

The Journey to do What You Love in Life | w/ Brendan Schaub

<https://silosolo.com/248665>

Summary

The speaker, Brendan Schaub, is a stand-up comedian and podcaster. Before pursuing comedy, he played division one football and had a shot in the NFL. He later competed in mixed martial arts and was a top 10 heavyweight in the UFC. Initially, he felt like a failure for not playing in an actual NFL game, but now recognizes his football and UFC careers as successful. He also expresses a fear of missing out on potential breakthroughs in medical technology that would allow people under 42 to live forever.

Silo sample questions

- What is the speaker's profession?
- What was the speaker's background before getting into stand-up comedy?
- What other career did the speaker pursue after football?
- How does the speaker feel about his past accomplishments?
- What does the speaker fear about the future?

Topics

Stand-up comedy

Football

Mixed martial arts

Career reflections

Fear of missing out

Key Takeaways

- The speaker is a stand-up comedian and podcaster.
- The speaker played division one football and had a shot in the NFL.
- The speaker competed in mixed martial arts and was a top 10 heavyweight in the UFC.
- The speaker initially felt like a failure for not playing in an actual NFL game, but now recognizes his career in football and the UFC as successful.
- The speaker fears that in the future, there will be a breakthrough in medical technology that will allow people under 42 to live forever, and he will miss out on it.

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