# **GDL** Emily Ford

https://silosolo.com/583252

## **Summary**

The speaker discusses her why and the evolution of her purpose. She talks about her new show called It's Emily and her enjoyment of interviewing people and hearing their real stories. She shares her experience of feeling drained but exhilarated after giving talks and explains how she recharges through spending time alone. She also mentions her work in a studio in Las Vegas and doing virtual events.

# Silo sample questions

- What is the speaker's why?
- What is the speaker's new show called?
- How does the speaker feel after giving talks?
- How does the speaker recharge?
- Where does the speaker work?

### **Topics**

The speaker's why
The new show It's Emily
Draining but exhilarating experience of giving talks
Recharging and self-care
Work in Las Vegas studio

#### Key Takeaways

- The speaker's why has evolved over time
- Her why is to help people become better and understand their divine creation
- She wants to help people live in gratitude and happiness
- She is on a mission to break generational curses
- The speaker has a new show called It's Emily

Click here for the full transcript

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