

DUILIO HERRERA | MICHIGAN SOCCER & 1/2p

<https://silosolo.com/307986>

Summary

This Silo talks about the importance of work ethic, the mental challenges faced in a career, the journey of Julie's career leading to the University of Michigan, transitioning from club level to college, and the role of faith in her life.

Silo sample questions

- What advice has Julie been given by her mentors?
- What were some of the challenges Julie faced in her career?
- How did Julie cope with the mental challenges in her career?
- How did Julie's career at the University of Michigan come about?
- What was the biggest difference Julie noticed when transitioning from club level to college?

Topics

Work Ethic

Mental Challenges

Career Journey

Transition to College

Faith

Key Takeaways

- To have the best work ethic that anybody has ever seen.
- Mental pressure, anxiety, and the struggle to live up to expectations.
- She talked to her parents, expressed her feelings, and sought support from her family and team members.
- A standout performance in a tournament led to her being recruited by Michigan, which she found to be the perfect fit for her.
- The biggest difference was the experience of the players, especially in decision making and understanding the game.

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