KELLY GORBATENKO

https://silosolo.com/833341

Summary

This Silo talks about Kelly Gor Butko's success factors in hockey, the challenges she faced, her college choice, recruitment process advice for athletes, and achieving team success through competition and mutual support.

Silo sample questions

- What were the key factors in Kelly's success as a hockey player?
- What challenges did Kelly face in high school and how did she overcome them?
- What were the important factors Kelly considered in choosing Wisconsin for her college hockey career?
- How did Kelly approach the recruiting process for d1 sports and what advice did she give for aspiring athletes?
- How did Kelly and her teammates achieve success and results in their sport?

Topics

Success Factors
Challenges
College Choice
Recruiting Process
Team Success

Key Takeaways

- Kelly's success was attributed to her focus on controlling things like work ethic, passion, and intensity, as well as her efforts to improve herself through on-ice and off-ice activities. She also learned from watching professionals and was motivated by her brother's advice to go the extra mile.
- Kelly faced the challenge of complacency and the transition from chasing the pace car to being the pace car. She overcame this by setting micro goals, maintaining a consistent attitude, and not getting complacent, which was recognized by her coaches.
- Kelly was attracted to Wisconsin for its academic excellence, proximity to home, and the opportunity to be challenged by competing with high-level players, providing her with the motivation to improve.
- Kelly emphasized the importance of confidence in the recruiting process, advising aspiring athletes to create a plan of attack working backwards from their goals. She also stressed the need for extraordinary actions to achieve unique results and matching actions with passion.
- Kelly and her teammates achieved success through competition and mutual support in practice, pushing each other to be the best while cheering each other on. They also learned from playing with and against better players and found motivation in chasing the national championship.

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