

GDL Jane Velez Mitchell

<https://silosolo.com/526597>

Summary

Jane Velez Mitchell discusses Unchained TV, a vegan streaming network that promotes a new way of living. She emphasizes the benefits of a global vegan diet in terms of reversing climate change and reducing animal suffering. Jane also mentions the potential of bioidentical meats as an alternative to traditional animal-based products. Unchained TV offers a wide range of content and can be accessed for free on various digital devices.

Silo sample questions

- What is Unchained TV?
- What are the benefits of a global vegan diet?
- What is the potential of bioidentical meats?
- How can Unchained TV be accessed?

Topics

Unchained TV

Benefits of a global vegan diet

Reversing climate change

Bioidentical meats

Key Takeaways

- The video is an interview with Jane Velez Mitchell about Unchained TV, a vegan streaming network
- Unchained TV aims to promote a new way of living that is healthier, happier, and better for the environment
- The network offers a wide range of content, including lectures, cooking shows, and documentaries
- Jane Velez Mitchell discusses the benefits of a global vegan diet in reversing climate change and reducing animal suffering
- She also highlights the potential of bioidentical meats as an alternative to traditional animal-based products

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