscripted from the fine arts theater and Beverly Hills will be right back Welcome back everyone to L A unscripted the show where the city is the star I'm de And today's ticket takes you inside the iconic fine arts theater Beverly Hills You know it's really important to us to take you all over Southern California to discover mom and Pops plus places you may never have known about before Like this chances are you probably have some old electronics like this laying around the house and now you can get paid cash for them I'm here at the warehouse of Gizmo Go in you know where every day they're processing old electronics like smartphones and tablets and paying people cash for them and they even take

them if they're broken I see a lot of old phones Yes So this is our receiving area This is where old gadgets go If they're lucky they can be in good conditions or they can be broken as well I'm at the warehouse of a website called Gizmo Go where used gadgets are everywhere This is part of the warehouse where just all this stuff will be recycled at some point Yeah exactly All of the electronics are placed here and they're recycling or they're refurbished but they're all going to have extended life So each one of these boxes has 400 phones smartphones dominate But there are used computers consoles and even kindles So according to the studies between 80 to 85% of electronics are actually end up in trash We can just pick up where this person left off Reading Exactly right Gizmo go is a website where you can sell used electronics for cash They'll even take items that are broken and our differentiation It's that we are also very aware of the environmental impact So by trying to remove these electronics from our land fields is our main objective The website gives you an instant estimate then send you a prepaid box to mail in your stuff Once they get your gadget you get your cash within 24 hours Items are evaluated and either refurbished for resale or stripped for precious metals inside and recycled Believe it or not all of these electronics actually have important materials like platinum and gold So all of these materials are actually can be recycled and sent to different types of purposes We are dual Lafi policy James Wang runs the website We lack all electronics We do recycle 100% recycle Gizmo go says they take privacy seriously and while it's recommended that you clear data from devices before you send they'll do it too Now I always recommend that you wipe your data off your devices before you send them in for recycling But if you don't know how to do that Gizmo go says they will do it for you privately and securely and they'll even send you an electronic certificate to let you know it was done properly We'll wipe it clean or we will destroy the memory This warehouse a reminder that the latest tech isn't always in fashion but proper disposal can make a difference in your wallet and the world We just want to make sure that none of these devices will end up in the landfill That was so cool And so is this to be living lively means to be living a life full of passion purpose and confidence I'm Michelle Cordero Grant founder and CEO of Lively I'm the daughter of two Indian immigrant parents I grew up in rural Pennsylvania and I lived the 1st 25 years of my life just trying to fit in and live towards perceived expectation And the tenure of my career was actually at Victoria's secret one of the most powerful brands in the world having serious human impact on both your physical and mental state of being I wanted it to look

like the bottles I wanted to fit the slogans And around the age of 2829 I started to realize I have this superpower which is human uniqueness and we all do All humans are snowflakes but we don't celebrate that And so what lively really aspires to do is celebrate human uniqueness and create products and communities that really embrace just that we said it's not about tape measures and all of these crazy calculations it's what feels best And so our product is really what you know I made up a word called leisure It was products that were contouring to your body shape And so what we created was a product that takes a leisure swimwear and functionality of lingerie to create leisure The impact that we've heard lively have on our community and women all across this country has been phenomenal Women finally are celebrating a category that they hated That was a chore That was just something that we didn't even want to talk about bra shopping Now it's celebrated like shoe shopping and buying dresses It's because they've realized that when you feel good for yourself when you're putting something on to feel good for you not for your significant other your inner confidence just oozes I've always said that health care professionals are angels walking on this earth I mean what kind of person decides that they're going to spend their life giving service to others And what kind of person says I'm going to put others before myself And that's what a health care professional is now is the best time to honor health care professionals because like I said they are being pushed to the max going beyond pushing their bodies pushing their mental health their physical health to the max And sometimes I feel that they can be forgotten The forgotten shift is something that's near and dear to me because it's the night shift There's so many people out there that I wish that I I'm sure just cheering right now thinking like yay the forgotten shift we are the night shift because it's usually seven pm to 7 a.m. So imagine what's happened in the hospital from 7 a.m. to 7 p.m. It's been mayhem especially with COVID and they show up and they're picking up the pieces from the day shift A lot of times people will support healthcare professionals with food during the day but they don't often do that And so the night shift comes into a half eaten bagel and dried out cream cheese and half a doughnut And they're often forgotten at the beginning It was let's raise a glass to health care professionals Let's all clap at midnight for health care professionals Let's cheer them on and let me tell you that felt really really good People were ordering you know food and people were doing things for the health care professional out there Well now everyone has COVID fatigue and they're over it and we don't have the choice to be over it I was put on this earth to be

a pediatrician I knew from a very young age that I was going to work with Children as funny as that sounds You know when you know you know I speak baby I speak teen I speak kids and I see how resilient they are and I see how glasses how full they are even when they're the illest of the ill they still smile I always knew I wanted to go into pediatrics I didn't necessarily know at a young age that I was going to co found a medical apparel line but I knew that my sort of fashion is to sell needed another outlet John is my baby It was co founded with my brother in 2013 We are a medical apparel line and a mask company basically started ju because when I first graduated and entered into the hospital as a third year medical student they handed me unisex scrubs from a vending machine And you know the crotch was low and it was really baggy And I thought to myself there is just no way that I can feel empowered and you know give people life and help people when I feel this way become a medical apparel line where we have extended into outer wear and lounge wear We're trying to support health care professionals on shift and off shift We're talking about mental health and the health care profession and we've watched masks since COVID John we're recognizing that the night shift is often forgotten and we want to make a change Call your local clinic call your local your local COVID site you know testing facility and say I want to bring food I want to bring gift cards I want to bring a coffee you know like I want to bring bagels food is you know a love language and so is caffeine health care and caffeine we love each other very very much That's how we deal with life And there are just so many things bring a gift card go around and you know get gift cards and give them to your favorite night shift employees just basically acknowledging them so that they feel seen and heard See we're in it with you and for you and we're not done being your BFF just yet Coming up all things L A plus Wait do you see this All right Going off script is far more fun than sticking to it right So come back I'll be right here at the fine arts theater in Beverly Hills waiting for you So what is going off script mean to you Well to us it means trying new things traveling off the beaten path reaching out to others and pushing ourselves outside of our comfort zones Way outside like this Hey my name is Ciara Prescott and Dana I dare you to go skateboarding with me Sierra I accept that Dare I am ready to go Is this what I'm going to be writing This is E board This is your name on it Yeah So I actually designed this board You did I did Yeah And what is this Tell me ever Rad what is that Life is Rad and you should live ever Rad Ok Let's live ever Rad Let's skateboard First time you get on a skateboard Was that it for you You just hooked his game over

the first serious It's just this it's this feeling It's a feeling besides walking It's being able to get places inside for you It's like the equivalent of tell me why because it is very mindful and it's very mental Like I like to say that skateboarding is 90% mental 10% your body 10% physical It's like if you physically can't picture yourself doing it you can't do it I have never ridden a skateboard in my life Ok I know nothing What do you know about sports What do you play tennis So when you're on the court and you're you're ready position that's going to be your comfy stance on the board And if you feel like you're gonna lose your balance don't take 1 ft off just jump off and members stay bent over this So you're just standing on 1 ft and pivot You know when you think about skateboarders usually you think about male skateboarders So when you come to like a skateboard park like this what's the reaction you get from some of the men that are skateboarding or the boys you definitely will get notice I would say the the reaction is it's getting more towards being something that everyone can do And I think that's my goal And the and the reason that I do it trying to let everyone know that you can be a girl You can be a boy you can be young you can be old So push first OK Move your foot back tic tac There you go I'm doing this Can you guys tell I love my job Well I know you are going to love this I'm with you sometimes where I feel like I need to go a little bit lower in the carbs because I love pasta and bread and rice and all that So this still feels kind of decadent but it's on a Portobello mushroom and Portobello mushrooms are so great because they feel hearty You can fill them with all kinds of things A tip with stuffing Portobello mushrooms all the gills I scrape all of that out with a spoon I put some olive oil stick it in the oven about 400 degrees It didn't take very long You don't want it completely soft It wants to have a little bit there So they don't completely fall apart when you stuff them What do you stuff them with Philly cheesesteak topping So steak provolone cheese onions peppers So I got my steak good amount of salt pepper both sides and then let's put it in while our steak is going I cut up two onions Now green pepper get our seeds out and same thing we're gonna cut our green pepper about the same size as our onions So our peppers and onions are cooked I put in a clove of garlic I added a little bit of water because sometimes your peppers and onions can burn before they get nice and soft So I added maybe a quarter cup of water and they are nice and soft and tender So to that wsh disher sauce Then Philadelphia cream cheese for our Philly cheesesteak Portobellos I used about a quarter to a I think a half of the block A good Philly cheesesteak has provolone cheese So I've got some sliced provolone I'm

gonna cut it up so it melts faster to the mixture in goes our steak and then everything gets mixed together Now let's stuff our Portobellos just to give it a little bit of crunch some panko and then just to get those bread crumbs browned a little just the slightest little drizzle of olive oil Ok In the oven I've got it on 375 just until it melts and browns Wow that is decadent But it's not important Mushroom It's so yummy I hope you try it but we are out of time for today Thank you so much to the fine arts theater in Beverly Hills for letting us leave our marquee Where will we pop up next You never know See you next time