

Regular Guy Friday ep: 117: Maria's Pancreatic Tumor News Update

<https://silosolo.com/732550>

Summary

The speaker talks about their connection to Macy's and the recent addition of baby clothes and gear to their wishlist. They caution against overworking for minimal returns and prioritize health and rest. They also mention the changing world of celebrity culture due to social media. Finally, they mention Maria discussing the future of AI at the Ibieb New Fronts.

Silo sample questions

- What baby items did the speaker recently add to their wishlist from Macy's?
- What does the speaker caution against in terms of work?
- How has the world changed in terms of celebrity culture?
- What future technology did Maria discuss at the Ibieb New Fronts?

Topics

Macy's

Baby clothes and gear

Work-life balance

Celebrity culture and social media

Future of AI

Key Takeaways

- Macy's is a store that the speaker used to work at and still shops at
- The speaker recently added adorable baby clothes and baby gear from Macy's to their wishlist
- Working excessively may not yield significant returns and it's important to prioritize health and rest
- The speaker cautions against overworking for a slight increase in success
- The world has changed in terms of celebrity culture and access due to social media

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