

Jocko on Running for President | Jocko Willink & Dr. Andrew Huberman

I'm almost hesitant to ask this question but um I'm gonna do it anyway many times online you are asked whether or not you will run for office And I wanna say that I think it's a true compliment I don't think people are asking just to kind of entertain themselves I think that um this country certainly and a lot of the world is desperate for certain kinds of leaders and people that have experience in high risk high consequence chaotic situations and have shown prowess at leadership in multiple domains And um you are certainly one of those individuals Um And so they ask for that reason among others and I've heard you give your answer you can repeat it again here But as a more broad theme that I think uh people are interested in do you think it's an important criteria or it would be great to see people in positions of leadership who've had wartime experience Um And do you think that some of the shifts that we've seen in terms of um patterns of leadership over the last let's just make it real broad so that this isn't related to any particular person or stretch of of history but over the last let's just say 25 years um reflect the fact that we haven't seen a lot of that at least at the top tiers of leadership Yeah I think it'd be excellent if people you know if the president had military experience for sure I think that then they understand the way the military works better um they understand that each civilians that control the military because a lot of times people that are civilians don't understand that the civilians control the military Uh and I think that you do get to appreciate what war actually is and what the costs are I think that um you know I've I've seen in the same vein of people asking me to run for political office I've heard you know I've seen comments saying oh that's what we need another war a warmonger in in office And I've responded a few of those I think that there's any if there's any group of people that don't want war it's people that have seen it people that understand what the what the sacrifices are And I think that I think that being in the military people understand that better So yeah I think it'd be a great qualification I don't think it's mandatory I mean clearly it's not we've had a bunch of presidents that haven't ever served anything really We've had a bunch of presidents that have never served anything but themselves Um so yeah hopefully we'll get some more people that have some experience in the military Some combat experience would be especially nice and that would be good in my opinion Well I'm certainly not

one to tell people what to do and I'm certainly not gonna tell you what to do But should you ever choose to run I would certainly um be very enthusiastic about that and and I will just say that um with that stated uh I hope people do hear what you just said I share that sentiment Um People who have led others besides themselves I think is the is the key statement there And I I look I just I I have friends that are politicians and I I really appreciate what they're doing and it looks miserable to me I don't like I don't like what I good for them I I'm happy that they're in there trying to make a difference Um And and I guess this is me being selfish of me saying look I I don't think I could stomach that And I also think that you know right now I'm you know I'm trying to help out like for instance you know we have obviously you've got the leadership consulting in echelon front We're trying to help businesses grow I've got origin USA we're bringing manufacturing back to America We've got 100 and 404 150 employees right now that are here in America working and growing that business Um o obviously the supplements So everything that I'm doing here right now is to try and move the needle with with America bringing manufacturing back helping the economy as much as I can right now So that's that's kind of what I'm doing right now Uh And and you know my standard answer which you alluded to is if things got bad enough you know then I would I would do what I had to do but I don't think people appreciate my level of bad I'm talking real bad Uh So it's not there yet and hopefully it never will get there I'd I'd rather um surf and hang out with my friends and and hang out with my family than to do that And hopefully America can can find some level of balance You know I think that's the problem that we're having right now And a lot of these things that you talked about uh specifically the thing you talk about social media is not very good for political balance It's it's it's actually horrible for political balance and a lot of it has to do with just the way that those conversations are had a lot of it has to do with ego as well because I don't ever want to admit that I'm wrong about anything And if you if I can find something that I think you might be wrong about it's so satisfying to my ego to just call you out on that thing and attack you And I think that's what a lot of people are doing right now Now that being said also I also usually say this as well I travel around the country all the time I work with companies of all sizes work with people in every different industry and they're not they're not sitting around arguing with each other about what what the p the political scenery they're talking about hey how can we grow a business How can we take care of our workers How can we take care of our clients How can we take care of our customer That's

what people are focused on And when you jump on social media you you can get sucked into the political scene very easily And that being said also we do have to pay attention because you you you know we as citizens have to make sure that that America stays on the on the correct path within the guardrails of what this country is based on So we do have to pay attention Um But I will be doing my part as a civilian until there's total mayhem and chaos in the streets Then I'll probably just be a benevolent dictator that takes over which would be an interesting one But hey you would be you would be the man to lead under any conditions But thank you for stating your threshold Um Certainly you've earned the right to make whatever decision is that you feel is right for you And I want to say that um I agree I feel like we are a country that still includes a ton of generators and a ton of projectors that are interested in projecting the good and growing the good I do believe both those phenotypes are important