

## Joe & Tom on Bert's Surprising Athleticism

The Joe Rogan experience I really enjoyed when we did that I mean it was a whole different but like not even the challenge aspect I mean that was cool too But getting into something that I didn't really do before and I I do miss it I do like I like the feeling of completing one of those classes Yeah we we uh gotta get bet on the sober October train this year We can't miss this one He needs to get sober I'm down because I want to see I mean he's so much more of a drunk than he's ever been before Right Wouldn't you agree He's out of control He's out of control What happens is he um you know it's not unlike I think anybody that may be tours is that his wheels fall off on tour I mean you know that happens to a lot of people you get home you get grounded or at home and he but he tours a lot So what happens is you know the party guy on the road it's gonna be a fucking party He put a post on the Instagram He he texted me too telling me about it He's like I'm gonna lose weight I'm gonna do this I got my goals and this and that and this this and then uh he goes but I'm back on the road in two weeks I'm like bitch you ain't doing shit We're gonna have this He's gonna have one hard workout and he's gonna be really tired and he's like oh I deserve a drink There's a video of him that he put up on his Instagram and it's I think it's from him on the podcast on this podcast talking about how much he loves drinking I'm never gonna quit drinking because I love it I love it I love when someone takes one couple of each he has a couple of those I know what it was from It was from some it's like the Sunday podcast Yeah Yeah Yeah Yeah that's that's it Yeah Where he does this really He's done on this one too but on that one it yeah he he does it feel like a coach halftime We're gonna win this fucking champion He does this thing sometimes where he's totally serious where we'll be together I'm like how are you doing Like we just first sat down how are you doing He's like good good Haven't drank in a while Feel good Got to go I go when was the last time you drank He'll go uh Tuesday I'm like that's not that long ago That's two days ago I will never quit drinking I will always make sure that I can keep my body healthy enough so that I can always drink I love seeing a sunrise with a cocktail seeing a sun set with a cocktail Having friends walk into your house with a bottle of wine getting on a plane Can I get you something Double jack on the rocks Lots of rocks I love the moment Someone says hey we should get a drink and you and you're not supposed to that feeling It's like a first kiss You don't get that first kiss kisses when you're married you get to have those first drinks at a brunch Someone goes should

we do mimosas and then the waiter goes actually we have bottomless mimosas and you're like this is gonna be the best day ever dude You just hyped me the fuck up five a locker room speech It's pretty inspirational I should speak at a a meetings But it's also he's built different He really is He would be a fucking hell of an athlete if he wasn't a drunk that's the total 100% truth Like when you played him tennis fucking unbelievable It it wasn't even And here's the thing he didn't really prepare for that And he also showed up hungover and with beers on him like in a in his hoodie pouch And I was like are you OK He's looking pretty hungover But it was too because he actually has um he played he was a really good baseball player right He has really good hand eye coordinations Um and that his serve was I'm not joking it was phenomenal His serve was phenomenal for somebody that's also not actively playing and he could do things like you do kick serves and like he could put spin on it and he was serving impressive impressive for any like buddy who plays tennis but especially for someone who's not even playing all the time Yeah let me see This is like give me some let me see if he's like he's maybe but this is like him still figuring it out right That's that's a light that's not an example We just start this match off with an eight He he he gets so much and this is my fucking case sir Hold on This is like ok this is really bad I can't play tennis at all So this was I impressed when when you see him actually serve next it's how I get it now Oh sorry sorry sorry dude there's kids around This is so I'm sure horrific to watch but I mean this is like watching two blind people fuck when he uh when he got after it I guess that that we didn't have it there Um But yeah so anyway I had I had a tennis coach there uh like a really good player and after the match he's like dude he goes I'm sorry because he coached me and I go what He goes he has a legit d one college surf And I go what And he goes yeah that is fucking really impressive I had no idea he would have that but he does have he has athletic gifts for sure He does If he wasn't a fat fuck if he wasn't a fat fuck you'd be a hell of an athlete The only actually you know the the thing that would completely change that guy is it's obvious but it's his it's his caloric intake right Like he he he's had a surplus every day It's surplus food a surplus drink If he was like I if you told him you have to cut this out your life's gonna you're gonna die He would fucking look unbelievable Like the weight loss challenge When you guys the first sober October we did was just a weight loss challenge But even that he did it the Burt Way which is like two weeks out He's like I'm gonna starve myself Like that's how he did it He didn't do it like you know and did he even starve himself I think he just dehydrated Yeah

he dehydrated himself He probably skipped a bunch of meals He has a skinny formula which is Yeah he goes you want you want to be skinny I'm like yeah he goes what you do is you drink you take a Xanax he's like you sleep and then you wake up skinny because you haven't eaten in like 15 hours I'm like yeah you could just be awake and not eat What a bizarre way of handling it Yeah It's just his mind man Oh God such a kid Thank God He's a comic Right Imagine if that poor fuck was like some salesman somewhere He'd just be hating life waiting to get drunk Oh I could see him totally working at like a tackle shop you know like somewhere like you need bait you need some get some worms here for you and he would just be tipping one back on the job and it's fine He works at a bait shop you know maybe they'd fire him Who knows He put the worms where the fucking lures are supposed to be It's just it's just like there's certain people that you can't imagine them being anything other than comic for sure He is He is our John Daly That's who he is Yeah that's our John Daley But it's but what I worry is that it's like so attached to his persona He has that thing It's not uncommon where he goes I don't want to disappoint people They're here to see the machine They want to have a drink they wanna party with me and he's not he doesn't want to let them down you know Well he'll let them down when he dies Yeah that's gonna be a letdown That would suck the thing is like you can't live long like that I know nobody lives long like that No you you live but I know you're you're in a weird race with obviously he has great genetics He does he does So for drinking his genetics are fantastic They really are because he doesn't even when he's really drunk he's pretty fucking coherent There's times where I didn't know and then all of a sudden it's revealed he's like I've had 85 drinks He's like I drank like these two bottles of whiskey and 45 beers I'm like what And then and then I'll be like oh yeah he's like check this out and he takes his clothes off I'm like oh OK like now but I didn't know a moment ago when we were talking