

# TRINITY UNPLUGGED with TRINITY ROSSUM | EPISODE 3 | JORDAN & MYLES

<https://silosolo.com/365591>

## Summary

This Silo talks about the experiences of athletes from the east coast and the north adjusting to life on the west coast. It discusses the differences in communication styles, values in potential partners, and misconceptions about athletes. The athletes also share their strategies for balancing athletic, academic, and personal lives, as well as their perspectives on friendship and communication in the two regions.

## Silo sample questions

- What are the biggest differences between the east coast and the west coast?
- What are some common misconceptions people have about athletes and how do athletes address these misconceptions?
- How do athletes feel about balancing their athletic, academic, and personal lives? What are some key strategies they use?
- What are some key characteristics that athletes value in potential partners, regardless of athletic ability?
- How do athletes perceive friendship and communication on the west coast compared to their experiences on the east coast?

## Topics

athletic life

friendship

communication

cultural differences

## Key Takeaways

- null
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- null

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