

Saarah Samadani Part 1

<https://silosolo.com/793762>

Summary

In this video, Sara Samini from Beauty Mommy shares beauty tips for moms and women. She emphasizes the importance of using safe ingredients and preservatives in beauty products and recommends avoiding fragrances, parabens, and PEGs. Sara also highlights that the skin is the largest organ and absorbs everything applied to it, so using safe products is important for overall health. She recommends Derma E and My Shell as skincare brands and Tubby Todd and Shea Moisture for children's products.

Silo sample questions

- What should people look for when shopping for beauty or skincare products?
- Why is it important to use safe beauty and skincare products?
- What skincare brands and products are recommended?

Topics

Importance of safe beauty and skincare products

Ingredients to avoid in beauty products

Skincare brands and products recommendations

Key Takeaways

- The guest, Sara Samini from Beauty Mommy, provides beauty tips for moms and women
- When shopping for beauty or skincare products, it's important to look for products with safe ingredients and preservatives
- Avoid products with fragrances, parabens, and PEGs
- The skin is the largest organ and absorbs everything applied to it
- Some skincare brands recommended are Derma E and My Shell

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