

# GDL Tiffany Hakimianpour on Good Day Live

<https://silosolo.com/126981>

## Summary

The speaker is an entrepreneur who has started a fitness app and a clothing company. The fitness app connected personal trainers with clients, while the clothing company focused on e-commerce and women's fashion. The speaker emphasizes the importance of authenticity in fashion and personal expression.

## Silo sample questions

- What kind of companies has the speaker started?
- What was the speaker's motivation for starting the fitness app?
- What did the speaker learn from the second company?
- What does the speaker emphasize in fashion?

## Topics

Entrepreneurship

Starting a fitness app

Starting a clothing company

E-commerce

Fashion and personal expression

## Key Takeaways

- The speaker is an entrepreneur and has started multiple companies
- The first company was a fitness app that connected personal trainers with clients
- The second company was a clothing company
- The speaker learned about e-commerce through the second company
- The speaker emphasizes the importance of authenticity in fashion and personal expression

[Click here for the full transcript](#)

[Click here for the source](#)