

LA Unscripted | December 10th, 2021

It's a city where anything can happen So what could go wrong or right as I hit up L A unscripted it's L A's most photographed structure Hi everyone I'm Devin and we are inside the Bradbury building at no houses brand new one and bar This is just one of so how many hidden gems So let's get right to it We are shining the light on the newest reason you'll want to visit this historical landmark To me this show is all about hidden gems And to me this is a hidden gem Talk to me about this bar and how really I don't think a whole lot of people know about this and it's fabulous You are in the Wyman Bar at Noya House Bradbury The Wyman Bar was named for George Wyman the architect of the Bradbury building The Bradbury is iconic for Hollywood film history Films like double indemnity were shot here famously Blade Runner more recently Lethal Weapon Four I believe And 500 days of summer the Bradbury building was built in 1893 It was commissioned by Lewis Bradbury who was a gold mining millionaire This building was added to the National Register of Historic Places in 1971 And it's one of the most spectacular buildings in downtown Los Angeles Cheers Oh my God As I pour it on you and tell me about the Neue House Noya House is a work and social space for creatives You guys kind of took over the second floor right We always you know create these beautiful spaces inside of historic buildings and the Bradbury Building is just one of many that we're housed in We really emphasize these sort of beautiful spaces where you can come in work in a beautiful space collaborate with you know like minded individuals and like minded creatives and then evolve into having a great drink after work and some cultural immersion at night Well we are a private member space and so to see the bar you have to have a special access We are offering evening passes for sort of a night time membership only So for a limited time non members can come in and they can enjoy the Wyman Bar non-members can come in and the wine bar and we're so excited that we're able to have the public come in and see this special jewel We have djs and live performances and how would people get that evening membership pass They would go to the Wyman Bar at no house dot com from crafted cocktails to coffee with a cause just six miles from the Bradbury Jasmine Simpkins is brewing up something special at South L A cafe We have a thing we say which is like for us by us people appreciate that And they say we want a South L A cafe in our neighborhood I'm Celia Ward Wallace I'm the co founder of South L A Cafe My husband's Joe and we've

been together for 24 years 22 of those years we've been doing business together One business or the other All oriented around uplifting our community 34 years ago as local residents in South L A living right here around the corner we saw that there was rising development happening gentrification He came up with this big crazy dream of creating a cafe I saw this spot on the corner and I went wow the place is always empty and it it looked terrible But I said you know what that's the spot So we opened in November Soft Open November 2019 And then we did our grand opening December of 2019 And then four months later the pandemic hit we thought why don't we shift to providing groceries to the community where they could get a grocery box Well Ariana Grande became a customer Beyonce we became a fan and with that and we also landed on the cover of the L A Times and the Washington Post And so with all of that media storm people from all over the world started sponsoring these grocery boxes Flash forward a full year we fed over 55,000 local families free food every single Wednesday We have volunteers from all over the city that come and help us and we have donors from all over the world that support us It looks like a lot of great stuff that you guys are giving to folks in the community I want to help So let's go We do probably like 3 to 400 bags a day We try not to have any super processed food in our in our things and definitely try to keep away from canned goods This is super heavy super heavy I'm getting my workout in today Everybody asks us like what's your favorite thing for me It's the people being able to live here and feel like our community loves us If you want food you've got to get the avocado toast It's so amazing because you can add to you can add cheese We have vegan cheese options Also our cold brew is just so smooth That's the Ariana Grande's favorite I said at the beginning of this honey let's just open it Let's just build it let's open it and they will come you know and people have just wrapped this community has wrapped their arms around us and is taking care of us So it feels wonderful for this to now be just this beautiful spot in our in our community historical We're gonna be on the next monopoly uh piece So could coffee be California's next gold rush today The Golden State is home to more than 70 coffee farms and brewers are grinding on plans for more and oh we have so much more to percolate your local interest Coming up Tigers and tortoises of viewer dares me to get wild and more park A unscripted from the Win and Bar inside the historic Bradbury building is back before you could quote a line from this movie and late run Go ahead We let you Google it Welcome back to L A unscripted from the iconic Bradbury building I'm Dana Devin and from movies to TV

This iconic construction is starred in so many blockbuster scenes There's nothing like living in so but sometimes there's so much to see And do you don't even know where to start before heading out Don't you love knowing the 411 1st Now our sponsors with this need to know info Oh hi You caught me Yes I have a plate full of desserts but let's be real We're all gonna eat a little too much this holiday Do not worry I have something to get rid of all that fat No I mean it this is the most exclusive brand new VIP treatment in Beverly Hills It's called True Body by Qera Come on My name is Doctor Dennis Doss I'm a Beverly Hills plastic surgeon and I'm gonna show you how to get a true body Ok That sounds exciting I can't wait Well I have a few pairs of pants that you know I'm wondering if I can get into them once I leave here today How was your COVID workout situation I gained a ton of weight I got to stress eating you know a lot of life stuff happened I think a lot of us though You know that's why I had a trainer I did all things What is true body and what is our friend Gregory doing right now So true body is a revolutionary new treatment It combines not only fat reduction but also we get to build muscle at the same time And that's really the holy grail of body contouring The first one is true Sculpt ID which is a treatment to burn fat It actually kills fat with gentle heat using radio frequency And the second treatment is called True Scalp flex plus And this is going to help us build muscle in 30 minutes in 30 minutes And our friend Gregory right now is doing the true Sculpt ID correct It is heating up and gently killing her fat cells Yeah It feels kind of like a heating blanket But that radio frequency technology is killing those fat cells so they're permanently gone No it feels good It's a weird sensation It's weird But it's a good thing though It's like it sucks my stomach in and then it you know it relaxes it for a minute then it pulsates But you have zero pain no pain whatsoever No you're totally fine Oh yeah 100% Would you say that this could take the place of going to the gym or do you still have to work out with it Just asking for a friend Well I think that everybody should work out and exercise So this is a great way to augment it However this is going to deliver results that you can't do on your own At the gym I spent money on a tr I didn't have to The nice thing about true Sculpt idea is it's one treatment 15 minutes and you get on average a 24% reduction in fat 24% in one treatment in one treatment We're having a relationship right now Something's going on here Oh this feels good Dr Dos walk me through What is Gregory doing right now So she's doing the true Sculpt flex treatment which is to build muscle and also sculpt muscle and like how many sit ups Is this the equivalent of like 5100 That's the cool thing

This is equivalent to doing like 54,000 crunches in only 15 minutes 54,000 crunches in 15 minutes Yeah this is the best ever going to get Is it ticklish Is she ok Is Gregory Ok Right now Well the muscles are contracting really fast and it's not painful and it's really pleasant actually Is it pleasant Gregory Like a little massage I mean Gregory just think right now you do not have to do this at the gym You're here with me and a world famous Beverly Hills plastic surgeon Dr Dos And this is so much better I agree And the neat thing is we can also attach these to the legs so we can work out the quads hamstrings and also the glutes and then it's equivalent to doing about 10,000 squats in 15 minutes Dr Dass I feel like you're pulling my leg 10,000 squats in 15 minutes Come on Totally serious Who can do that Well now everybody can do that when they come to our office I mean this is un this is why everyone is buzzing about true body So we're seeing a huge increase in demand for body contouring treatments and people want to get back to where they used to be pre COVID So really this is a great treatment for pretty much anybody I have done enough talking about this Gregory Get the hell off this I need to jump on this bed right now You're done I'm on come on can I take these off for her Can I do this How do I stop the machine now Something else Oh so amazing you may never have known was right in our own backyard America's teaching zoo is a living breathing classroom for the exotic animal training and management program and it's where the creatures are The teachers as a resident of L A the San Fernando Valley I am a big fan of L A unscripted And I thought why not dare Dana I'm Mara Rodriguez at Moore Park College And I would like to dare Dana to come get wild with us at America's teaching zoo Yes Sitting on this beautiful hilltop at More Park College And we are on five acres Everything from a wildlife theater to a play yard for our tigers Iris Kingdom and Clarence the Galapagos tortoises come out of your show Oh that was a good bite Oh my God He's amazing We have 125 animals representing 110 species Some of them come from other zoos and we're a sanctuary home for pets that were confiscated and we're being held illegally Ok We are going to bottle feed the tigers I think they want something when he was confiscated and he was being kept illegally as a pet believe it or not Oh my God Yummy Yummy Oh my God I'm feeding a tiger Jackson is roughly seven years old was a confiscated pet Somebody tried to keep her illegally and then realized they couldn't handle it and then they surrendered her no matter what the animal and what their story is America's teaching zoo is a forever home for every animal that steps foot paw or wing into the zoo Ira is an African lion and not only is the king of the jungle He's

king of the campus here at America's Teaching Zoo That's the experience our students need to go out and work anywhere everything from zoo keeping and maybe a veterinary technician which are the obvious ones But then there's other jobs like training dolphins for the Navy or seeing eye dogs that guide dogs of America What would you like to do after you're done I would like to work with any ultimate goal would be to open my own private facility for rescuing I'm a champion for zoos because zoos are at the forefront of animal conservation Zoo is a place that a family can come and connect with wildlife in order for someone to care about something and love something and conserve something They have to be connected to it We offer hours open to the public every weekend where guests can come and enjoy animal presentations Thank you guys so much more for I had the best day and if you guys have a day to day let us know I'm up for almost anything Plus it really does help us celebrate our community and we have more fascinating finds coming up next The so organization dedicated to finding long lost loved ones when unscripted from downtown L A beautiful Bradbury building returns It is L A's most photographed structure It looks like a postcard and speaking of with the holidays coming our Megan tell us suggests sending gratitude cards Thank you It was a Christmas party And it's just been such a joy to create this um to create a product that helps kids express gratitude Tell me what got you started I started Coral and Blue for my own two kids I was realizing there's so many beautiful sets of stationery out there for kids But the problem was it just wasn't kid friendly in terms of how kindergartners through fifth graders the space that they need to write This one has a little holiday chair Thinking of you I'm sorry He's learning to hit those range of emotions and sit down and think about the things that kids have versus what they don't have in this digital age where everything is just about instant gratification and they can click on when they sit down and they think about what they're grateful for and then they take a few minutes to write it It really sinks in Was it your idea to create this open space at the top Yeah And it looks amazing on grandparents refrigerators This is the most amazing time to get something from your grandchildren That's not only a letter that they can just keep and look at all the time It doesn't go in an inbox it's not deleted It's not a text message It's something tangible Ashley I understand you have a partnership with Children in Africa I reached out and became friends with a teacher in Burundi Africa which is I believe either the fourth or fifth poorest country in Africa So those kids don't have a lot they don't have the school supplies they need So I thought you know this would be great to create cards in different

languages Um But my Burundi card is my first one and the kids um just the joy that it brings to them and these are just the most beautiful and gracious Children you can imagine Thank you Never goes out of style Congratulations Thank you so much I personally am grateful for holiday cards I love getting them especially the funny ones and the ones with pets But are you looking for someone to fill a family frame Now our sponsors at birth parent finder dot com say their team works over time to connect long lost loved ones I'm ok Now it's nice to meet you Eight years later people still remind me of that series that we did and literally sent me emails because of you I decided to find my parent did I have a biological mother out there I'm 52 years of age and I had been wanting to do this probably since the day I found out that I was adopted maybe I'll go ahead and find them on my own Maybe they'll just pop up on a web page And I wrote in Find my birth parents and up pop the web page Earth Parent Finder dot com We are a national company but we have a lot of clients from California And records are easily accessible in California for me at least 715 in the morning I'm in my office and the phone rings and it's Jay and Jay says Tom are you sitting down And I said yeah I actually was sitting down He said no Tom I actually need you to sit down and I said ok Jay I'm sitting down He goes all right We found your birth mother three years after they gave me up for adoption stayed in love got married stayed married for about 25 years had two more Children I never in my wildest dreams Figured I'd have a full brother full sister And we all grew up 20 minutes from one another and went to the same schools that I went to And so Jay is having conversations with both of them I'm not connected with them yet We don't even know if they want to even know about me We have to prepare them for what what they don't know what could change their life Are you prepared for the worst Where they would reject you because you were rejected once and if you get rejected twice that's a real bad feeling So my mom and I started to text and we made an appointment to have our first conversation on the phone And so that took place So we spoke for three hours then it was decided that we should meet So on my 50th birthday I got on a plane flew up to Northern California drove and walked up the doorsteps walked up to the doorstep and Matt hugged and hung out had dinner and spent the night at my biological mother's house You can't describe it We sat there and stared at each other like two cats sizing each other up praying on or just hanging on every word that someone was saying because we sat the same we talked the same We used our hands the same It was mind boggling And then two weeks after that I met my siblings I

just want to help as many people as I can I will just tell you that there's a lot of us out there Those that have been adopted We all have an abandonment issue Whether or not we choose to address that issue is entirely up to individuals We have a team of genetic genealogists so we do whatever it takes to solve their case And once we do it's an amazing feeling I cannot recommend them enough They are an exceptional group of people very professional and I just I think the world of it birth parent finder dot com found our Chris Shales birth mom and says it's a gift of a lifetime Thank you so much to the No House Bradbury Team for letting us go off script in your amazing space Where will we pop up next I don't know But maybe that favorite spot you just DM us You never know We'll see you next time