

# GDL Marya Kahlil

<https://silosolo.com/207509>

## Summary

Maria Kil discusses her skincare products, including her sunscreen, and shares how she became the CEO of Vitality Institute. The interview also explores the challenges of dealing with skin disorders and the impact it has on self-esteem. Both Maria Kil and Michelle Mira open up about the loss of their parents and the struggles they have faced. They express admiration for each other's work and the positive impact they are making. The interview concludes with a tarot card reading that delivers a message of protection and moving forward with confidence.

## Silo sample questions

- What products does Maria Kil discuss?
- How did Maria Kil become the CEO of Vitality Institute?
- What challenges did Maria Kil face in developing her skincare products?
- What impact did skin disorders have on Maria Kil's self-esteem?
- What common experience did Maria Kil share with other people with acne?

## Topics

Skincare

Sunscreen

Becoming a CEO

Dealing with skin disorders

Loss of parents

Positive impact

Tarot card reading

## Key Takeaways

- The interview is between Michelle Mira and Maria Kil
- They discuss Maria Kil's skincare products and specifically her sunscreen
- Maria Kil shares how she became the CEO of Vitality Institute and the inspiration behind her products
- They talk about the challenges of dealing with skin disorders and the importance of finding safe and effective solutions
- They both open up about the loss of their parents and the impact it has had on their lives

[Click here for the full transcript](#)

[Click here for the source](#)