

PHILIPPE LAPOINTE | MICHIGAN ICE HOCKEY Ø<BÒ

<https://silosolo.com/904970>

Summary

This Silo talks about the influence of mentors on a hockey player's development, the recruitment process, self-development through leveraging resources at a university, the decision-making process in choosing a college for hockey, and the mindset for achieving success.

Silo sample questions

- What are the most important intangibles coaches and scouts look for in a player?
- What advice does Phil give to his younger self?
- What was a key factor in Phil's decision to choose Michigan for his college education and hockey career?
- What is the mindset that Phil believes is powerful for achieving success?
- How does Phil describe the influence of his dad and older brother on his love for hockey?

Topics

Recruitment

Mentorship

Self-development

Choosing a college

Hockey

Key Takeaways

- Coaches and scouts look for intangibles like being a good teammate, having a positive attitude, and interacting well with coaches and teammates, both on and off the ice. These aspects are crucial when evaluating players for recruitment.

- Phil advises his younger self to start asking for help sooner and to leverage all the resources available at the university to optimize himself as a player and a person.

- One of the key factors in Phil's decision to choose Michigan was the special bond and combination of athletics and academics at the university. He also felt wanted by the coaches and saw their vision for him.

- Phil believes that having faith in oneself, sticking to one's identity and journey, and believing in the process of striving to be the best are powerful mindsets for achieving success.

- Phil describes his dad and older brother as influential mentors who instilled in him a love for hockey by setting an example, sharing advice, and creating a special bond around the game.

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