

For Gillian Robertson Social Situations Are Harder Than Fighting

The Joe Rogan experience Everything is weird about this For me it's just like I'm just like I guess a socially awkward kind of don't really put myself out there Well I do with fighting but it's like I've never really put myself out there in life So it's like to be in these kind of positions It's just it's all a lot for me Well it's amazing that the way you handle fighting you could handle this the same way you handle fighting you just get comfortable with it I think that I don't know for me social situations are a lot harder than like fighting situations I think Oh yeah It always been like that 100% since you were a child Yeah I feel like I've always been like the socially awkward kid in the back of the class like the nerds Well I still am at the gym But um I volunteered with animals my whole life I volunteered at the Humane Society a horse rescue wildlife rehab Just animals were my thing And then it was just kind of left field I started kickboxing when I was 16 just for fun Yeah I really don't know where it came like what the idea was but at Dean's gym Oh wow You got lucky So exactly One of Dean's pro fighters worked for my dad So I wanted to start kickboxing and then my dad found out that this guy was a pro fighter for Dean So he ended up finding his gym and that was the first gym I started at Wow Wow What a great place to start And so then you start kickboxing and how long before you decide Well what about this M MA stuff How long was that I think it was probably like four or five months before I started taking the M MA class there But I wasn't thinking about fighting It was just there was a kid who was on the wrestling team at my high school who started training at Dean's gym and he was like oh why don't you take the M MA class And I thought ok I'll have a partner Why don't I try it And I just kept on doing it and then I was training like every day for like three hours a night you know and they're like all right well why don't we just get you a fight at this point Wow What was it about fighting and martial arts that you became so obsessed with I really think it was I don't know what it was at first because I didn't start jiu jitsu especially in the G until a year after I started training But when I started G jujitsu I fell in love with that 100% where it's just the technique of it And that the little tiny details of jiu jitsu that matter so much If you put your thumb on this side of the hand or on this side of the hand it makes a huge difference It's like the little tiny techniques that can make the difference where now 100 and £15 girl at the time could

do whatever she wanted to a £200 guy you know I was manhandling these guys around the room and I'm like just because of these techniques that I learned and I thought that was awesome Yeah that is an amazing thing It's jiu-jitsu is the one martial art that delivers as promised where the smaller trained person can defeat the larger untrained person Whereas a lot of other martial arts I mean you have a better chance but when they're really big you know and and some guy swinging it if he knows how to punch a little bit and you get clubbed with one of those giant hams you get fucked up But if you get into a struggle like some sort of a scramble and you knock into some chairs and all of a sudden you you get a hold of this person oh now he's fucked That's what's crazy It's like that a small person can physically control and submit a a much stronger person regularly It happens all the time It happens with black belts Even in striking it's like a person cannot know anything But if they're big enough they throw their hand the right way they can knock you out If you get hit with Francis and Goo's pinky you're in trouble You know there's certain people that they're so powerful like the idea that you're gonna stand and trade with them is they're gonna hit you once and you're dead You know it's like it just doesn't work that well Jiu jitsu it's just there's not the variant of space So there's not that element of guessing where it's like I can control and I can feel what you're going to do by touching you It's like it makes it a lot easier You're not guessing what that space is striking You're also not guessing the variables Like how fast is this person How fast am I accustomed to people punching me Is this person much faster Do I have to anticipate that Because if you ever see like street fight videos the the most horrific ones are some poor asshole who wants to start a fight with someone who's a trained fighter and the train fighter fucks them up But you could see like they have no idea how fast things can happen like you and I'm sure you've seen the Joe Schilling one Joe Schilling one is ridiculous but there's no way that guy could have known that that could happen that quickly There's no way And people don't expect like like for someone like me a lot of times I get oh I would never guess that you're a fighter for someone like Joe Schilling is still even like oh yeah you wouldn't see him an ex murderer but you just see him walking around and like most people you don't expect that they're Schilling You don't know him but say like Ryan Hall Ryan Hall is a great you don't expect him to be a but it's like you never know what somebody is capable of when it comes to sports like this Oh For sure With you Jitsu Mikey Musumeci That's the best example Mikey is a stone cold killer and he looks like a guy who comes over to fix your computer He he

looks like the friendliest super nerd Oh This video's horrible This is a street fight in a parking garage Have you seen this These guys start fucking with this dude in the parking garage The guy's trying to get away No he fucked the other guy up before this This is the shorter version ok This is the shorter version So this guy he's trying he's like come on you want some and he moves forward This guy leg kicks him and then this is where it gets ugly Punches him Bam He's out there is something Yeah you don't want that like what Like it's it's it's awesome to see that stuff works right for people Like hey this is real someone tries to attack you you have an upper hand but also like what are you doing Fucking people Uh I've never been in a street fight in my life for you Like I don't intend to ever but it's just I don't get it I don't see a use for fighting outside the cage for me Like people with anger management issues and then there's criminals too you know bad folks Yeah there's a lot of weird stuff in the world but I just for me um I think it's fascinating that you are more afraid of social interaction that you're afraid of cage fighting That might be one of the greatest lines that anyone has ever said I think that's gonna get you a lot of fans for me It's just like literally I never really did any kind of interviews or media or anything like that until I got in the tough house So that's going from absolutely 0 to 100% What was that Like You were like 22 I was 22 and I was having interviews every day Cameras on you 24 7 Literally after every single interview I had to go and change my shirt because I'd be dripping sweat Like I just got out of the sauna just so nervous after every single interview Do you think they brought you into the house knowing that you were nervous too that you're a little socially awkward in that regard And that maybe that would make good television I guess I never thought of it in that way Obviously they brought you in because you're skillful But they also cast that show as a reality show It's a very cleverly done show you know like it's it's smart the way they do it They like even with what they're doing now with Conor mcgregor and Michael Chandler it's great but perfect perfect shit talking when Connor tells him you'll do as you told It's amazing I hope that fight takes place But it's it's such a show right So it's not just an athletic competition It's also they want to make sure the people are fun Oh yeah Our season seemed pretty tame though I feel like in general we had a lot of there is me and Montana de La Rosa were the two younger girls and then everybody else I feel like was older and more mature around at least 30 And they were like I don't nobody was trying to start drama Nobody was trying to get in each other's faces or we didn't have any altercations It was like it was pretty chill season That's great So no

one ever encourages any bickering or anything like that They don't ever tell you you know that's what bitch has been saying Some shit Does anybody ever do that No nobody ever really does anything like that But it's just the boredom gets to you if anything else it's like I feel like no phones no phones no TV no music no books no nothing nothing at all So it's like you have a notebook you're allowed to get a notebook And then they gave us we asked for coloring books and they gave us sketch pads Oh my God I think I would go nuts That sounds like one of those uh like anti tech retreats you know where they try to weed people off their tech tech addictions I was just talking to one of the boys who's actually on the Conor mcgregor season over the weekend and he said the exact same thing as me He was like it was the best and worst experience of my life because it's like when you're in the gym there's so many highs It's so great But then when you go back to the house you're just sitting there for hours and you're bored and it sucks What do you guys do to kill time Can you play games Do they have like they used to have pool Right Yeah I think they had a pool table and a chess table and then they have like the list where you can order anything I order like monopoly Yeah So we would order a bunch of bullshit Just try to entertain ourselves God Did you have good conversations Uh or Was it weird because you're all competitors It's weird Well not because they're competitors because I'm weird That's awesome Like I felt like especially back then I wasn't able to just like I don't know acclimate to that going into a house with 16 different girls that I don't really know Yeah That a completely alien experience And you're so you're feeling a little bit awkward and you're also 22 and then also bam now you're on TV And it's my first time Like really like leaving home I would say you know for a long period of time So it was it was definitely a big experience like a lot to take on that now Six years So would you say that now you're entering into your fighting prime I think that's happening right now Oh yeah I think this is just the beginning of my prime I'm just getting into where I've really found the right combination for everything and I feel like I'm just getting better Every fight Are you ranked right now Where are you at My next fight is against the number 15 girl tab of the Ricky Interesting She's tough That'll be fun That'll be a good one I like It's coming up quick June 24th 0 wow That is quick